



Providing Health and Wellness Solutions to Your Community

The Foundation for Wellness Professionals (FWP) is an association of healthcare professionals who have volunteered their time to help prevent disease and improve the health of their communities. It was originally founded in 1985 by Dr. David Singer, M.S., D.C., who is a published author and authority on preventative healthcare and has been educating healthcare professionals for over 25 years. This national, volunteer, non profit foundation operates throughout the United States and Canada. The Foundation for Wellness Professionals is incorporated as an official professional association with the State of Florida (n03000002637), and has 501(c)3 non profit status.

Our volunteers are healthcare professionals who devote their time as speakers on a variety of health topics from weight loss to handling digestive problems, hormonal imbalance, arthritis, fibromyalgia, and numerous other health problems. Their purpose is to help prevent disease and to give their audiences practical, useful information that they can use to alleviate their problems. Volunteers also provide wellness screenings, blood pressure screenings, stress screenings and numerous other programs to assist their communities to maintain their health.

FWP volunteers are in great demand to speak at corporations, women's associations, book stores, health food stores, fitness centers, various charities as well as at various education facilities including providing continuing education for teachers, daycare workers, working with SpEd PAC (Special Education Parent's Advisory Council) and more.

All seminars and workshops emphasize preventative care as the key to good health. Workshops and seminars can vary in length from 45 minutes to an hour. Audience participation is strongly recommended when possible, and those who attend always leave with practical information they can put to use to improve their health immediately.

All FWP volunteers firmly adhere to the principle that the most significant way to reduce healthcare costs is to educate the public on ways to maintain their health and prevent disease.

How to Book Dr. Sofo as a Professional Health Care and/or Keynote Speaker

Dr. Sofo has been a local volunteer representative of The Foundation for Wellness Professionals for the last 3 years. During that time he has done many workshops and lectures throughout Mercer and Somerset Counties for numerous corporations and civic groups.

If you would like to schedule Dr. Sofo as a motivational and keynote speaker for your business, organization or civic group, please complete the information below and one of our representatives will contact you.

If you are looking for a representative from another part of the country please

Contact the Home Office

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Or visit our website at:

www.WellnessSpeakers.org