



July 1, 2009

Edward V. Sofo, DC, CCSP  
Certified Chiropractic Sports Physician  
Pro Rehab at TEST Sports Clubs  
Family and Sports Chiropractic and Physical Therapy  
1931 Washington Valley Road  
Martinsville, New Jersey 08836

Dear Dr. Sofo,

Well, it is getting to be that time again! ANADIGICS is in the process of planning for our Fall Lunch and Learn seminars focusing on health and wellness. Both of your presentations last year were very well received by our employees that attended and we look forward to having you back again this year.

The "Health and Stress" workshop and "Stay Fit While You Sit" seminar offered both practical and valuable information. You provided a better understanding of how stress can lead to underlying causes of many health problems and things we can all do to alleviate some of the stress in our daily lives. You even showed our employees some ways they could stay fit while sitting down. This is especially helpful for those of us that have jobs that require very little movement or physical activity.

Thank you again for taking the time to share your knowledge and expertise with our employees. We look forward to hearing more about your upcoming wellness and fitness seminars.

Sincerely,

A handwritten signature in cursive script that reads "M de Souza".

Margaret de Souza  
Benefits Manager  
ANADIGICS