

HEALTH INTAKE FORM

PATIENT DATA

TITLE: <input type="checkbox"/> MR. <input type="checkbox"/> MRS. <input type="checkbox"/> MS. <input type="checkbox"/> MISS <input type="checkbox"/> DR. <input type="checkbox"/> PROF. <input type="checkbox"/> REV. (CHECK ONE)							DATE:
FIRST NAME:				NICK NAME:			
LAST NAME:			MIDDLE NAME:			SUFFIX:	
ADDRESS LINE 1:							
ADDRESS LINE 2:							
CITY:			STATE:			ZIP CODE:	
HOME PHONE:				WORK PHONE:			
CELL PHONE:							
HOME EMAIL:				WORK EMAIL:			
Which Email address would you like us to use to communicate with you? (check one)							<input type="checkbox"/> Home <input type="checkbox"/> Work
CONTACT METHOD: (check one)							
<input type="checkbox"/> Home Phone		<input type="checkbox"/> Work Phone		<input type="checkbox"/> Cell Phone		<input type="checkbox"/> Home Email	<input type="checkbox"/> Work Email
DOB:	/	/	AGE:	SSN:			
GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Unspecified				MARITAL STATUS: <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Other			
RACE: (check one)							
<input type="checkbox"/> White /Caucasian		<input type="checkbox"/> Black /African American		<input type="checkbox"/> Hispanic			
<input type="checkbox"/> American Indian/Alaskan Native		<input type="checkbox"/> Asian		<input type="checkbox"/> Asian Indian			
<input type="checkbox"/> Chinese		<input type="checkbox"/> Filipino		<input type="checkbox"/> Japanese			
<input type="checkbox"/> Korean		<input type="checkbox"/> Vietnamese		<input type="checkbox"/> I choose not to specify			
<input type="checkbox"/> Samoan		<input type="checkbox"/> Guamanian or Chamorro		<input type="checkbox"/> Other _____			
<input type="checkbox"/> Native Hawaiian or other Pacific Island							
MULTI-RACIAL: (check one) <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown							
ETHNICITY: (check one) <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino <input type="checkbox"/> I choose not to specify							
PREFERRED LANGUAGE: (check one)							
<input type="checkbox"/> English		<input type="checkbox"/> Spanish		<input type="checkbox"/> Chinese			
<input type="checkbox"/> ASL (American Sign Language)		<input type="checkbox"/> French		<input type="checkbox"/> German		<input type="checkbox"/> Tagalog	
<input type="checkbox"/> Vietnamese		<input type="checkbox"/> Italian		<input type="checkbox"/> Korean		<input type="checkbox"/> Russian	
<input type="checkbox"/> Polish		<input type="checkbox"/> Arabic		<input type="checkbox"/> Portuguese		<input type="checkbox"/> Japanese	
<input type="checkbox"/> French Creole		<input type="checkbox"/> Greek		<input type="checkbox"/> Hindi		<input type="checkbox"/> Persian	
<input type="checkbox"/> Urdu		<input type="checkbox"/> Gujarati		<input type="checkbox"/> Armenian		<input type="checkbox"/> I choose not to specify	
VERIFICATION QUESTION: (choose only one question by circling the question, then give the answer to that question)							
<input type="checkbox"/> What is the name of your favorite pet?		<input type="checkbox"/> In what city were you born?		<input type="checkbox"/> What High School did you attend?			
<input type="checkbox"/> What is your mother's maiden name?		<input type="checkbox"/> What is your favorite movie?		<input type="checkbox"/> On what street did you grow up?			
<input type="checkbox"/> What was the make of your first car?		<input type="checkbox"/> When is your anniversary?		<input type="checkbox"/> What is your favorite color?			
Verification Answer to the Chosen question: _____							

Do you currently smoke tobacco of any kind? Yes No Former Smoker Never been a smoker

If yes, how often do you smoke: Current every day smoker Current Sometimes smoker

If yes, what is your level of interest in quitting smoking?

