



# The Top Ten Reasons **not** to try Chiropractic

## 10) "I LIKE MY RIGHT SHOULDER HIGHER THAN MY LEFT."

You're not alone... take a look around you. It doesn't take a rocket scientist to notice how out-of-balance many people are. I know a good tailor that can cover it up though.

Chiropractic often restores balance to an unbalanced spine. An unbalanced spine compromises the nervous system and causes major health problems!

---

## 9) "THE TINGLING & NUMBNESS IN MY FINGERS IS ACTUALLY STARTING TO FEEL GOOD."

Good. Get used to it. It will only get worse. Maybe if you're lucky, you'll have surgery to correct it someday.

Chiropractic addresses misalignments in the neck that put pressure on the nerves to the arms and hands. By correcting these misalignments (the root of the problem), the numbness and tingling is relieved. You can wait, but it may be too late and surgery is inevitable.

---

## 8) "THESE HEADACHES I HAVE ARE NORMAL. THEY SAY SO ON THAT ASPIRIN AD ON TV".

Headaches are NOT normal, regardless of what the drug companies want you to believe.

Headaches are not normal. Research says 1-2 headaches per year is the "normal" amount. Headaches are often an indicator of a severe underlying spinal problem. Chiropractic has great results in treating headaches and preventing them.

---

## 7) "TELLING GIRLS THAT I GOT THIS LIMP IN THE WAR MAKES ME AN INSTANT HIT AT PARTIES."

Low back and neck pain may get you sympathy, but it is certainly no party.

Many limps are caused by misalignments in the spine. These misalignments cause damage to the surrounding muscles and nerves, which is painful. This pain often leads to limping. Chiropractic fixes the root of the problem and restores many patients back to health.

---

## 6) "A FRIEND OF A GUY AT WORK SAID HIS AUNT'S SISTER-IN-LAW'S OLDER BROTHER WAS HURT BY A CHIROPRACTOR."

Who are those obscure people, anyway? Chiropractic is beyond a doubt the safest of all the healing professions. It is documented and has the health care industry's lowest malpractice insurance problems to prove it.

Chiropractic care is so safe it is used on elderly as well as infants. Chiropractic is a licensed profession recognized in all 50 states. Most insurances encourage chiropractic because of its low cost and effectiveness.

---

**5) "MY NECK FEELS FINE. SO WHAT IF I CAN'T TURN MY HEAD TO THE LEFT... IT'LL GET BETTER."**

It may get better, but probably at the expense of something else. Chiropractic restores full motion.

Chiropractic care realigns the vertebrae in the spine. This allows muscles and nerves to relax and function properly. Not only does chiropractic restore full motion to the spine, it also relieves nervous system pressure and pain.

---

**4) "SURGERY MAKES MORE SENSE TO ME. I'VE ALREADY HAD MY GALL BLADDER CUT OUT, AND I'M SURE THE DOCTORS WOULDN'T REMOVE ANYTHING I REALLY NEED."**

I'd rather attempt to restore health to sick tissue than surgically remove it, but of course I'm one of those crazy people who changes the oil in his car BEFORE the engine blows up.

The brain and nervous system controls all functions in the body from muscle movement to regulation of the internal organs. The link between the brain and the nervous system is the spinal cord which runs through the spine. If the spine is out of alignment it can put pressure on the nerves and compromise function. Being adjusted, restores nervous system communication so all body parts work properly, even that gall bladder.

---

**3) "BACK SPASMS ARE A GREAT EXCUSE FOR WHY I MISSED THAT 3 FOOT PUTT."**

Muscle spasms are merely a symptom of a much larger underlying problem. A thorough examination is necessary to uncover the cause of the problem, then correct it.

Muscle spasms are usually caused by spinal misalignments and/or pressure on the nervous system. Both of these conditions are corrected by chiropractors.

---

**2) "IF I STOPPED USING ALL THESE DRUGS MY PRESCRIPTION CARD WOULD GO TO WASTE."**

Over medication is a growing problem in our country today. All drugs have side effects. Only you can decide if the risks are worth the benefits.

Most medications do not address the cause of the problem, but rather address the symptoms. These medications cover-up or relieve the symptoms, but are ineffective in fixing the problem. Chiropractic addresses the root of the problem and often is able to fix it. Without the problem, the symptoms disappear as well.

---

**NOW FOR THE NUMBER 1 REASON NOT TO TRY CHIROPRACTIC:**

**1) "THIS RINGING IN MY EARS DROWNS OUT MY MOTHER'S GUY LOMBARDO RECORDS."**

Many people have found relief from headaches, asthma, leg pain and a variety of other disorders the safe, natural way with Chiropractic. NATURE has already cured Guy Lombardo.

Call today for a health consultation with Dr. DiRubba to see how Modern Chiropractic can help you! 203-272-3239