

Curriculum Vitae of Dr. Jonathan A. Truhlar, D.C., N.M.D., C.N.S.

Undergraduate study at Olivet Nazarene University in Kankakee, IL with major emphasis on chemistry and minor emphasis on psychology. Bachelor of Science (B.S.) degree conferred by Regents of the University of the State of New York.

Graduate study at Palmer College of Chiropractic in Davenport, IA with a major emphasis on chiropractic medicine.

Doctor of Chiropractic (D.C.) degree conferred by Palmer College of Chiropractic (2002).

Postgraduate study through the American Naturopathic Medical Institute in Plano, TX with a major emphasis on naturopathic medicine in all of its specialties.

Doctor of Naturopathic Medicine (N.M.D.) degree conferred by the American Naturopathic Medical Institute (2006).

National Board Certifications

National Board of Chiropractic Examiners – PART 1 (09/2000).

National Board of Chiropractic Examiners – PART 2 (03/2002).

National Board of Chiropractic Examiners – PART 3 (03/2002).

National Board of Chiropractic Examiners – Physiotherapy (03/2002).

National Board of Naturopathic Medical Examiners – PART 1 (09/2007).

National Board of Naturopathic Medical Examiners – PART 2 (09/2007).

National Board of Naturopathic Medical Examiners – PART 3 (09/2007).

National Board of Naturopathic Medical Examiners – PART 4 (09/2007).

National Board of Naturopathic Medical Examiners – PART 5 (09/2007).

Certification Board for Nutrition Specialists (09/2013).

Professional Licenses

State of Illinois: Chiropractic Physician - License # 038-009845 (2003-Present).

State of Michigan: Chiropractor - License # 2301010121 (2013-Present).

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Honors / Positions / Certifications

Diagnostic Service Award conferred by Palmer College of Chiropractic (2002).
President of Elan Wellness Service Corporation in Aurora, IL (2005-present).
Diplomate of the National Board of Naturopathic Medical Examiners (09/2007).
Spinal Decompression Therapy Certification (2007).
Diplomate of the International Academy of Behavioral Medicine, Counseling and Psychotherapy, Inc. (08/2008).
The NESS L300™ Foot Drop System Certification (2009).
Manipulation Under Anesthesia Certification (2009).
Diplomate of the International Board of Naturopathic Medicine (05/2010).
Neuro-Endocrine Immune Certification (2011).
Diplomate of the American Psychotherapy Association (12/2011).
Founder of Strategic Defense Concepts in Aurora, IL (2013-present).
NRA Certified Instructor (08/2013-present).
Illinois State Police Concealed Carry Instructor Certification (09/2013-present).
USCCA Affiliate Instructor (12/2013-present).
SIRT Training Pistol Instructor (04/2014-present).
Counter Ambush Training Certification (09/2015).
NRA Certified Range Safety Officer (12/2015).
Center Axis Relock (C.A.R.) System Certification (04/2016).
GLOCK Certified Armorer (09/2016).

Associations / Memberships

Member of American Academy of Hospital Chiropractors. (2007-Present).
Member of Chiropractic Cancer Foundation for Children. (2011-Present).
Member of International Academy of Behavioral Medicine, Counseling and Psychotherapy, Inc. (2008-2011)
Member of the American Psychotherapy Association (2011-2012)

Post-Graduate Education

- **GLOCK Armorer Course***

Presentation by: Scott Banks

Course Description: A in-depth study of the GLOCK Safe Action System Design, the function of the individual GLOCK pistol safeties, field stripping & reassembly, detail disassembly & reassembly of slide, detail disassembly & reassembly of receiver, fire control component configurations, engagement, sights, diagnostics and trouble shooting.

Sponsoring Entity: GLOCK

Location: River Grove, Illinois

Year: 2016

- **Thyroid Health**

Presentation by: Datis Kharrazian, DHSc, DC, FACN, CNS

Course Description: A in-depth study of the disorders of the thyroid gland and its role in human bio-chemistry including its effect on neurochemistry and sex hormone health. Emphasis of study is on the most effective therapies to maintain and restore proper function of the thyroid gland.

