

# ‘I walk out feeling lighter’

It was April 1, April Fool’s Day, 1997.

Cyndie Eason, then head waitress at the Crab Claw restaurant in St. Michaels, was in the “little black car” on route to Easton.

She had an appointment for some physical therapy on an ailing left foot.

As she crossed the Oak Creek Bridge at Newcomb, she noticed that Oak Creek was dry, apparently drained of all of its water by a deep low tide.

Cyndie, a lifelong resident of St. Michaels, was astonished.

“I had never seen anything like that in my whole life,” she said.

As she approached the eastern end of the bridge, an 18-wheeler plowed into the back of the “little black car.”

The seat broke, hurling Cyndie violently backwards, crushing the rear end of the auto and hurling it off the pavement to the side of the road.

Although, much later, she was able to perch herself on the front lip of the driver’s seat sufficient to reach the pedals and drive the still operable “little black car” to Easton and to her physical therapy appointment.

She had suffered severe tissue damage along the entire front perimeter of her neck, a torn rotator cuff and three herniated discs.

The swelling in her neck was particularly noticeable and painful.

She had no freedom of movement in the back and the swelling and the gathering of fluid there



## The Cianci Chronicles

**Dr. Christopher Cianci**  
**Licensed chiropractor,**  
**Easton Md.**

*(Authored by Bruce Hotchkiss)*

“made me look like a wrestler,” she said.

Then began long process of medical and physical therapy care which, while successful — “it took two months for the swelling in my neck to go down” — she was unable to return to the Crab Claw and, unable to make ends meet and with the help and support of her mother, the late Ruth Eason, she decided to attempt to turn a hobby of photography into at least a part-time profession.

In pursuit of that effort, she created her present business, “Freeze Frame Photography — Moments frozen in time” and joined the local chapter of BNI — Business Networking International.”

The weekly luncheon meeting of the chapter, it turned out, was being held in the Easton chiropractic offices of Dr. Christopher

Cianci.

“There were about seven or eight of us,” Cyndie recalled. “We would each stand up and describe our business.

“Dr. Cianci participated with us. And when he talked about chiropractic care and what it could for us as we tried to get well, I thought he was talking just to me.”

She signed up after one of those BNI workshops. Her first appointment was in October, 1999. She remains a patient today.

Cyndie admits to a lot of places that can hurt — a so-called “tennis elbow”, a knee (which had surgery), that left foot, and still the neck and the back, of course.

“But I feel immediate relief after each adjustment,” she said. “One Saturday, I woke up and couldn’t move my neck. I called him. ‘I’ll meet you at my office,’ he said. In a moment, he put something back into place and right a way I was fine.”

It’s like that after every appointment, she said. “Every time, after every adjustment, I walk out of here feeling lighter and straighter. It’s a wonderful feeling.”

*(Note: Cyndie, 54, at one time was employed by Dave Bishop at Hobby Horse. She then worked for Kathleen Hopkins at Shutter Guppy’s on Teal Drive in Easton and is now the owner of the business. Freeze Frame Photography-Shutter Guppy’s is located in St. Michaels. Cyndie may be reached at 410-745-5989.)*

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