(No interest) 0 1 2 3 4 5 6 7 8 9 10 (very interested)

Current medications, including dosage if known. If there are no current medications, check here:

- 1) _____ 5) _____
2) _____ 6) _____
3) _____ 7) _____
4) _____ 8) _____

List any known allergies you have had to any medications. If no allergies known, check here:

- 1) _____ 3) _____
2) _____ 4) _____

Briefly list your main health problems: _____

Has any doctor diagnosed you with Hypertension presently? Yes No If yes, describe: _____

Has any doctor diagnosed you with Diabetes presently? Yes No If yes, what kind? Type I Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%? Yes No Not Sure

If yes, other comments regarding Diabetes: _____

Have you had an X-ray, CT Scan, or MRI of your low back spine in the past 28 days? Yes No



To be performed by clinic staff:

Height: _____ inches Weight: _____ pounds BP: _____ / _____



WHAT IS YOUR OCCUPATION:

IF YOU ARE NOT RETIRED, A HOMEMAKER OR A STUDENT, WHAT IS YOUR WORK STATUS?

FULL-TIME PART-TIME SELF EMPLOYED UNEMPLOYED OFF WORK OTHER

EMPLOYER NAME: _____ PHONE NUMBER: _____

CITY: _____ STATE: _____ ZIP: _____

IS IT OKAY TO CALL YOU AT WORK? YES NO

PRIMARY CARE PHYSICIAN SPOUSE DATA

PRIMARY CARE PHYSICIAN NAME: _____ IS YOUR SPOUSE A PATIENT IN THE CLINIC? YES NO

PRACTICE NAME: _____ FIRST NAME: _____ MI: _____

ADDRESS: _____ LAST NAME: _____

CITY: _____ STATE: _____ ZIP: _____ HOME PHONE: _____ WORK PHONE: _____

PHONE NUMBER: _____ DATE OF BIRTH: _____

EMERGENCY CONTACT

CONTACT NAME: _____ CONTACT PHONE: _____

RELATIONSHIP: _____

REFERRAL INFORMATION

HOW DID YOU HEAR ABOUT OUR CLINIC? OR WHO REFERRED YOU?

FAMILY MEMBER FRIEND PHYSICIAN EMPLOYER ATTORNEY BROCHURE

SIGN ON BUILDING INTERNET WEB SITE HEALTH CLASS OTHER

IF YOU SELECTED "FAMILY MEMBER, FRIEND, OR PHYSICIAN" PLEASE ENTER THEIR NAME:

IF YOU SELECTED "OTHER" PLEASE DESCRIBE:

BY USING THE KEY BELOW, INDICATE ON THE BODY DIAGRAM WHERE YOU ARE EXPERIENCING THE FOLLOWING SYMPTOMS:

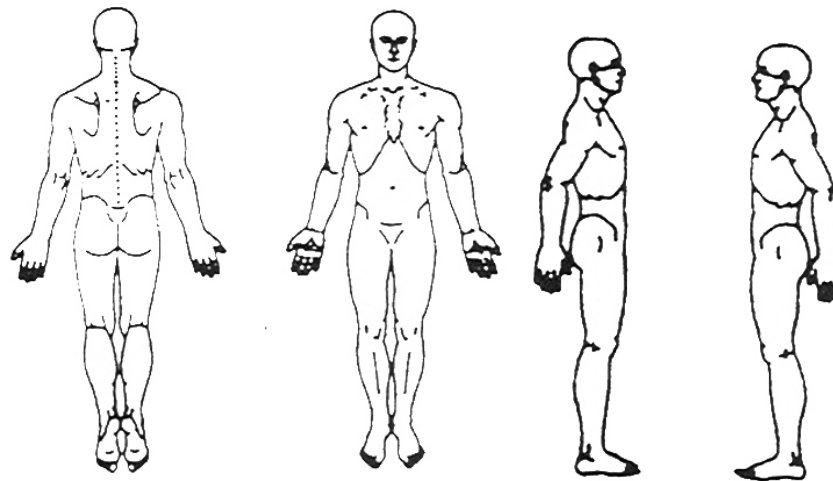
= NUMBNESS

X = BURNING

/ = STABBING

0 = PINS&NEEDLES

+ = DULL ACHE



INDICATE THE AVERAGE INTENSITY OF EACH OF YOUR SYMPTOMS:

0 1 2 3 4 5 6 7 8 9 10
NO PAIN UNBEARABLE

DESCRIBE YOUR SYMPTOMS: _____

WHEN DID YOUR SYMPTOMS START?

