



## Our commitment to you during the COVID—19 Outbreak

As all of us work to limit the spread and impact of COVID-19 on our community, we want you to know that your health and safety are our priority.

We are carefully listening to the guidance being provided by local and national leaders and health authorities to keep our patients, staff, and community safe and healthy, while minimizing disruptions to the chiropractic care you and your family need.

We will remain open to serve the needs of you and your family during this time. However, we will be taking advanced precautions to keep our environment safe for patients and staff and we ask for you to become more informed about COVID-19.

These are the protocols in place for cleaning and sanitizing our offices to prevent the spread of bacteria, germs & viruses.

**After each patient leaves an adjusting room:**

**1) Your face paper is changed on the head rest of the adjusting tables.**

**2) The head and arm rests are wiped down with a Safetec SaniZide Plus® Germicidal Solution\* spray.**

*\*The front desk has information on this product.*

**3) A UV-C light is waved over the areas people touch. This technology is laboratory-proven to eliminate up to 99% of germs, viruses and other micro-organisms including MRSA and H1N1 in just seconds.**

**4) Other surfaces at the front desk and check in area are also wiped down and disinfected with our spray and a UVC light.**

***Here are some precautions you can take:***

- 1. Use good hygiene practices to prevent the spread of COVID-19, other respiratory diseases and viruses.*
- 2. Stay home if you are sick, and advise others to do the same.*
- 3. Always cover coughs or sneezes with a tissue or sleeve.*
- 4. Avoid close contact with people who are sick.*
- 5. Avoid touching your eyes, nose and mouth with unwashed hands.*
- 6. Wash your hands often with soap and warm water for at least 20 seconds. Use an alcohol-based hand sanitizer with at least 60% alcohol if soap and warm water are not available.*
- 7. Clean and disinfect frequently touched objects and surfaces.*

**As always we are committed to helping you live in good health and wellness!!**