Sponsoring Entity: The Board for Certification of Nutrition Specialists

Location: La Grange, Illinois

Year: 2016

- **Center Axis Relock (C.A.R.) System Certification***

Sponsored & Presentation by: IPD Systems, LLC and Jeff Johnsgaard

Course Description: A study of the Center Axis Relock (C.A.R.) System as developed by Paul Castle. Study included the C.A.R. System Fundamentals, Core Components, and Application Scenarios. Emphasis of study in the Fundamentals was on focal point aiming, crisis focus, target acquisition, effective reaction, bladed stance, stability, and circle of control. Emphasis of study in the Core Components was on Key Grip, Clearance, Support, Presentation Positions, Single-Hand Options, Combat and Tactical Reloads, Stoppage Drills, Malfunction, Tucked Pistol Punch, Retention Drills, Single Handed Operator Tactics (SHOT), and Mental Preparation. Emphasis of study in the Application Scenarios was on Color Coding, Containment Clock Face, Sterile Area, Tactical Positioning, Immediate Vehicle Oriented Combat (IVOC), Active Defense within the Zones, and Weapon Presentation.

Sponsoring Entity: Sabre Tactical

Location: Aurora, Illinois

Year: 2016

- **The Human Weapon System™**

Presentation by: Rob Pincus and Robert Smith, M.D.

Course Description: A study of the basis and components of the Human Weapon System™ with focus on muscle recruitment, physical mobility, bio-mechanical and physiological vulnerabilities. Emphasis of study on examining human vulnerabilities and training applications as well as efficiently integrating with a firearm. Study included combative fitness and practical applications of The Human Weapon System™.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2016

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- **Defensive Applications of Brazilian Jiu-Jitsu**

Presentation by: Rob Pincus and Cecil Burch

Course Description: Study included fundamental concepts, hierarchy of intent, Conceptual Escape Formula, Survival Posture and defending against a weapon, the Bridge Technique, the Hip Escape, Guard Fundamentals, getting back on your feet from ground defense, and grounded versus a standing attacker.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2016

- **Safer Faster Knife Defense™**

Presentation by: Rob Pincus and Alessandro Padovani

Course Description: An in-depth study of knife defense. Study included types of knives, grip and stance, knife carry and draw techniques, clear, control and counter techniques, and fundamental knife defense techniques. A study of tactical anatomy, as well as distance, angle, speed and accuracy. Training included rectangular box drills, Action/Reaction drills, combat accuracy and training techniques, and scenario drill training.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2016

- **Personal Defense Readiness**

Presentation by: Rob Pincus

Course Description: A study the Personal Defense Readiness concept. Emphasis of study was on the flinch response and the S.P.E.A.R. System™ and the “Outside 90” Position. Study also included the natural tools, natural targets, techniques and applications in context, the Close Quarter Form, and Training at Speed.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2016

- **Venous Disease**

Instructor: Cheryl Aaron, PT, DPT, CWS

Course Description: A review of the prevalence of venous disease in the United States and a detailed study on the evaluation of venous disease and the appropriate application of wound care procedures and their expected clinical outcomes with consideration of comorbidities.

Sponsoring Entity: Pesi National Wound Care Conference

Location: Aurora, Illinois

Year: 2015

- **Nutrigenomics: Application to Dietary Approaches & Nutritional Supplements**

Instructor: Deanna Minich, Ph.D., F.A.C.N., C.N.S.

Course Description: A study into the role of nutrition on the human genome and the impact of nutritional supplements on human health.

Sponsoring Entity: Board for Certification of Nutrition Specialists

Location: Aurora, Illinois

Year: 2015

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- **Metabolic Comorbidities in Autism Spectrum Disorder – Case Studies**

Course Description: A review case studies on metabolic comorbidities in ASD.