HOW DID YOUR SYMPTOMS BEGIN? (IF THERE WAS AN ACCIDENT, INJURY OR FALL, PLEASE DESCRIBE)

HOW OFTEN DO YOU EXPERIENCE YOUR SYMPTOMS?

- CONSTANTLY (76%-100% OF THE DAY) FREQUENTLY (51%-75% OF THE DAY)
 OCCASIONALLY (26%-50% OF THE DAY) INTERMITTENTLY (0%-25% OF THE DAY)

WHAT DESCRIBES THE NATURE OF YOUR SYMPTOMS

- DULL SHARP SHARP WITH MOVEMENT THROBBING BURNING
 DEEP ACHING TINGLING STABBING CRAMPING
 PINPRICK NUMBNESS RADIATING (WHERE)? _____

HOW ARE YOUR SYMPTOMS CHANGING?

- GETTING BETTER NOT CHANGING GETTING WORSE

ARE YOUR SYMPTOMS:

- THE SAME ALL THE TIME
 WORSE - IN THE MORNING BY MIDDAY AT THE END OF THE DAY AT NIGHT THROUGHOUT THE DAY AT NIGHT W/PAIN
 BETTER - IN THE MORNING BY MIDDAY AT THE END OF THE DAY AT NIGHT THROUGHOUT THE DAY AT NIGHT W/PAIN

WHAT ACTIVITIES AGGRAVATE YOUR SYMPTOMS?

HOUSEHOLD CHORES

- SITTING STANDING WALKING BENDING STOOPING LIFTING
 SNEEZING COUGHING STRAINING REACHING TWISTING SLEEPING
 LOOKING UP LOOKING DOWN MOVEMENT REST LYING SUPINE DRIVING
 TYPING SCOOPING EXERCISE STAIR STEPPING OTHER: _____

WHAT RELIEVES YOUR SYMPTOMS?

- SITTING STANDING LYING DOWN LEANING AGAINST A SUPPORT
 NO MOVEMENT OCCURS MOVEMENT OCCURS HEAT IS APPLIED ICE IS APPLIED
 REST OCCURS IBUPROFEN IS TAKEN MEDICATION IS USED ANALGESIC TOPICAL PAIN RELIEF GEL IS APPLIED
 STRETCHING/EXERCISE IS USED SPINAL ADJUSTMENTS OTHER: _____

SINCE YOUR COMPLAINT STARTED, HOW MUCH HAS PAIN INTERFERED WITH YOUR NORMAL WORK (INCLUDING BOTH WORK OUTSIDE THE HOME AND HOUSEWORK) :

- ALL THE TIME
 MOST OF THE TIME
 SOME OF THE TIME
 A LITTLE OF THE TIME
 NONE OF THE TIME

IN GENERAL, WOULD YOU SAY YOUR OVERALL HEALTH RIGHT NOW IS...

- EXCELLENT
 VERY GOOD
 GOOD
 FAIR
 POOR

HAVE YOU SEEN A CHIROPRACTOR IN THE PAST? (IF YES WHO ? AND THE DATE OF LAST VISIT) _____

WHO HAVE YOU SEEN FOR YOUR CURRENT COMPLAINT?

