



Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## How Can We Help You?

*You've come to us for a specific reason.*

*We want to help you achieve your health goals as quickly as possible.*

*In order to effectively do that, we need to better understand what is important to you!*

*Sincerely ~ Dr. Jodi Kennedy*

- 1. Please list your top 3 goals in order of importance & rank the urgency of each goal on the time line.**

	<b>URGENCY</b>	
	<b>Whenever</b>	<b>ASAP</b>
#1) _____	1, 2, 3, 4, 5, 6, 7, 8, 9, 10	
#2) _____	1, 2, 3, 4, 5, 6, 7, 8, 9, 10	
#3) _____	1, 2, 3, 4, 5, 6, 7, 8, 9, 10	

- 2. How will you know when you have successfully achieved each goal? In other-words, tell me what your life will look like. How will you look & feel? What will you be able to do?**

#1) \_\_\_\_\_

#2) \_\_\_\_\_

#3) \_\_\_\_\_

***Thank You for Your Feedback!***