Sponsoring Entity: Cleveland Clinic

Location: Aurora, Illinois

Year: 2015

- **Metabolic Comorbidities in Autism Spectrum Disorder**

Course Description: A review of the role of cellular metabolism in ASD.

Sponsoring Entity: Cleveland Clinic

Location: Aurora, Illinois

Year: 2015

- **Gastrointestinal Comorbidities in Autism Spectrum Disorder**

Course Description: A review of the role of the gastrointestinal system in ASD.

Sponsoring Entity: Cleveland Clinic

Location: Aurora, Illinois

Year: 2015

- **Autism Spectrum Disorders & Natural Treatments for Supporting Vibrant Health on the Spectrum**

Course Description: An in-depth, literature-based review of the assessment, testing, and treatments for the support of individuals affected by ASD.

Sponsoring Entity: National University of Health Sciences

Location: Lombard, Illinois

Year: 2015

- **Counter Ambush Training Certification***

Presentation by: Rob Pincus

Course Description: A comprehensive study of the necessity to train for the Dynamic Critical Incident. Using the Plausibility Rule to determine how to train for the plausible threat. An in-depth look at the instinctive human reaction when threatened and the need to train with intuitive responses to a threat. An in-depth review of the physiology of the body's natural reactions and the physics behind gun handling, shooting, and the counter ambush moment. Instruction in establishing an effective counter ambush training program.

Sponsoring Entity: I.C.E. Training

Location: Aurora, Illinois

Year: 2015

- **Home Security Systems / Home Defense Techniques**

Presentation by: Rob Pincus

Course Description: A study of the components and uses of a home security system including the control panel and keypad, perimeter sensors, interior sensors, proper keypad use and location, the practical use of a home security system, and the safe room. A study of home defense techniques including stairwells and prioritizing attention, considerations for low light situations, low-light movement fundamentals, encountering a threat, and no-shoot scenarios.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

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- **Crime Prevention through Environmental Design**

Presentation by: Rob Pincus

Course Description: A study of the concept of Crime Prevention Through Environmental Design (CPTED) applied to the dwelling and involving “seeing and being seen”, lighting, controlling access, establishing boundaries, hiding places and surveillance, maintenance, as well as demystifying CPTED and CPTED lighting concepts.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

- **Firearm Storage & Access**

Presentation by: Rob Pincus

Course Description: A study in the development of firearm storage with application to the needs of both accessibility and security. Assessment of the quick-access safe and the blind-access test. Assessment of defensive long gun storage options and applications.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

- **Multiple Person Responses**

Presentation by: Rob Pincus

Course Description: An in-depth assessment of armed response with an armed associate, coordinated armed responses, and armed response with an unarmed associate with a focus on the OODA Loop. Study of the concepts of two-person movement and providing cover during firearm malfunction and reloading. Armed response as a passenger in a vehicle.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

- **Disaster Preparation**

Presentation by: Rob Pincus

Course Description: A study in disaster preparation and education including developing a Family Plan and the use of communications and evacuation efficiency related to “trigger events”.

Preparation of the home for security, weather events, earthquakes and volcanos, and consideration for supplies necessary during an extended disaster.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

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• **Armed Home Defense**

Presentation by: Rob Pincus

Course Description: A comprehensive study of armed home defense including escape or barricade considerations, tactical movement inside the home as an individual and as a team, as well as cover and concealment considerations inside the home. A differentiation of the firearm choices for home defense as well the appropriate ammunition selection based on ballistics and the specific home design.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

• **The Pump Shotgun for Home Defense**

Presentation by: Rob Pincus

Course Description: A detailed look into the myths surrounding the pump shotgun when used for self-defense. A study of the fundamentals of defensive shotgun use, shooting a defensive shotgun, reloading the defensive shotgun, and switching to a specialty shotgun shell. Study of defensive shotgun handling including extreme close-quarters retention shooting and defensive shotgun ammunition options.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

