

Today's Date: _____

Patient's Name _____ Patient # _____
(office use only)

MILD TBI (Traumatic Brain Injury):

Whiplash may cause concussion, bleeding within the brain or bruising of the brain due to a coup contra-coup injury in which the brain hits the front and back of the skull. Sometimes head injuries can result in microscopic damage to brain cells without obvious damage visible on CT scan or MRI such as axonal shearing.

Since the accident have you experienced any of the following:

- _____ Loss of consciousness or fluctuating levels of consciousness
- _____ Personality changes: irritability, anxiety, emotional, depression
- _____ Seizures
- _____ Numbness
- _____ Headache (either constant or fluctuating)
- _____ Dizziness, light headed or vertigo
- _____ Disorientation
- _____ Amnesia
- _____ Difficulty concentrating, forgetting things, easily confused
- _____ Weakness or Lethargy
- _____ Nausea or vomiting
- _____ Decreased coordination, clumsy
- _____ Inability to speak or slurred speech
- _____ Ataxia or difficulty walking, balance problems
- _____ Shortness of breath or gasping for air
- _____ Blurred vision
- _____ Deviated gaze, or abnormal movement of the eyes
- _____ Bothered by light and noise
- _____ Fatigue, feeling groggy, or just not feeling right
- _____ Sleep: more than usual, less than usual, trouble falling asleep
- _____ Loss of smell or taste
- _____ Ringing in the ears
- _____ Anxiety about driving
- _____ Consistently drive below speed limit since the accident
- _____ Keep reliving the accident in your mind
- _____ Thinking about the accident over and over

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TRIAGE:

- _____ No contraindication to conservative care.
- _____ Refer to neurologist for evaluation and imaging which may include CT, diffuse tensor imaging, MRI, BDNV (blood derived neurotropic value) blood testing.
- _____ Refer to neuropsychologist for PTSD consult
- _____ IMMEDIATE referral to ER.