

New Patient Health History Form

In order to provide you the best possible wellness care, please complete this form and bring it to your first appointment. All information is strictly CONFIDENTIAL.

Date- / /

PATIENT NAME											
First Name- _____	Last Name- _____	DOB- / /									
CONTACT INFORMATION											
Address- _____		City- _____ State- _____ Zip- _____									
Home () _____	Work () _____	Cell () _____ Email- _____									
Preferred Contact-Home/Work/Cell/Email _____		Emergency Contact Name- _____ Phone-() _____									
PERSONAL INFORMATION											
Gender- M F Marital Status- Single/Married/Widowed/Divorced/Legally Separated											
Spouse Name- _____		Preferred Language- English/Spanish/Other _____									
Race- African American/Asian/Caucasian/Hispanic/Other- _____		Hispanic or Latino Ethnicity? Yes/No									
INSURANCE INFORMATION											
Name of Primary Insured- _____		DOB- / / SSN- _____									
Phone Number- () _____		Relationship to Patient- _____									
Employer Name- _____		Work Phone- () _____									
Work Address- _____		City- _____ State- _____ Zip- _____									
Insurance Company Name- _____		Phone- () _____									
Group Number- _____		Employer Number- _____ Deductible Met? Y / N									
Do you have additional insurance (secondary)? Y / N If yes, please complete the following.											
Insurance Company Name- _____		Phone- () _____									
Group Number- _____		ID Number- _____ Deductible Met? Y / N									
SIGNATURES											
Name of the Insured- _____											
I understand and agree that health/accident insurance policies are an arrangement between an insurance carrier and myself. I understand and agree that all services rendered to me and charged are my personal responsibility for timely payment. I understand that if I suspend or terminate my care/treatment, any fees for professional services rendered to me will be immediately due and payable											
Patient's Signature- _____		Date- _____									
Spouse or Guardian Signature- _____		Date- _____									
REASON FOR VISIT											
In your own words, please answer the following questions.											
What is your reason for visiting us today? _____											
When did your symptoms start? _____											
What were you doing when they started? _____											
Does any movement or position make you feel BETTER? _____											
Does any movement or position make you feel WORSE? _____											
Can you put what you're feeling into words? (sharp, stabbing, aching, etc.) _____											
Does the feeling radiate to any other areas? Where? _____											
Are your symptoms worse at any point in the day? (morning, evening, middle of night, etc.) _____											
Have you ever experienced symptoms like this before? When? _____											
Have you noticed any OTHER symptoms that seem to be related? _____											
Please use the following scale to rate your symptom 0-10. 0 being no pain at all and 10 being the worst pain you can imagine.											
What are your symptoms RIGHT NOW?	0	1	2	3	4	5	6	7	8	9	10
What are your symptoms AT THEIR WORST?	0	1	2	3	4	5	6	7	8	9	10
What are your symptoms AT THEIR BEST?	0	1	2	3	4	5	6	7	8	9	10

MEDICAL HISTORY

Medications:

Name	Dosage (mg?)	Frequency	Duration (how long?)	Known Side Effects?

Major Traumas:

Type (check all that apply)	Date of Injury	Description including short-term and long-term effects
Car Accident <input type="radio"/>		
Broken Bones <input type="radio"/>		
Struck Unconscious <input type="radio"/>		
Sprains/Strains <input type="radio"/>		
Other: _____ <input type="radio"/>		
Other: _____ <input type="radio"/>		

Surgeries:

Date	Type of Surgery	Results of Surgery (fully recovered/continued symptoms?)

Hospitalizations:

Date	City	Hospital	Reason

Major Illness:

Date	Illness	Results of Illness (fully recovered/continued symptoms?)

Allergies:

Type	Reaction	Date of last episode

Medical History Continued

Recent Testing:

Date	Type (X-Ray,CT,MRI,Labs,etc.)	Reason	Results	Testing Location

Family History:

Relationship	Age	Medical Condition(s)	Deceased?	Cause of Death
Father				
Mother				

Social History:

Lives With- Parents/Spouse/Alone **Smoking Status-** Never Smoked/Former Smoker/Current Smoker _____ cigarettes/day

Alcohol- None/Casual/Moderate/Heavy **Caffeine-** _____ drinks/day **Recreational Drugs-** None/Casual/Addict

_____ drinks/day or week **Exercise-** Never/Daily/Weekly **Type of Exercise-** Walk/Run/Swim/Gym/Other

Occupational History:

Employment Status- Employed/Unemployed/Retired/Student **Employer or School Name-** _____

Employment History			
Company Name	Start Date	End Date	Description of Duties

ADDITIONAL INFORMATION

Have you ever suffered from: (check all that apply)

- | | | | | |
|---|---|---|---|--|
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Constipation | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Thyroid Condition |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Cramps | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Depression | <input type="checkbox"/> Hot Flashes | <input type="checkbox"/> Polio | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Irregular Heart Beat | <input type="checkbox"/> Poor Posture | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Digestion Problem | <input type="checkbox"/> Irregular Cycle | <input type="checkbox"/> Prostate Trouble | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Kidney Infection | <input type="checkbox"/> Sciatica | <input type="checkbox"/> OSTEOPOROSIS |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Ears Ringing | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Scoliosis | <input type="checkbox"/> RHEUMATOID ARTHRITIS |
| <input type="checkbox"/> Breast Lump | <input type="checkbox"/> Excessive Menstruation | <input type="checkbox"/> Loss of Memory | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> ABDOMINAL AORTIC ANEURYSM |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Excessive Thirst | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Sinus Infection | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Bruise Easily | <input type="checkbox"/> Eye Pain/Problem | <input type="checkbox"/> Loss of Smell | <input type="checkbox"/> Sleep Trouble/Insomnia | |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Loss of Taste | <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Neck Pain/Stiffness | <input type="checkbox"/> Swelling of Ankles | |
| <input type="checkbox"/> Cold Arms/Legs | <input type="checkbox"/> Headaches | <input type="checkbox"/> Nervousness | <input type="checkbox"/> Swollen Joints | |