- NO ONE
 CHIROPRACTOR (LIST NAME(S) AND TREATMENT RECEIVED) _____
 MEDICAL DOCTOR (LIST NAME(S) AND TREATMENT RECEIVED) _____
 ORTHOPEDIC/NEUROSURGEON (LIST NAME(S) AND TREATMENT RECEIVED) _____
 PHYSICAL THERAPIST (LIST NAME(S) AND TREATMENT RECEIVED) _____
 OTHER (LIST NAME(S) AND TREATMENT RECEIVED) _____

WHAT TESTS HAVE YOU HAD FOR YOUR SYMPTOMS?

- NONE
 X-RAYS: WHEN? _____ CT SCAN: WHEN? _____
 MRI: WHEN? _____ OTHER: WHEN? _____

HAVE YOU HAD SIMILAR SYMPTOMS IN THE PAST? YES NO IF YES, WHEN?

IF YOU HAVE SOUGHT TREATMENT IN THE PAST FOR THE SAME OR SIMILAR SYMPTOMS, WHO DID YOU SEE?

- THIS OFFICE
 OTHER CHIROPRACTOR
 MEDICAL DOCTOR
 PHYSICAL THERAPIST
 OTHER: _____

IF YOU ARE EXPERIENCING HEADACHES, PLEASE FILL OUT THIS SECTION:

WHERE IS THE PAIN ASSOCIATED WITH YOUR HEADACHES LOCATED?	RIGHT SIDE	LEFT SIDE
SIDE OF HEAD		
BEHIND EYE		
FRONTAL		
BASE OF SKULL		
JAW JOINT		

ON WHAT DATE DID YOUR HEADACHES BEGIN?
 DATE: ____/____/____ SAME AS NECK/BACK COMPLAINTS

WHAT IS THE INTENSITY OF YOUR HEADACHES?
 1 2 3 4 5 6 7 8 9 10
 NO PAIN UNBEARABLE

WHAT DESCRIBES YOUR PAIN?
 DULL SHARP ACHING DEEP
 STABBING BURNING VICE-LIKE
 THROBBING/PULSATING OTHER _____

WHEN DO YOUR HEADACHES USUALLY START?
 WAKING IN THE MORNING DURING THE EVENING
 AT MID-DAY CONSTANT

WHAT SEEMS TO BRING ON YOUR HEADACHES?
 PHYSICAL ACTIVITY CAFFEINE CERTAIN FOODS
 EXCESSIVE STRESS ALCOHOL
 MENSTRUAL PERIOD OTHER _____

HOW OFTEN DO THEY OCCUR?
 _____ X/WEEK _____ X/MONTH

HOW LONG DO YOUR HEADACHES LAST?
 < 1 HR 1-3 HRS > 3 HRS ALL HRS
 SEVERAL HOURS OTHER

DO YOUR HEADACHES WAKE YOU? YES NO

DO THE FOLLOWING OCCUR WITH YOUR HEADACHES?
 NAUSEA/VOMITING WEAKNESS TREMOR
 LIGHT/SOUND SENSITIVE DIZZINESS VISION PROBLEM
 OTHER _____

WHAT MAKES YOUR HEADACHES BETTER?
 ICE/COLD PACKS REST LYING DOWN
 NSAIDS (ASPIRIN, TYLENOL) MASSAGE STANING
 NOTHING OTHER

MEDICAL CONDITIONS

<input type="checkbox"/> ARTHRITIS	<input type="checkbox"/> HYPERTENSION
<input type="checkbox"/> CANCER TYPE _____	<input type="checkbox"/> PSYCHIATRIC ILLNESS
<input type="checkbox"/> DIABETES	<input type="checkbox"/> SKIN DISORDER
<input type="checkbox"/> HEART DISEASE	<input type="checkbox"/> STROKE

SURGERIES

<input type="checkbox"/> APPENDECTOMY	<input type="checkbox"/> JOINT REPLACEMENT
<input type="checkbox"/> CARDIOVASCULAR PROCEDURE	<input type="checkbox"/> CERVICAL DISC PROCEDURE
<input type="checkbox"/> LAMINECTOMIES	<input type="checkbox"/> HYSTERECTOMY
<input type="checkbox"/> RADICAL PROSTATECTOMY	<input type="checkbox"/> TRANSURETHRAL PROSTATE
<input type="checkbox"/> OTHER (DESCRIBE): _____	

