

Your nervous system:

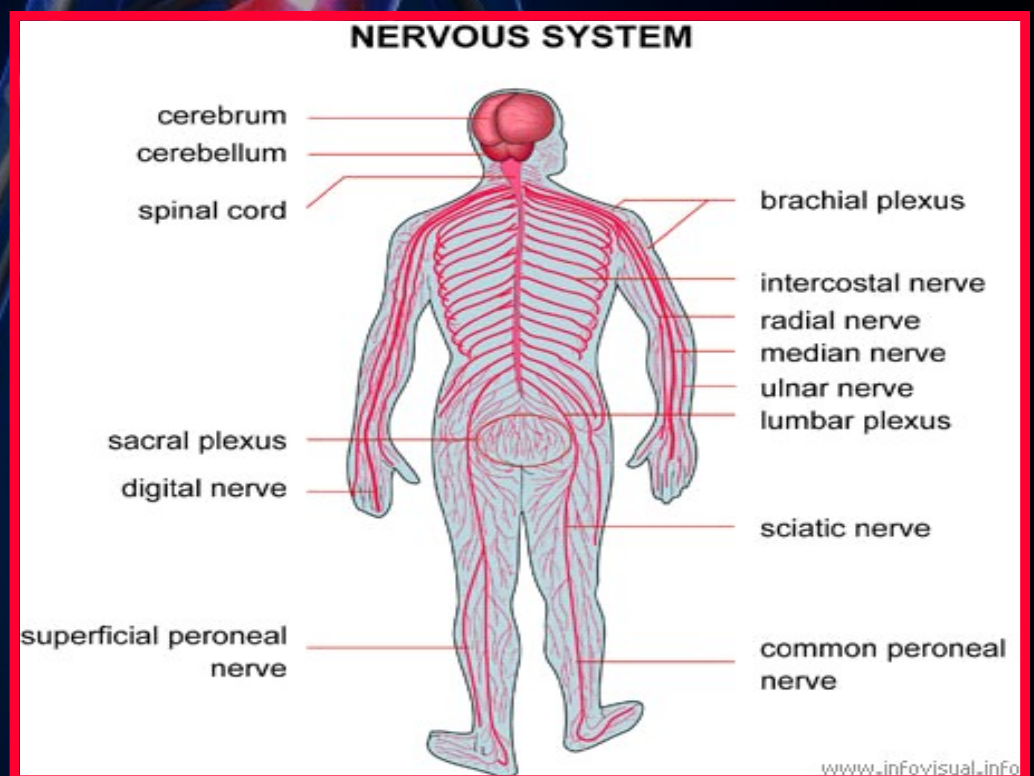
Your nervous system controls and co-ordinates every function in your body. Every cell, every organ, and every tissue is under the DIRECT control of your nervous system. You are made up of 70 billion cells, which are being constantly replaced. As old cells die off they are replaced with new ones, all of which is again under the DIRECT CONTROL of the nervous system.

Within two years your body will have replaced every single cell in your body with new ones!

What two types of cells are never regenerated, replicated or replaced?

1) brain cells

2) a woman's ovum



You only have one set of brain cells so you must take care of them which is why the effects of drugs (prescribed or not) can be devastating to one's health, as well as alcohol and serious trauma. Your nervous system is precious!

As for the ovum, you are born with all of your millions of eggs, and every month one is chosen to mature, so the lifestyle you lead and the choices you make and allow your daughters to make AT ALL TIMES can clearly affect your future generations.

How important is keeping your nervous system healthy? Of primal importance! It is the most direct route to inner health possible and can be the most devastating if not treated properly. It can lead to system wide failure and illness.

Do you just brush your teeth when they hurt?

Doesn't that sound ridiculous? Of course not, however many patients chose to only seek care when they are in pain which unfortunately makes no sense at all.

