

DID YOU KNOW...

that some foods and drinks rich in high-fructose corn syrup may contain detectable levels of mercury?



A new study published on the web site of the Minneapolis-based non-profit Institute for Agriculture and Trade Policy (IATP), shows detectable levels of mercury in 17 out of 55 tested products rich in high-fructose corn syrup.

The 55 products they chose listed high-fructose corn syrup as first or second on their list of ingredients, meaning that high-fructose corn syrup would be a leading ingredient in those products.

David Wallinga, MD, director of the IATP's food and health program sent samples of these 55 products to a commercial lab, which checked the levels of total mercury in each sample. "Overall, we found detectable mercury in 17 of 55 samples, or around 31%," writes Wallinga and colleagues.

For more information visit www.webmd.com/food-recipes/news/2009127/mercury-in-high-fructose-corn-syrup