ALLERGIES

<input type="checkbox"/> EGGS	<input type="checkbox"/> SOY
<input type="checkbox"/> FISH AND SHELLFISH	<input type="checkbox"/> SULFITES
<input type="checkbox"/> MILK OR LACTOSE	<input type="checkbox"/> WHEAT/GLUTEN
<input type="checkbox"/> PEANUT	<input type="checkbox"/> OTHER: _____

SOCIAL HISTORY

<input type="checkbox"/> CAFFEINE USED OCCASIONALLY	<input type="checkbox"/> CAFFEINE USED OFTEN
<input type="checkbox"/> CHEW TOBACCO OCCASIONALLY	<input type="checkbox"/> CHEW TOBACCO OFTEN
<input type="checkbox"/> DRINK ALCOHOL OCCASIONALLY	<input type="checkbox"/> DRINK ALCOHOL OFTEN
<input type="checkbox"/> EXERCISE NOT AT ALL	<input type="checkbox"/> EXERCISE OCCASIONALLY
<input type="checkbox"/> EXERCISE OFTEN	<input type="checkbox"/> EXPERIENCE STRESS OCCASIONALLY
<input type="checkbox"/> EXPERIENCE STRESS OFTEN	<input type="checkbox"/> SMOKE 1 PACK OR LESS PER DAY
<input type="checkbox"/> SMOKE MORE THAN 1 PACK A DAY	<input type="checkbox"/> WEAR SEAT BELTS ALWAYS
<input type="checkbox"/> WEAR SEAT BELTS NEVER	<input type="checkbox"/> WEAR SEAT BELTS USUALLY

SUBSTANCE ABUSE

<input type="checkbox"/> ALCOHOL (PAST)	<input type="checkbox"/> ALCOHOL (PRESENT)
<input type="checkbox"/> AMPHETAMINES (PAST)	<input type="checkbox"/> AMPHETAMINES (PRESENT)
<input type="checkbox"/> BARBITUATES (PAST)	<input type="checkbox"/> BARBITUATES (PRESENT)
<input type="checkbox"/> COCAINE (PAST)	<input type="checkbox"/> COCAINE (PRESENT)
<input type="checkbox"/> CRYSTAL METH (PAST)	<input type="checkbox"/> CRYSTAL METH (PRESENT)
<input type="checkbox"/> HEROINE (PAST)	<input type="checkbox"/> HEROINE (PRESENT)
<input type="checkbox"/> MARIJUANA (PAST)	<input type="checkbox"/> MARIJUANA (PRESENT)

OCCUPATIONAL ACTIVITIES

<input type="checkbox"/> BUSINESS OWNER	<input type="checkbox"/> COMPUTER/ADMINISTRATIVE
<input type="checkbox"/> EXECUTIVE/LEGAL	<input type="checkbox"/> FOOD SERVICES
<input type="checkbox"/> HEALTHCARE/HOMESERVICE	<input type="checkbox"/> CONSTRUCTION/LABORER
<input type="checkbox"/> HOUSEHOLD	<input type="checkbox"/> OTHER: _____

RECREATIONAL ACTIVITIES

<input type="checkbox"/> BACKPACKING	<input type="checkbox"/> BOATING
<input type="checkbox"/> GOLF	<input type="checkbox"/> RUNNING
<input type="checkbox"/> SOCCER	<input type="checkbox"/> TENNIS
<input type="checkbox"/> WEIGHT LIFTING	<input type="checkbox"/> FOOTBALL
<input type="checkbox"/> BIKING	<input type="checkbox"/> SKIING
<input type="checkbox"/> RACKET BALL	<input type="checkbox"/> WALKING
<input type="checkbox"/> SWIMMING	<input type="checkbox"/> OTHER: _____

