

VISUAL INDEX OF HEAD, NECK AND FACIAL PAIN AND TMJ DYSFUNCTION

A

Eye Pain and Eye (orbit) Problems:

1. Eye (orbital) pain; above, below, behind.
2. Bloodshot eyes (hyperemia).
3. Blurring of vision.
4. Bulging appearance (exophthalmia).
5. Pressure behind the eyes (retro-orbital pressure).
6. Light sensitivity (photophobia).
7. Watering of the eyes (lacrimation).
8. Drooping of the eyelid (ptosis).

B

Head Pain, Headache Problems, Facial Pain:

1. Forehead (frontal) pain.
2. Temple (temporal) pain.
3. "Migraine" type headache.
4. "Cluster-type" Headache.
5. Maxillary sinus headache under the eyes (maxillary sinus pain).
6. Posterior, back of head, headaches with or without shooting pains (occipital or parietal headaches).
7. Hair and/or scalp painful to touch.

C

Mouth, Face, Cheek and Chin Problems:

1. Discomfort or pain to any of these areas.
2. Limited opening.
3. Inability to open the jaw smoothly or evenly.
4. Jaw deviates to one side when opening.
5. Inability to "find bite."

D

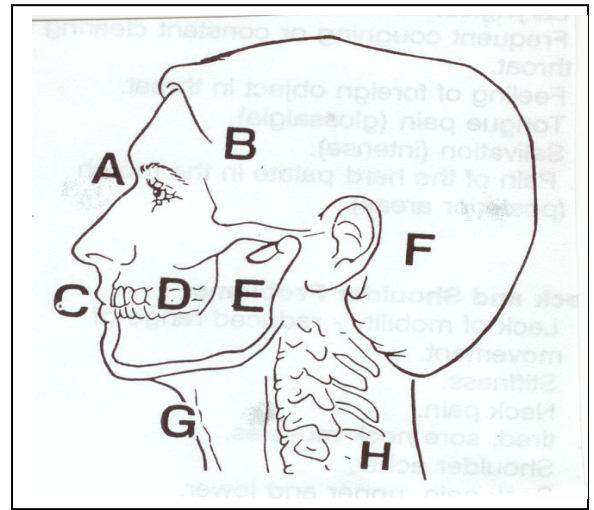
Teeth and Gum Problems:

1. Clenching or grinding at night (bruxism).
2. Looseness and or soreness of back teeth.
3. Tooth pain (toothache).

E

Jaw and Jaw Joint Problems:

1. Clicking, popping jaw joints.
2. Grating sounds (crepitus).
3. Jaw locking opened or closed.
4. Pain in cheek muscles.
5. Uncontrollable jaw or tongue movements.



F

Ear Pain, Ear Problems and Postural Imbalances:

1. Hissing, buzzing, ringing or roaring sounds (tinnitus).
2. Diminished hearing (subjective hearing loss).
3. Ear pain – without infection (otalgia).
4. Clogged, stuffy, "itchy" ears, feeling of fullness.
5. Balance problems, "vertigo," dizziness or disequilibrium (subjective or objective).

G

Throat Problems:

1. Swallowing difficulties.
2. Tightness of throat.
3. Sore throat without infection (coryza).
4. Voice fluctuations.
5. Laryngitis.
6. Frequent coughing or constant clearing of throat.
7. Feeling of foreign object in throat.
8. Tongue pain (glossalgia).
9. Salivation (intense).
10. Pain of the hard palate in the mouth (posterior areas).

H

Neck and Shoulder Problems:

1. Lack of mobility –reduced range of movement.
2. Stiffness.
3. Neck Pain.
4. Tired, sore neck muscles.
5. Shoulder aches.
6. Back pain, upper and lower.
7. Arm and finger tingling, numbness and/or pain.