

# The best Christmas ever

Through the ages, the bond between mother and son has been fashioned of steel.

The two share a very special and intense affection, unlike any other.

Cyndie Eason put it this way, speaking of her son, Edward: "He is my heart."

Here is their story.

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Edward Eason always wanted to be tall.

He got his wish.

Growing up in St. Michaels, it was his job, for example, to trim the top of the Christmas tree.

Today at 29 years of age, he stands at a proud 6-foot-4 tall, almost as tall as the Christmas tree itself.

Edward — full name Edward Ashley Eason II—attended St. Michaels High School. There, under the tutelage of Mr. Scott Kilmon, he fine-tuned a maturing love of music.

"He had a huge influence on me," Edward said

He graduated with a degree in general studies and got a job delivering furniture for a Kent Island store.

He was 19.

"That's when it started," he remembers. That awful persistent ache in his lower back.

He switched jobs, and at 20 years old, he began painting houses.

Of course, painters carry their own ladders.

"I had pain throughout the day," he recalls. "I even had trouble bending down to get into a car or truck."

Seeking relief, he sought the skills, when she visited, of Shelby Deming, a physical therapist and a friend of his mother.

She noticed that he slumped. She put one hand on his chest and another of his upper back and straightened him up.

"You want to be tall, she said in a questioning way, "Own it." He has ever since, his mother confirmed,

Largely through therapy,



## The Cianci Chronicles

**Dr. Christopher Cianci**  
**Licensed chiropractor,**  
**Easton Md.**

*(Authored by Bruce Hotchkiss)*

Shelby gave him some comfort but it didn't last. The nagging pain continued.

He took a job as painter on the maintenance staff at a large Talbot County estate. Still, the ache in his lower back was a constant burden.

And then his mother stepped in. "I could bear it no longer," she said

Cyndie Eason, a professional photographer in St. Michaels, has been a long-time patient of Easton chiropractor Dr. Christopher Cianci.

She offers strong testimony to how Dr. Cianci's ministrations have impacted her health and well being and she decided it was time to have a word with her son.

Look, she said in effect, things just don't get better. You have to do something about them. "Go see Dr. Cianci."

Edward listened He accepted her invitation to join her for dinner at one of Dr. Cianci's after-dinner seminars at which the chiropractor unveiled the science of the spine and the nervous system which it protects and how chiropractic care ministers to the spine's maladjustments.

After learning about chiropractic care, people feel they can make an educated decision about their health, Dr. Cianci maintains.

The son had listened to his mother and now he listened to Dr. Cianci. He checked into Dr. Cianci's office just before Christmas in 2012.

It turned out to be one of the best Christmas gifts he has ever received

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"At the time we saw him," Dr. Cianci recalled. "he admitted to being somewhat frustrated. He wondered why even at his young age, he would have such pain and discomfort."

There were times, he told Dr. Cianci, when he couldn't do certain tasks at work. It even bothered him to play his guitar and he was forced to stop his weight training.

"But most of all, he found himself unable to help his mother," Dr. Cianci said.

"He adores his mother and her comfort and contentment are highest on his list of priorities. This was a driving force in his decision to see us. He was determined to recapture his responsibilities to his Mom and to her home."

"I've come a long way," Edward said. "I feel great. Sometimes I will do something in the course of day — that's happened maybe two or three times — and Dr. Cianci can fix it right away."

When he is not on a ladder, Edward finds comfort and relaxation in music, as he did back in his high schools days.

In days gone by, even picking up his stand-up bass guitar, would have been immensely uncomfortable. It isn't now.

"You can see it in his face and in the way he walks," Cyndie said. "You can see the difference between what he was and what he is today."

*(For more information on Cianci Chiropractic, call the office at 410-820-4070 to set up a visit with Dr. Cianci or to attend his free bi-monthly health seminars. You can also find Cianci Chiropractic online at [www.drcianci.com](http://www.drcianci.com).)*

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