

## WELLNESS LECTURES

FREEly given by Dr. Mark LeMay, D.C.

Please check the boxes of the Health Issues you would like to have Dr. LeMay come and speak to your group on:

Cold & Flu
Digestion
Adrenals
Female Vitality
Blood Sugar Stabilization
Digestion, Immune, and Respiratory support
Heavy Metal Detox
Seasonal Allergies
3 Types of Glandulars
Tuna Omega 3
The Whole Food Difference
Whole Food Nutrition

Presentations are typically 20-30 minutes, and can be customized to fit your specific needs.

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