

## *Curriculum Vitae*

# **MARTIN J. SKOPP, DC, DACBSP**

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SkoppChiro.com

## **Employment**

Skopp Chiro, Sports & Health 1994 – present  
Private Practice

Locum Tenens 1993-94

Sterling Wellness & Sports Chiropractic 1992-93  
Associate doctor

## **Education**

Doctor of Chiropractic  
Los Angeles College of Chiropractic 1991

B.A. Psychology  
Binghamton University (SUNY) 1983

## **Post Doctoral Certifications**

International Chiropractic Sports Certificate  
Fédération Internationale de Chiropratique du Sport (FICS) 2019

Diplomate of the American Chiropractic Board of Sports Physicians  
American Chiropractic Board of Sports Physicians 2013

Internationally Certified Chiropractic Sports Physician  
Fédération Internationale de Chiropratique du Sport (FICS) 2013

## **Active Release Techniques (ART)**

Soft Tissue Treatment Certification 1993 – present

- Instructor 1997-2005
- Full body certification (upper extremity, spine, lower extremity)
- Biomechanics
- Nerve entrapments

- Masters touch
- Active Palpation/SFMA
- Complex Protocols

### Certified Chiropractic Sports Physician

American Chiropractic Board of Sports Physicians 1993

SASTM – Instrument Assisted Soft Tissue Certification 2006

### Licenses

State of California Chiropractic License #22168 1992 – present

District of Columbia Chiropractic License #CH20564 1993 – present

State of Maryland Chiropractic License #01588 1992 – present

Virginia Chiropractic License #0104001086 1992 – present

### Sports Medicine Event Experience

Philips 66 USA National Swimming Championships 2014  
National Capital Swim Team Sports Chiropractor

PVS 2014 Long Course Senior Championships 2014  
National Capital Swim Team Sports Chiropractor

.US National Road Racing Championships (USATF) 2013

- Sports Chiropractic Coordinator
- Medical Team

GYRIG Tony Snow 5K 2013

The Nation's Triathlon 2006 – 2013

- Athlete Services Treatment Team Coordinator 2009 – 2013  
Coordinate multidisciplinary post-race treatment and liaison with medical director/team
- Post Race Treatment Team Leader 2006, 2008

DC Triathlon Athlete Services Treatment Team Coordinator 2010, 2011

GW Parkway 10 Miler & 5K Director of ART Post-Race Treatment Team 2008 – 2010

<b>Pacers Running Festival</b>	2010
<b>World Woodrow Wilson Bridge Half Marathon</b> Treatment Team Leader	2010
<b>Nike Virtual Half Marathon</b>	2008
<b>National Marathon</b> ART Treatment Team Leader/Coordinator	2007- 2009
<b>Ironman Florida</b> Panama City Beach, FL	1999- 2005
<ul style="list-style-type: none"> <li>• Director of ART Ironman Treatment Team</li> <li>• Finish Line Captain</li> </ul>	2000-2005 2004-2005
<b>Columbia Triathlon</b> Director of sports chiropractic services	1996-2003
<b>FLIA Wrestling Freestyle World Cup</b> George Mason University, Fairfax, VA	2000
<b>USA Triathlon National Age Group Championships</b>	1997
Columbia, MD	
<b>Ironman World Triathlon Championship</b> Kailua-Kona, HI,	1992-1996
<ul style="list-style-type: none"> <li>• Chairman ACA-Sports Council Endurance Sports Symposium, 1996</li> <li>• Captain of treatment team, 1994-95</li> </ul>	
<b>U.S. National Aerobic Championship: Eastern Regional</b> Crystal City, VA	1996
<b>Danskin Women's Triathlon</b> Baltimore, MD	1996
<b>East Coast Invitational Track &amp; Field</b> Bethesda, MD	1996
<b>USA Beach Volleyball Olympic Trials</b> Baltimore, MD	1996
<b>Potomac Valley Association (USATF) Outdoor Track &amp; Field Championship</b> Bowie, MD	1993, 1995
<b>International Triathlon Union World Championship Series</b> Cancun, Mexico USA Medical Team Doctor	1995

Sports Focus Magazine Biathlon 1995

IE Volleyball Summer Series 1995  
Laurel, MD

Tour Dupont 1993-1994  
Richmond, VA, 1993-1994  
Lynchburg, 1993  
Coors Light Cycling Team, Chiropractor

Virginia AAU Karate Championship 1993  
Ashburn, VA

Park View H.S. Wrestling Tournament 1993

Northern Virginia Senior Olympics 1992  
Falls Church, VA

International Law Enforcement Olympics 1992  
Greater Washington, DC

East Coast Invitational Track & Field 1992  
Towson, MD

Ashburn Village Sports Pavilion 10K 1992

### **Performing Arts**

Olympic Hopeful Faces Her Biggest Challenge: Growing Up Treatment to athlete and crew 2016

Concert for Change Treatment to dancers and musicians, Alexandria, VA 2006

K2 - Arena Stage , Washington, DC Treatment to actors 2001

The Mother Road – PBS documentary film Treatment to crew & on-camera subjects 1995

## **Professional Affiliations**

American Chiropractic Association

ACA – Chiropractic Sports Council

Fédération Internationale de Chiropratique du Sport (FICS)

International Institute for Race Medicine

Tao of Healing

Virginia Chiropractic Association

## **Academic Presentations**

### **Abstract Presentation**

USOC Training Center, Colorado Springs, CO, 2013

“Presentation Of Osteochondral Defect Displacement In Knee”

### **Medical Issues for the Endurance Athlete Symposium**

“State of the ART Triathlon Treatment”, Columbia, MD, May 18, 2007

## **Invited Presentations**

### **Dental Hygienist Study Club**

“Preventing Dental Hygienist Decay” – Ergonomic workshop & lecture, 2014, 2019

### **Pacers Running**

Pacers Staff “Injury Basics, Know When to Refer”, 2013

Triathlon Training for Women, 2013

Beginner Women’s Running (BR&RB), “Running Injury Free”, (Feb, Aug) 2008 ,2011

Nations Triathlon Clinic, 2011

Pacers Running Series Lecture, “Preventing Leg Injuries”, Sept, 2008

### **Old Town Triathlon Club**

“Strengthening & Flexibility for Injury Prevention”, 2008, 2011, 2012 (Feb, Jun)

“Triathlon Performance Enhancement”, 2013

## **Awards & Honors**

### **Northern Virginia Magazine**

“Top Chiropractor” 2013

### **Washingtonian Magazine**

“Top Experts in Sports Medicine”, January 2010

### **Consumer Research Council of America**

Guide to America’s “Top Chiropractors”, 2006

### **Washingtonian Magazine**

“Top Sports Doctor”, October, 1995

## **Media**

**Medsum**, a physical medicine journal, contributing editor

**SportsFocus magazine** - Featured January 1994 & November 1995

**Inside Triathlon** magazine – cited, December 1995

**Irondocs** – Interviewed, consulted

A documentary about Ironman sports chiropractors, 1994