

# Oak Creek Relief & Wellness Informed Consent

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic X-rays, on me (or on the patient named below, for who I am legally responsible) by the Doctor of Chiropractic employed by the clinic named below and/or other licensed Doctors of Chiropractic now or in the future treat me while employed by, working or associated with or serving as a backup for the clinics named below, including those working at the clinic or office listed below or any other office or clinic.

**The Nature of Chiropractic Treatment:** The doctor will use his/her hands or a mechanical device in order to move your joints. You may feel a “click” or “pop,” such as the noise when a knuckle is “cracked,” and you may feel movement of the joint. Various ancillary procedures, such as cold packs, mechanical traction, manual traction, or dry hydrotherapy may also be used.

**Possible Risks:** As with any health care procedure, complications are possible following a chiropractic manipulation. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to the intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation or minor complications.

**Probability of Risk Occurring:** The risks of complications due to chiropractic treatment have been described as “rare,” about as often as complications are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury or stroke, has been estimated at one in one million to one in twenty million, and can be even further reduced by screening procedures. The probability of adverse reaction due to ancillary procedures is also considered “rare.”

**Other Treatment Options, Which Could Be Considered, May Include the Following:**

- *Over the counter analgesics.* The risks of these medications include irritation to stomach, liver, and kidneys, and other side effects in a significant number of cases.
- *Medical care,* typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.
- *Hospitalization* in conjunction with medical care adds risk of exposure to virulent communicable disease in a significant number of cases.
- *Surgery* in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an extended convalescent period in a significant number of cases.

**Risks of Remaining Untreated:** Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. The probability that delay of treatment will complicate the condition and make future rehabilitation more difficult is very high.

**The Nature of Nutritional Treatment:** The evaluation is in no way meant to diagnosis any medical problem. Any nutritional suggestions made to you are not in any way to be considered prescriptions for any medical problem or health concern. Nutritional recommendations are made solely for the purpose of supporting the physiological and biochemical processes of the human body. You are under no obligation to follow any nutritional program or recommendations and any information you receive is strictly for educational purposes only.

I understand and am informed as to the nature and purpose of the procedures, possible alternatives, the risks involved, the possible consequences, and the possibility of complications have been explained to me by a Doctor(s) of Chiropractic employed at the clinic. I do not expect the Doctor(s) of Chiropractic employed at the clinic to be able to anticipate and explain all the risks and complications, and wish to rely on the Doctor(s) to exercise judgment during the course of the procedure which the Doctor(s) feels at the time, based upon the facts then known, is in my best interests.

I have read, or have had read to me, the explanation above of chiropractic treatment. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment and hereby give my full consent to treatment.

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Patient Name Printed

\_\_\_\_\_  
Personal Representative Name Printed

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Personal Representative Signature

\_\_\_\_\_  
Date

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Personal Representative's Relationship to Patient