• **Immediate Aftermath of a Shooting**

Presentation by: Rob Pincus

Course Description: A comprehensive analysis of the events during the immediate aftermath of a self-defense shooting. Considerations include confirming personal safety, assessing for additional threats, personal medical attention, environmental assessment, the police response, communication with responding law enforcement and the control of information. Detailed assessment after initial threat drill and multiple threat assessment drill.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

• **Women's Concealed Carry Issues**

Presentation by: Rob Pincus

Course Description: A study in the myths and misconceptions of women's personal defense with a firearm. Development of recommendations and solutions to practical concealment options for women and the development of guidelines for choosing a self-defense firearm and defensive ammunition for the concealed carry woman.

Sponsoring Entity: Personal Defense Network

Location: Aurora, Illinois

Year: 2015

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- **Combat Focus Shooting & Home Defense**

Presentation by: Rob Pincus

Course Description: A comprehensive, in-depth study covering combat accuracy, defensive shooting fundamentals, working within the natural human mechanics to develop efficiency and consistency, the balance between speed and precision, factors affecting balance, stance and movement, grip and trigger control, and critical incident reloading.

Sponsoring Entity: Personal Defense Network

Location: Minooka, Illinois

Year: 2015

- **Healthcare Provider CPR/AED for Adult, Child, and Infant**

Course Description: CPR course designed for healthcare professionals and covers adult, child and infant CPR as well AED.

Sponsoring Entity: American Health Care Academy

Location: Aurora, Illinois

Year: 2015

- **Legal Considerations of the Use of Non-Lethal Defensive Force**

Presentation by: Rob Pincus and Marty Hayes, J.D.

Course Description: An in-depth study of the legal considerations of the use of non-lethal self-defense force.

Sponsoring Entity: Armed Citizens' Legal Defense Network, LLC

Location: Minooka, Illinois

Year: 2014

- **Advanced Pistol Handling**

Presentation by: Rob Pincus

Course Description: Study in the development of advanced weapons handling with applications to reloading during a critical incident, one-handed reloading and malfunction clearing, and one-handed shooting during the critical incident.

Sponsoring Entity: The American Rifleman & Personal Defense Network

Location: Aurora, Illinois

Year: 2014

- **Defensive Revolver Fundamentals**

Presentation by: Rob Pincus

Course Description: An in-depth study of the revolver as a defensive firearm. Strategies to mitigate revolver disadvantages using defensive revolver modifications. Training to improve speeding trigger pull and release, reloading and avoiding malfunctions, and weak-hand shooting and reloading.

Sponsoring Entity: Personal Defense Network

Location: Aurora, Illinois

Year: 2015

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• **Emotional and Psychological Aftermath of a Self-Defense Shooting**

Presentation by: Massad Ayoob

Course Description: An in-depth study of the emotional and psychological responses and effects following a self-defense shooting.

Sponsoring Entity: Armed Citizens' Legal Defense Network, LLC

Location: Minooka, Illinois

Year: 2014

• **Management of Functional Gastrointestinal Disorders**

Instructor: Gary Italia, D.C., D.A.B.C.N., PhD.

Course Description: A study of the basic epidemiology of chronic G.I. disorders and an in-depth discussion of the current evidence of linkage between chronic G.I. disorders with other common medical conditions and the current hypothesis of associations between intestinal hyper-permeability and systemic illnesses as well as a review cutting edge assessment tools and tests for G.I. disorders with rational and efficacious cutting-edge non-drug treatment interventions for functional G.I. disorders.

Sponsoring Entity: University of Bridgeport College of Chiropractic

Location: Bridgeport, CT

Year: 2013

• **NRA Basic Instructor Training**

Instructors: Tom Yackley and Dave Phistry.

Course Description: Intensive training course with the goal of ensuring that the NRA Certified Instructor will possess the skills necessary to conduct NRA Basic Courses in accordance with the policies and procedures outlined by the National Rifle Association to uphold the quality and integrity of national firearm safety and training standards established by the National Rifle Association, to promote firearm safety and the shooting sports, and the proper reporting of training data to the NRA.

