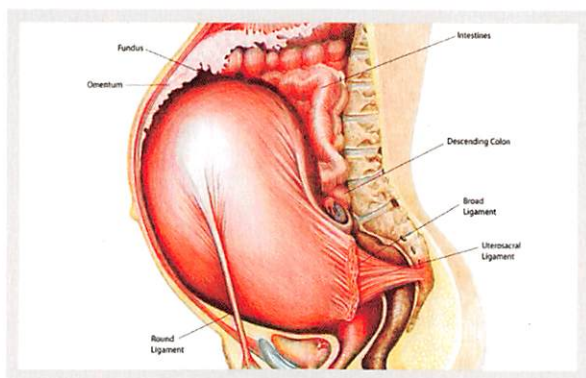


THE WEBSTER TECHNIQUE

A Specific Chiropractic Analysis & Adjustment



"The Webster Technique has a high proportion of success (82%) in relieving the musculoskeletal causes of intrauterine constraint."

-JMPT. 2002 Jul-Aug;25(6):E1-9

Reduces Interference to the nerve system

Balances pelvic bones, muscles
and ligaments

Reduces torsion of the woman's uterus
(the cause of intrauterine constraint) and,
therefore, allows the baby to get into the
best possible position for birth



Dr Anne-Marie Campbell DiNardo
DC, CACCP, Webster certified

Dr. Erin Riley
DC, Webster certified

**1745 Old Spring House Ln, Suite #410
Dunwoody, GA 30338**

Prenatal Chiropractic

For Healthier Pregnancies & Safer Births

Gentle, specific adjustments during pregnancy not only help to keep your ever changing structure in good alignment, but they also help to create an *optimal environment for the baby* to grow and develop in!

BENEFITS DURING PREGNANCY:

- Prepares body for easier pregnancy and safer delivery
- Reduces labor and delivery time
- Relieves sciatica, back, neck and joint pain
- Decreases potential for interventions
- Decreases nausea and heartburn
- Relief from symphysis pubis dysfunction (SPD) and diastasis symphysis pubis (DSP)
- Optimizes fetal position

BENEFITS POST DELIVERY

- Reduced recovery time
- Increased milk letdown

BENEFITS FOR BABY:

- Improves latch and digestion
- Prevents ear infections
- Decreases colic and reflux
- Better sleep = better sleep for mom
- Boosts immune system



**Compass
Family Chiropractic™**

Leading you to better health!

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