

What Does Treatment Feel Like? *There is little or no sensation during treatment.*

Are there Any Side Effects? *There are little or no side effects to treatment. Those allergic to light may get a rash or blister for a few days. Some pain syndromes may feel aggravated for a few days, after which the treatment time for the next session is adjusted accordingly.*

How Long Does Each Treatment Take?

Typically each treatment takes 10-15 minutes.

How often should a patient be treated?

Acute conditions may be treated daily. More chronic conditions are treated 2 or 3 times a week, tapering off to once a week or once every other week.

How Many Treatments Does It Take?

The nature of the condition dictates the number of treatments. Generally 6-10 treatments are enough for most pain syndromes. Severe arthritis may require ongoing treatments.

How Long Before Results Are Felt?

Most likely results are not felt immediately although healing does begin right away. The healing activity of each treatment is cumulative. Generally it may take 1 treatment for every decade of the patients age to feel results. Some patients, though, have gotten immediate and lasting results with the first few treatments.

Can Laser Therapy Be Used With Other Physical Therapy Treatments? *Yes.*

Other therapies are complementary to the laser treatments.

RIFFEY CHIROPRACTIC
AND ALTERNATIVE HEALTH

ROCKLIN, CALIFORNIA

6630 SIERRA COLLEGE BLVD. ,STE 300

ROCKLIN, CA 95677

(916) 783-9470- FAX (916) 783-9480

WEB SITE FOR LOCATIONS AND DETAILS:

WWW.RIFFEYHEALTHCARE.COM.

&

ALLERGYNATURAL.COM

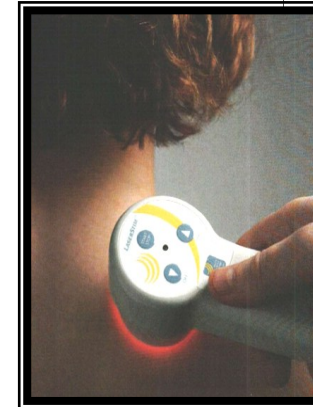
Dr. Gary Riffey, Dr Cleo Riffey & Staff

Riffey Chiropractic



LASER THERAPY

TIME OUT
FROM
PAIN



- INJURY RECOVERY .
- BACK AND NECK
- SCIATICA
- DISC
- CARPAL TUNNEL
- SHOULDER PAIN
- TENDONITIS
- KNEE & ELBOW
- ARTHRITIS

AND MORE

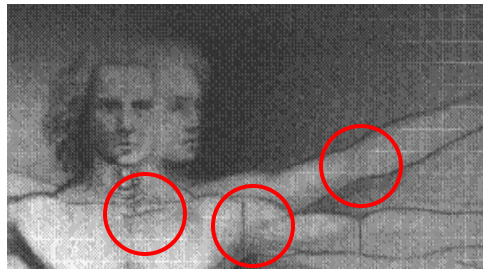
Riffey Chiropractic

What is Low Level Light Laser Therapy.

Low Level Light Lasers (or LLLT) provide safe, effective, non-invasive, pain relieving and healing effects on the tissues of the body with no tissue destruction. This is opposed to “surgical” or “hot” lasers used in certain medical procedures. LLLT is well researched with over 2,500 published articles and over 120 randomized double blind studies. Since it’s use and safety have already been well acknowledged with FDA approval, the LLLT is a very attractive physical therapy for broad use. In many cases it surpasses other forms of physical therapy such as ultrasound, micro-current and heat therapy.

LLLT is used with acute injuries such as fractures, wounds, severe sprains, swelling, ligament and muscle damage with a remarkable speed in healing. It is also effective with chronic pain in joints and old injuries where other modalities have not given complete resolution.

Our investigation of this amazing new treatment technology lead us to acquire what we believe is the best instrumentation to serve our patients. The TerraQuant Laser provides the broadest band of phototherapy width for the greatest penetration.



Proven Biological Effects of Laser Light

- **Pain Reduction** – reduces pain while promoting healing for existing pain syndromes and acute injury
- **Anti-inflammatory Action**– reduces swelling caused by bruising or inflammation of joints, to provide enhanced joint mobility.
- **Increased Vascular Activity**- induces temporary vasodilatation, increasing blood flow to damaged areas.
- **Stimulated Nerve Function**- speeds the process of nerve cell reconnection to bring the numb areas back to life.
- **Reduced Fibrous Tissue Formation**—reduces the formation of scar tissue following tissue damage from: cuts, scratches, burns, and post surgery.
- **Promotes Rapid Cell Growth** - accelerating cellular reproduction and growth in bone, tendon, ligament and muscle tissue.

CUTTING PAIN AND PROMOTING HEALING!

NBA Players, Olympic Athletes, National Soccer Teams, Training Centers for Renowned Athletes and Chronic Pain Sufferers are using this amazing technology in over 30 other countries around the world.

Our Special Instrumentation:

The TerraQuant Laser exceeds the large majority of LLLT’s used today for the similar purposes. Most healing lasers are only red light lasers. The TerraQuant, in addition to the red light laser, has infrared capabilities and special “Super Pulsed Infrared” technology for deeper penetration (4” -5”) for a wider range of healing effects.

Patients are prescribed Laser therapy by the doctor and are given therapy depending on their individual needs.