Sponsoring Entity: National Rifle Association

Location: Oswego, IL

Year: 2013

• **Dietary Habits and Patterns**

Instructor: Gary Italia, D.C., D.A.B.C.N., PhD.

Course Description: A study of the impact on health and longevity of diet patterns including the typical American diet, the Mediterranean diet, and the socioeconomic influences on dietary patterns.

Sponsoring Entity: University of Bridgeport College of Chiropractic

Location: Bridgeport, CT

Year: 2013

• **Healthcare Provider CPR/AED for Adult, Child, and Infant**

Course Description: CPR course designed for healthcare professionals and covers adult, child and infant CPR as well AED.

Sponsoring Entity: American Health Care Academy

Location: Aurora, Illinois

Year: 2013

Curriculum Vitae of Dr. Jonathan A. Truhlar, D.C., N.M.D., C.N.S.

- **Antioxidants and Cancer**

Instructor: Gary Italia, D.C., D.A.B.C.N., PhD.

Course Description: A study of the second leading cause of death in the U.S. and the factors affecting the probability of mortality including diet and lifestyle, genetic influence, and the role of antioxidants.

Sponsoring Entity: University of Bridgeport College of Chiropractic

Location: Bridgeport, CT

Year: 2013

- **Understanding and Explaining Altered Perceptions of Witnesses and Participants in Violent Encounters**

Presentation by: Massad Ayoob

Course Description: An in-depth study of the physical and psychological influences on perceptions, memory, and testimony.

Sponsoring Entity: Armed Citizens' Legal Defense Network, LLC

Location: Minooka, Illinois

Year: 2012

- **The Diagnosis & Treatment of Shoulder Disorders**

Instructor: Chadwick Prodromos, M.D.

Course Description: Evidenced-based diagnosis and treatment of shoulder disorders.

Sponsoring Entity: National University of Health Sciences

Location: Schaumburg, Illinois

Year: 2012

- **Corporate Compliance – Fraud & Abuse Prevention Programs**

Instructor: Dr. Jin Zhou

Course Description: An in-depth review of the requirements mandated by HIPAA for healthcare compliance and the implementation of programs to reduce the risks of fraud and abuse in healthcare.

Sponsoring Entity: Elan Wellness Service Corporation

Location: Aurora, Illinois

Year: 2012

- **Emergency Procedures**

Instructor: Brett L. Kinsler, D.C., EMT-D and Michalene Elliott, D.C.

Course Description: A discussion of the most likely medical emergencies to occur during a passenger flight and the statistical outcomes using the medical kits found on board all major airline carriers.

Sponsoring Entity: University of Bridgeport College of Chiropractic

Location: Aurora, Illinois

Year: 2012

Curriculum Vitae of Dr. Jonathan A. Truhlar, D.C., N.M.D., C.N.S.

- **Point of Wounding Care**

Course Description: An in-depth study of the application of trauma medicine in a combat environment.

Sponsoring Entity: U.S. Government (GOVPUB)

Location: Aurora, Illinois

Year: 2012

- **The Emergency Treatment of Gunshot Wounds**

Instructor: Frank Sharpe, Jr. based on the work of Anthony M. Barrera, M.D., F.A.C.E.P.

Course Description: Military spec-ops based training in the treatment of gunshot wounds during combat situations including administering critical wound care while under attack.

Sponsoring Entity: Fortress Defense Consultants

Location: Monee, Illinois

Year: 2011

- **Gait Analysis & Custom Orthotic Therapy**

Instructor: J. Kim Ross, D.C., Ph.D.

Course Description: In depth study of the human gait cycle and the diagnosis of biomechanical dysfunction of the lower extremity and treatment by custom semi-corrective foot orthotics.

