

Dr Bettina Tornatora

Bettina spends her life supporting others to live their ideal lives. Whether as a Chiropractor, a coach, a speaker, an author or a mother.

As a a coach and mentor with Powerful Practices International, Bettina is passionate about supporting her clients to thrive in their practices. Bettina is the current chair of the Chiropractors Association Australia Women in Chiropractic Committee. She was recently recognised by CAA national as the Chiropractor of the year for 2017 for her contribution to the profession.

Bettina has been practicing Chiropractic for 22 years and graduated from RMIT in Melbourne. She is passionate about Chiropractic and its impact on greater health. She loves communicating health and wellbeing messages and the ripple effect of doing that in an outstanding way. Bettina practices with her husband Jim and has a practice in Melbourne Australia

In recent years Bettina has spoken in many different capacities. At professional seminars, in her practice running internal workshops and in the practices of others. She has done several facilitation roles on the area of growth and empowerment and now runs full day seminars on personal growth for parents and educators.

Bettina is a lifelong learner. Of particular interest is how people function and thrive. She is in a constant research of how we live, love and lead. As part of this quest for knowledge, in 2017 she completed a year long advanced leadership course with a group of women from many and varied professional realms. This has served to sharpen her knowledge and ignited further a passion to share this knowledge with others.

