

Chiropractic Principles

Chiropractic is actually based on a sound philosophy of health and healing. It was invented in 1895 by Daniel David Palmer. At this time of medical infancy, blood was thought to be the cause of disease. Leeches were often used and pints of blood were being let out of people to “cure them” of their ailments. During this time DD palmer created Chiropractic, which was and still is a revolutionary concept of health and healing. It is this philosophy which actually makes it separate and distinct from medicine (Allopath) and other disciplines such as osteopathy.

Chiropractic has the belief that the body is greater than the sum of it's parts and that it is vitalistic and adaptive in nature. The body is run by its own innate intelligence that runs and flows directly through the nervous system. The primary purpose of chiropractic is actually to allow the body to HEAL itself, to allow the inner intelligence to do its work!

This is a very different approach than other disciplines, which seeks to control, manipulate or change the function of the body, and often ignore or try to override the body's own inner intelligence.

Of the principles involved in chiropractic I will discuss the most important with you,

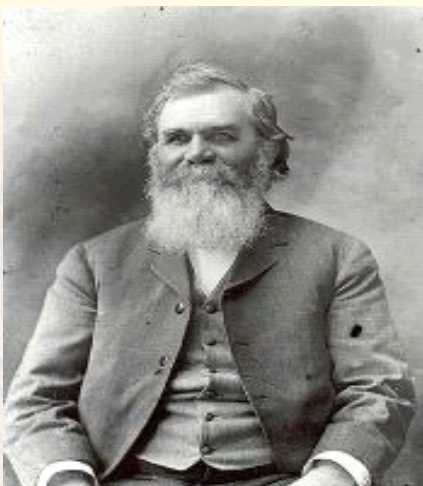
Firstly you have a health potential. This means that you were born to be healthy.

Second, all the functions of your body, including your health are directly run by your nervous system.

Third, disturbance in the nervous system lowers your health potential. In essence, nerve pressure shuts off or shuts down life to the tissue cells.

Fourth, take the pressure away from the nerve and watch the body heal itself. When we let life back into that nerve and tissue, life or nerve energy conducts the healing.

Lastly all healing takes time! Be patient and understand it's your own inner ability that is being put to the test, you will get better when you get better, it doesn't happen any other way, but know this you will be pain free because you are healthy, not because you're tricked or you have chemically induced the body to ignore its problems!



DD palmer

And his son

BJ palmer