Sponsoring Entity: The Orthotic Group

Location: Chicago, Illinois

Year: 2011

- **The Diagnosis & Treatment of Knee Disorders**

Instructor: Chadwick Prodromos, M.D.

Course Description: Evidenced-based diagnosis and treatment of knee disorders.

Sponsoring Entity: Illinois Chiropractic Society

Location: Schaumburg, Illinois

Year: 2011

- **Neuro-Functional Fitness**

Instructor: Laura Hanson, D.C., D.I.C.C.P., N.D.T.

Course Description: In depth study of human neurological development beginning in vitro and continuing through human development focusing on identifying pathological adaptation for the purpose of developing a treatment protocol to correct the neurological dysfunction.

Sponsoring Entity: Illinois Chiropractic Society

Location: Lisle, Illinois

Year: 2011

- **NEI Certification***

Course Description: In depth study of the bio-chemical communication between the human nervous and endocrine systems and their impact on immunological adaptation.

Sponsoring Entity: NeuroScience, Inc.

Location: Aurora, Illinois

Year: 2011

Curriculum Vitae of Dr. Jonathan A. Truhlar, D.C., N.M.D., C.N.S.

- **The Role of Serotonin Reuptake Inhibitors in the Treatment of Psychiatric Illness: An Update**

Course Description: A literature review of the validity of the use of SSRI treatment in the treatment of psychiatric illness.

Sponsoring Entity: American Psychotherapy Association

Location: Aurora, IL

Year: 2011

- **Pulse O2DA Tactics**

Course Description: A comprehensive study of the tactics needed to defend yourself and others in the home and on the street during a high-stress lethal force confrontation. The study included an in-depth analysis of how to maneuver in hallways, clear rooms, cross thresholds, work stairwells, and how to properly use cover and concealment to decisively defeat the threatening adversary.

Author/Sponsoring Entity: Ron Danielowski & Jack Hamilton / Pulse O2DA Firearms Training Inc.

Location: Minooka, Illinois

Year: 2011

- **Pulse O2DA Strategy**

Course Description: An in-depth study in the development of the ideas and concepts leading to the creation of a strategy necessary to defend family, business, and community from violent threats.

Author/Sponsoring Entity: Ron Danielowski & Jack Hamilton / Pulse O2DA Firearms Training Inc.

Location: Minooka, Illinois

Year: 2011

- **Pulse O2DA Pistol Strategy**

Course Description: An in-depth study in advanced gun fighting techniques with focus on defense against multiple armed attackers. Detailed study in the O2DA loop and out maneuvering the violent attacker.

Author/Sponsoring Entity: Ron Danielowski & Jack Hamilton / Pulse O2DA Firearms Training Inc.

Location: Minooka, Illinois

Year: 2011

- **Panic Psychopathology and Substance Use Disorder**

Course Description: An analysis of the correlation between substance abuse and panic disorders.

Sponsoring Entity: American Psychotherapy Association.

Location: Aruba

Year: 2011

- **Additional Considerations When Using Deadly Force**

Presentation by: by Marty Hayes, J.D. with Advisory Board Members

Course Description: Legal, physical, and mental repercussions that may occur as the result of the use of deadly force in self-defense.

Sponsoring Entity: Armed Citizens' Legal Defense Network, LLC

Location: Minooka, Illinois

Year: 2011

Curriculum Vitae of Dr. Jonathan A. Truhlar, D.C., N.M.D., C.N.S.

- **Pediatric Spinal Rehabilitation**

Instructor: Ian Horseman, D.C.

Course Description: Pettibon protocols for the evaluation and treatment of the pediatric patient.

Sponsoring Entity: Palmer College of Chiropractic

Location: Rosemont, Illinois

Year: 2010

- **Handling the Immediate Aftermath of a Self-Defense Shooting**

Presentation by: Massad Ayoob and Marty Hayes, J.D.

Course Description: Review of situational considerations, appropriate actions and the necessary interactions with law enforcement following a self-defense shooting.