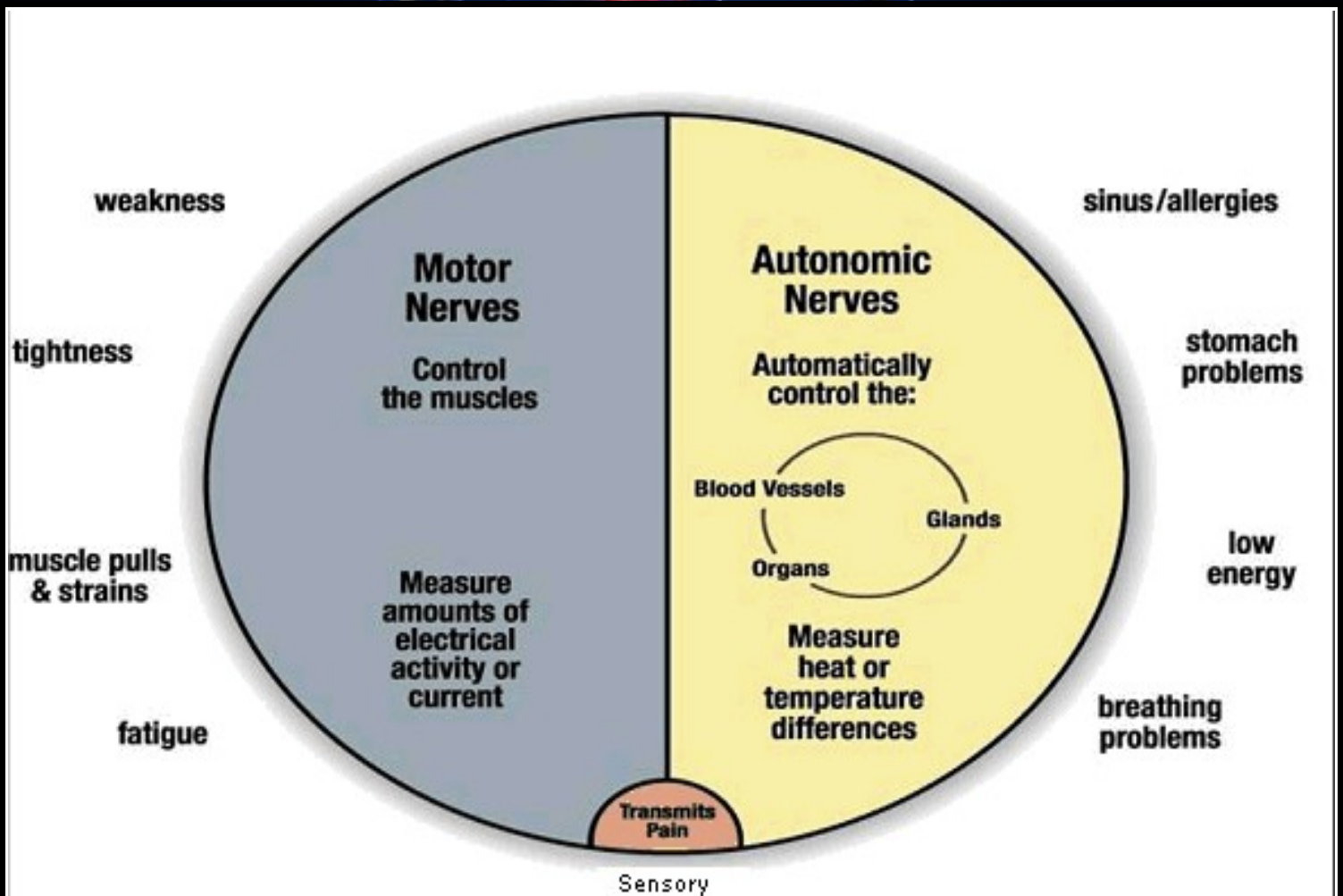
Consider the following chart

You can see that the nerves that perceive pain actually only make up 6% of your nervous system. The other 94% of your nervous system perceives NO PAIN AT ALL.

In reality the subconscious brain receives and coordinates 3 BILLION bits of information per second, while the conscious brain only receives 50 bits of information per second.

Protect your nervous system!

Make sure you keep your spine functioning at its optimal level, your nervous system will never replace itself, you only have one set for life!



Most of the nervous system controls the muscles, organs, glands and blood vessels - only a small portion transmits pain.