



Pray Chiropractic's Ringgold Office

Pray Chiropractic combines high tech chiropractic care with caring customer service to provide the pain relief you want and need.

The Pray Chiropractic Difference.

As soon as you walk in the office you can feel the difference. You first notice the warm, professional ambiance of the office, then the welcoming feeling of being greeted by a smiling chiropractic assistant at the front desk. A friendly staff member offers you a cup of fresh coffee or a cold bottle of water. It's only 7 AM in the morning and you don't have an appointment, but no worries, because walk-ins are always welcome. You are quickly taken back for a gentle, pain relieving adjustment by one of our experienced doctors and it's time to relax with a soothing therapy or spinal decompression treatment by our highly trained staff. You are now

on your way, feeling great and ready to take on your day. It's no wonder satisfied patients have voted Pray Chiropractic Chattanooga's and North Georgia's "Best of the Best" Chiropractic office nine years in a row in the annual Chattanooga Times-Free Press contest.

Best of the Best

Established by Dr. Charles G. Pray in 1995, Pray Chiropractic has become a recognized leader in the expanding natural healthcare field. People travel many miles to receive expert care at Pray Chiropractic. Always on the cutting edge, in 2005, we became the first chiropractic office in the nation to offer direct digital x-rays, providing higher image quality, lower radiation doses, and improved diagnostics. Pray opened the 5,000-square-foot

state of the art facility on Battlefield Parkway in 2010 to better serve the demands of its growing patient base. Through world-class chiropractic care and an unmatched commitment to patient satisfaction, Pray Chiropractic encourages your body's optimal function. Pray doctors have successfully treated tens of thousands of patients in the North Georgia area over the past 23 years.

Experienced Chiropractors

Originally from New Hampshire, Dr. Charles G. Pray moved to Georgia to attend Life University in 1993 to become a chiropractor. Since then, Dr. Pray has successfully completed millions of adjustments with extensive experience treating headaches, neck, back, and joint pain, as well as post-



Dr. Jason McRae, originally from Michigan, graduated from Logan College of Chiropractic in St. Louis, Missouri in 1997. He practiced in Grand Rapids, Michigan and Augusta, Georgia before joining the team at Pray Chiropractic in 2016. Dr. McRae is highly experienced in many chiropractic techniques and he is dedicated to helping his patients find the cause of their health problems, prevent recurrences and achieve a higher level of physical health.



at providing pain relief, sometimes immediate relief, with a variety of conditions such as carpal tunnel, shoulder, knee, and foot pain.

Convenience is King

Pray Chiropractic has convenient hours to accommodate even the busiest of schedules. On weekdays, the Ringgold office offers early morning appointments starting at **7AM** and late-night appointments until **7:30PM**. Too busy get in during the week? Not a problem, Pray Chiropractic is open every Saturday morning until noon. Have pain that can't wait? Again not a problem, as walk-ins are always welcome. You can always stay informed as to happenings at Pray Chiropractic from the digital sign outside the office, Pray's website www.praychiro.com, Instagram, or Facebook.

Pray Chiropractic – 5721 Battlefield Parkway, Ringgold, GA – 706-935-7729

surgical conditions. Dr. Pray is known for his hands-on, painless adjustments that allow his patients to get out of pain fast and stay pain-free. He's grateful to have a career that has such a direct and positive impact on so many people's lives.

Dr. Nick J. Nicholson joined Team Pray in 2011 and he has over 30 years of providing quality chiropractic care to all ages. He is an expert in the evaluation and treatment of various pain syndromes, disc injuries, and sports injuries. After graduating from Life University in 1983, Dr. Nicholson



He speaks regularly at schools and businesses on health, wellness, and safety topics. Dr. McRae and his wife, Jennifer, have three children, John, Caleb, and Luke

State of the Art Care

Always on the cutting edge, Pray Chiropractic was the first chiropractic office in the country to offer digital x-rays in 2005. The Ringgold location not only offers the latest digital x-ray system onsite, but also computerized spinal decompression therapy for the entire spine. According to Haley Horne, the Case Manager at Pray Chiropractic, decompression therapy has been so effective at treating neck, back, and leg pain from disc conditions that the Ringgold location has had to add its sixth table to accommodate the demand. Pray Chiropractic recently introduced a new 15-watt Deep Tissue Laser (DTL) that has been amazing



had several successful chiropractic offices and he also co-hosted a weekly, one hour TV health talk show in Jesup, GA. He enjoys seeing his patients return to full function so they can once again enjoy life. Dr. Nicholson also enjoys outdoor activities such as hunting, fishing, and spending time with his wife and three children.