Sponsoring Entity: Armed Citizens' Legal Defense Network, LLC

Location: Minooka, Illinois

Year: 2010

- **Recognizing and Responding to Pre-Attack Indicators**

Presentation by: Marty Hayes, J.D. with Marc MacYoung

Course Description: Mental and physical preparations required to recognize pre-attack behaviors with avoidance and/or response with appropriate force.

Sponsoring Entity: Armed Citizens' Legal Defense Network, LLC

Location: Minooka, Illinois

Year: 2010

- **ATSDR Case Studies in Environmental Medicine: Taking an Exposure History**

Course Description: Understanding and assessment of the role of environment toxins on a patient's current health status.

Sponsoring Entity: Centers for Disease Control and Prevention

Location: Atlanta, Georgia

Year: 2010

- **Tactical Pistol Course**

Course Description: Training in gun-fighting techniques of the semi-automatic pistol in defensive and tactical situations.

Sponsoring Entity: U.S. Training Center / Blackwater USA

Location: Mt. Carroll, Illinois

Year: 2010

- **The Diagnosis & Treatment of Knee Disorders**

Instructor: Chadwick Prodromos, M.D.

Course Description: Evidenced-based diagnosis and treatment of knee disorders.

Sponsoring Entity: Illinois Chiropractic Society

Location: Oakbrook Terrace, Illinois

Year: 2009

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- **Manipulation Under Anesthesia Certification***

Instructor: Ted Cook, D.C.

Course Description: Manipulation under anesthesia patient selection, treatment protocols, post-treatment rehabilitation, and outcome assessment.

Sponsoring Entity: Logan College of Chiropractic

Location: Chicago, Illinois

Year: 2009

- **Use of Deadly Force in Self-Defense**

Presentation by: Marty Hayes, J.D.

Course Description: Mental and physical preparations required to employ deadly force in self-defense situations.

Sponsoring Entity: Armed Citizens' Legal Defense Network, LLC

Location: Minooka, Illinois

Year: 2009

- **The NESS L300™ Foot Drop System Certification***

Instructor: Lisa Trofatter, M.S., P.T.

Course Description: Evidenced-based diagnosis and treatment of knee disorders.

Sponsoring Entity: Career Improvement and Advancement Opportunities

Location: Aurora, Illinois

Year: 2009

- **Vaccine Update: Recent Data and Recommendations**

Course Description: Current updates in vaccination schedules for the pediatric and adult populations.

Sponsoring Entity: University of Virginia Health System

Location: Charlottesville, Virginia

Year: 2009

- **Defending a Self-Defense Shooting**

Presentation by: Marty Hayes, J.D. with Robert L. Zielke, J.D. and Royce Ferguson, J.D.

Course Description: Legal considerations for the use of a firearm in self-defense.

Sponsoring Entity: Armed Citizens' Legal Defense Network, LLC

Location: Minooka, Illinois

Year: 2009

- **Molecular Biology of Memory: A Dialogue between Genes and Synapses**

Course Description: Investigation of the biological role of neurochemistry in memory.

Sponsoring Entity: American Psychiatric Association

Location: Arlington, Virginia

Year: 2009

- **Neurotransmitters and Their Role in Health**

Course Description: The role of neurotransmitters in health.

Sponsoring Entity: Medical Education Collaborative

Location: Lakewood, Colorado

Year: 2008

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- **The Diagnosis & Treatment of Shoulder Disorders**

Instructor: Chadwick Prodromos, M.D.

Course Description: Evidenced-based diagnosis and treatment of shoulder disorders.

Sponsoring Entity: Illinois Chiropractic Society

Location: Glenview, Illinois

Year: 2008

- **MRI of the Shoulder and Knee**

Instructor: Douglas M. Gregerson, D.C., D.A.C.B.R.

Course Description: MRI examination and diagnosis of shoulder and knee disorders.