WOMEN ONLY

ARE YOU PREGNANT? NO YES DUE DATE: _____

IF PREGNANT IN PAST, WERE PREGNANCIES NORMAL? YES NO

ARE YOU SEEING AN OB-GYN REGULARLY? YES NO

OF BIRTHS _____ DATE OF LAST EXAM: _____

PHYSICIAN'S NAME & ADDRESS: _____

HAVE YOU EVER HAD A SERIOUS ACCIDENT/INJURY? YES NO (LIST, DATE, AND DESCRIBE)

ARE YOU CURRENTLY TAKING ANY VITAMINS, MINERALS, OR HERBS? YES NO (PLEASE LIST)

RELEASE OF INFORMATION

I _____ give permission to the staff at Ottawa Chiropractic Clinic, P.A. to share any information related to my care, account and services to the following people:

NAME: (LAST, FIRST, MI)		NAME: (LAST, FIRST, MI)			
RELATIONSHIP:		RELATIONSHIP:			
ADDRESS:		ADDRESS:			
CITY	STATE:	ZIP:	CITY:	STATE:	ZIP:
PHONE:		PHONE:			

AUTHORIZATION FOR CARE

I hereby authorize the Doctor to work with my condition through the use of adjustments to my spine, as he or she deems appropriate. I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I agree that I am responsible for all bills incurred at this office. The Doctor will not be held responsible for any pre-existing medically diagnosed conditions nor for any medical diagnosis. I also understand that if I suspend or terminate my care, any fees for professional services rendered me will become immediately due and payable.

I hereby authorize assignment of my insurance rights and benefits (if applicable) directly to the provider for services rendered. I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. I understand that the Doctor's Office will prepare any necessary reports and forms to assist me in collecting from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt.

Ownership of X-ray Films: *It is understood and agreed that the payments to the Doctor for X-rays is for examination of X-rays only. The X-ray negative will remain the property of the office. They are kept on file where they may be seen at any time while I am a patient at this office.*

TERMS OF ACCEPTANCE

When a patient seeks chiropractic care and we accept such a patient for care, it is essential for both to be working towards the same objective. Chiropractic has only one goal. It is only when the patient understand both the objective and the method that will be able to attain it. This will prevent any confusion or disappointment.

An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments to the spine.

Health is a state of optimal physical, mental, and social well being, not merely the absence of disease.

Vertebral Subluxation is a misalignment of one or more of the joints of the body. This can cause pain or alteration of nerve function and interference of the transmission of nerve impulses, lessening the body's innate ability to maintain maximal health.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxation.

I have read and fully understand the above statement. Any questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on this basis.

NOTICE OF PRIVACY POLICY

Protecting the privacy of your personal health information is important to us. Disclosure of your protected health information without authorization is strictly limited to defined situations that include emergency care, quality assurance activities, public health, research, and law enforcement activities. Any other disclosures for the purposes of treatment, payment or practice operations will be made only after obtaining your consent.

- You may request restrictions on your disclosures.
- You may inspect and receive copies of your records within 30 days with a request
- You may request to view changes to your records.
- In the future, we may contact you for appointment reminders, announcements and to inform you about our practice and its staff.

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPPA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow up with multiple healthcare providers who may be involved in that treatment directly or indirectly.
- Obtain payment from third party payers.
- Conduct normal healthcare operations such as quality assessments and physician's certifications

I have read and understand your Notice of Privacy Practices. A more complete description can be requested. I also understand that I can request, in writing, that you restrict how my personal information is used and or disclosed.

SIGNATURE:	DATE:
WITNESS SIGNATURE:	DATE:
GUARDIAN OR SPOUSE AUTHORIZING CARE SIGNATURE:	DATE:

WHO SHOULD RECEIVE BILLS FOR PAYMENT ON YOUR ACCOUNT?

PATIENT SPOUSE PARENT WORKERS COMP AUTO INSURANCE MEDICARE HEALTH INSURANCE