



# VA In Their Own Words

August 2nd, 2012

Dr. Moore, Staff and Patients,

My name is Emma and in June of 2011 I had a fall which resulted in 2 broken ankles. I don't remember exactly how it happened other than rocking back and forth on my feet to catch my balance. As I fell, I landed on my shoulder, back area, and must have jolted my neck. The pain was so bad I had passed out. However, I do remember holding my head up the best I could as my pain increased. Someone called for an ambulance and I was taken to hospital.

After x-rays were taken and read on my ankles, it was decided that I must be transported to Newmarket for surgery. I had plates, pins, screws and washers put into place. I was put on pain medication at this time.

Other than minimum therapy, I was laid up with complications for 5 months. I started walking with a boot cast and was experiencing pain in my neck, shoulder and arm area. Still on pain medication, I ended up being admitted into the hospital once again.

Finally, after CT scans and MRIs were ordered, the result was that I had pinched some nerves in my neck area. My arm was numb feeling at times due to this as well. I was scheduled to meet with a neck surgeon who would operate on me. However, the surgery had a high risk. They said I would have a 50-50 chance of never walking again. I was so upset, scared, and in very bad pain, that after discussing my situation with numerous people, I decided no surgery.

I was told by a friend of mine about this lady he knew who had problems with her neck and she had great success with Dr. Moore.

I called Dr. Moore's office to set up a meeting with him and we discussed my situation. I was crying and in so much pain, I was really getting down and depressed. Dr. Moore went into detail regarding what he could do for me and stated it would take time, but could help me. I asked when he could start and he said, "right away!"

Dr. Moore, along with Melissa, were super. They started me on neck decompressions. Everyday I had my aunt and my friend drive me to Aurora for my treatments. By the time Christmas came, my experience with this treatment was unbelievable and great feeling.

In January, I continued going to see Dr. Moore twice a week. There were days that were good and days that new pain was found because of my inability of moving for those months, but Dr. Moore told me its improving, be patient and give it time. Dr. Moore would give me suggestions on doing various exercises and movements and he was right, just time and patience and a doctor who has given me results to better my life.

In closing, I would like to thank you again Dr. Moore - for your care and words of wisdom will never be forgotten. Thank you so much.

Sincerely,

Emma Raedts