Sponsoring Entity: Illinois Chiropractic Society

Location: Naperville, Illinois

Year: 2008

- **MRI of the Spine**

Instructor: Douglas M. Gregerson, D.C., D.A.C.B.R.

Course Description: MRI examination and diagnosis of spinal disorders.

Sponsoring Entity: Illinois Chiropractic Society

Location: Naperville, Illinois

Year: 2008

- **Introduction to Manipulation Under Anesthesia and Pain Management**

Course Description: Introduction to manipulation under anesthesia patient selection, treatment protocols, post-treatment rehabilitation, and outcome assessment.

Sponsoring Entity: Logan College of Chiropractic

Location: Chicago, Illinois

Year: 2008

- **Neuro-circuitry of the Stress Response: Beyond the Hypothalamic-Pituitary-Adrenal Axis**

Course Description: Assessment tools for evaluating psychogenic pain patterns.

Sponsoring Entity: Medical Education Collaborative

Location: Lakewood, Colorado

Year: 2008

- **Cardio-metabolic Risk Factors: Hitting the Targets**

Course Description: Assessment of patients using current metabolic risk factor guidelines.

Sponsoring Entity: University of Virginia Health System

Location: Charlottesville, Virginia

Year: 2008

- **OCD: Improving Diagnosis, Maximizing Treatment**

Course Description: Assessment of OCD disorder and viable treatment therapies.

Sponsoring Entity: University of Virginia Health System

Location: Charlottesville, Virginia

Year: 2008

Curriculum Vitae of Dr. Jonathan A. Truhlar, D.C., N.M.D., C.N.S.

- **Managing the Link between Depression and Pain**

Course Description: Assessment tools for evaluating psychogenic pain patterns.

Sponsoring Entity: University of Virginia Health System

Location: Charlottesville, Virginia

Year: 2008

- **The Premenstrual Continuum: Improving Diagnosis and Treatment**

Course Description: Assessment tools for evaluating the impact of premenstrual symptoms on health status.

Sponsoring Entity: University of Virginia Health System

Location: Charlottesville, Virginia

Year: 2008

- **The Neuromechanical System**

Instructor: Christopher J. Colloca, D.C.

Course Description: The Neuromechanical System of Chiropractic instrument adjusting and functional spinal rehabilitation.

Sponsoring Entity: New York Chiropractic College

Location: Itasca, Illinois

Year: 2007

- **Spinal Decompression Therapy Certification***

Course Description: Protocols of patient selection and the application of lumbar spine decompression therapy.

Sponsoring Entity: SpineMED, Inc.

Location: Aurora, Illinois

Year: 2007

- **The Essentials of Nutritional Therapy**

Instructor: Jay Robbins, D.C.

Course Description: Evidenced-based clinical application of nutritional therapy.

Sponsoring Entity: Texas Chiropractic College

Location: Itasca, Illinois

Year: 2007

- **The Diagnosis & Treatment of Shoulder Disorders**

Instructor: Chadwick Prodromos, M.D.

Course Description: Evidenced-based diagnosis and treatment of shoulder disorders.

Sponsoring Entity: National University of Health Sciences

Location: Glenview, Illinois

Year: 2006

- **Interventional Pain Management**

Instructor: Mohammed Khan, M.D., F.R.C.S.

Course Description: Advanced techniques in interventional pain management.

Sponsoring Entity: Illinois Chiropractic Society

Location: St. Charles, Illinois

Year: 2006

Curriculum Vitae of Dr. Jonathan A. Truhlar, D.C., N.M.D., C.N.S.

- **Complementary and Alternative Medicine**

Course Description: Overview of the role of CAM in modern healthcare.

Sponsoring Entity: Cine-Med, Inc.

Location: Woodbury, Connecticut

Year: 2006

- **Focus on Back Pain**

Course Description: The prevalence of back pain and its effect on a patient's health status.

Sponsoring Entity: The Dannemiller Memorial Educational Foundation

Location: San Antonio, Texas

Year: 2005