

VERTEBRAL SUBLUXATION AND NERVE CHART

"The nervous system controls and coordinates all organs and structures of the human body." (Gray's Anatomy, 29th Ed., page 4) Misalignment of spinal vertebrae and discs may cause irritation to the nervous system which could affect the structures, organs, and functions listed under "areas" and the "possible symptoms" that are associated with malfunctions of the areas noted.

VERTEBRAE	AREAS & PARTS OF BODY	POSSIBLE SYMPTOMS
ATLAS C 1	Blood supply to the head, pituitary gland, scalp, bones of the face, brain, inner and middle ear, sympathetic nervous system.	Headaches • Nervousness • Insomnia • Head Colds • High blood pressure • Migraine headaches • Nervous breakdowns • Amnesia • Chronic tiredness • Dizziness
AXIS C 2	Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead.	Sinus Trouble • Allergies • Pain around the eyes Earache • Fainting spells • Certain cases of blindness • Crossed eyes • Deafness
C 3	Cheeks, outer ear, face bones, teeth, trifacial nerve.	Neuralgia • Neuritis • Acne or Pimples • Eczema
C 4	Nose, lips, mouth, eustachian tube.	Hay Fever • Runny Nose • Hearing Loss • Adenoids
C 5	Vocal cords, neck glands, pharynx.	Laryngitis • Hoarseness • Throat conditions such as sore throat or quinsy
C 6	Neck muscles, shoulders, tonsils.	Stiff Neck • Pain in upper arm • Tonsillitis • Chronic Cough • Croup
C 7	Thyroid gland, bursae in the shoulders, elbows.	Bursitis • Colds • Thyroid conditions
T 1	Arms from the elbows down, including hands, wrists, and fingers, esophagus and trachea.	Asthma • Cough • Difficult breathing Shortness of breath • Pain in lower arms and hands
T 2	Heart, including its valves and covering, coronary arteries.	Functional heart conditions and certain chest conditions
T 3	Lungs, bronchial tubes, pleura, chest, breast.	Bronchitis • Pleurisy • Pneumonia • Congestion • Influenza
T 4	Gallbladder, common duct.	Gallbladder Conditions • Jaundice • Shingles
T 5	Liver, solar plexus, circulation (general).	Liver conditions • Fevers • Blood pressure problems Poor circulation • Arthritis
T 6	Stomach.	Stomach troubles including: Nervous stomach • Indigestion • Heartburn • Dyspepsia
T 7	Pancreas, duodenum.	Ulcers • Gastritis
T 8	Spleen.	Lowered resistance
T 9	Adrenal and suprarenal glands.	Allergies • Hives
T 10	Kidneys.	Kidney troubles • Hardening of the arteries • Chronic tiredness • Nephritis • Pyelitis
T 11	Kidneys, ureters.	Skin conditions such as acne • Pimples • Eczema • Boils
T 12	Small intestines, lymph circulation.	Rheumatism • Gas pains • Certain types of sterility
L 1	Large intestines, inguinal rings.	Constipation • Colitis • Dysentery • Diarrhea • Some ruptures or hernias
L 2	Appendix, abdomen, upper leg.	Cramps • Difficult breathing • Minor varicose veins
L 3	Sex organs, uterus, bladder, knees.	Bladder troubles • Menstrual troubles such as painful or irregular periods • Miscarriages • Bed wetting • Impotency • Change of life symptoms • Many knee pains
L 4	Prostate gland, muscles of the lower back, sciatic nerve.	Sciatica • Lumbago • Difficult, Painful or too frequent urination • Backaches
L 5	Lower legs, ankles, feet.	Poor circulation in the legs • Swollen ankles • Weak ankles and arches • cold feet Weakness in the legs • Leg cramps
SACRUM	Hip bones, buttocks.	Sacroiliac conditions • Spinal curvatures
COCCYX	Rectum, anus.	Hemorrhoids (piles) • Pruritus (itching) • Pain at the end of spine on sitting