

# Top 10 Chiropractic Facts

presented by the **FLORIDA CHIROPRACTIC association** • INC

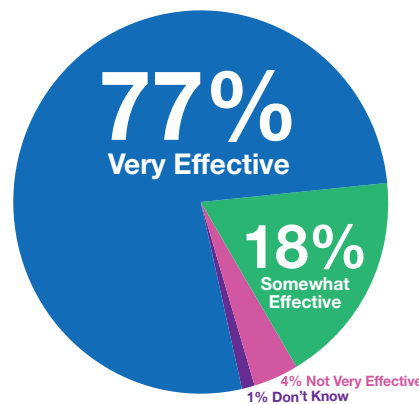
## 1 Chiropractic keeps gaining POPULARITY

An estimated 35.5 million Americans, 14% of all U.S. adults, went to visit a chiropractor this past year. Up slightly from 33.6 million in last year's survey, it shows that Americans continue to embrace chiropractic as a safe alternative to other more costly and invasive treatments.<sup>1</sup>



## 2 Chiropractic care is EFFECTIVE

Of patients who have visited a chiropractor in the past year, 95% say it's effective.<sup>2</sup>



## 4 PRO ATHLETES rely on chiropractic



Chiropractic physicians are used by all 32 professional football teams and 28 professional baseball teams.<sup>4</sup>

## 3 Chiropractic care COSTS LESS

**40%**  
lower overall cost

20-40% lower overall episode costs of care when low back pain treatment is initiated with a chiropractor as compared to care initiated with a medical doctor.<sup>3</sup>

## 5 Chiropractic can REDUCE MEDICARE COSTS

**\$83.5**  
million in savings

Researchers have estimated that chiropractic care may reduce the number of Medicare patient visits to primary care medical physicians for back and neck pain, resulting in annual savings of \$83.5 million.<sup>5</sup>

## 7 Chiropractic WORKS

Prescribed medications vs. spinal manipulations for low back pain:<sup>7</sup>



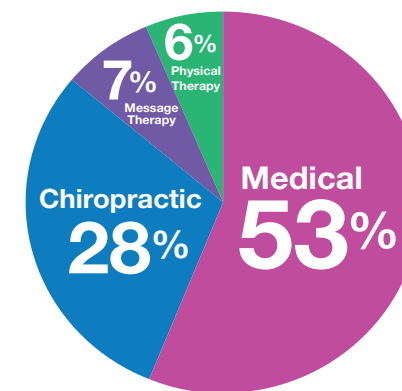
of medical care recipients had a 30% reduction in low back pain week 4.



of manual-thrust manipulation recipients had a 30% reduction in low back pain week 4.

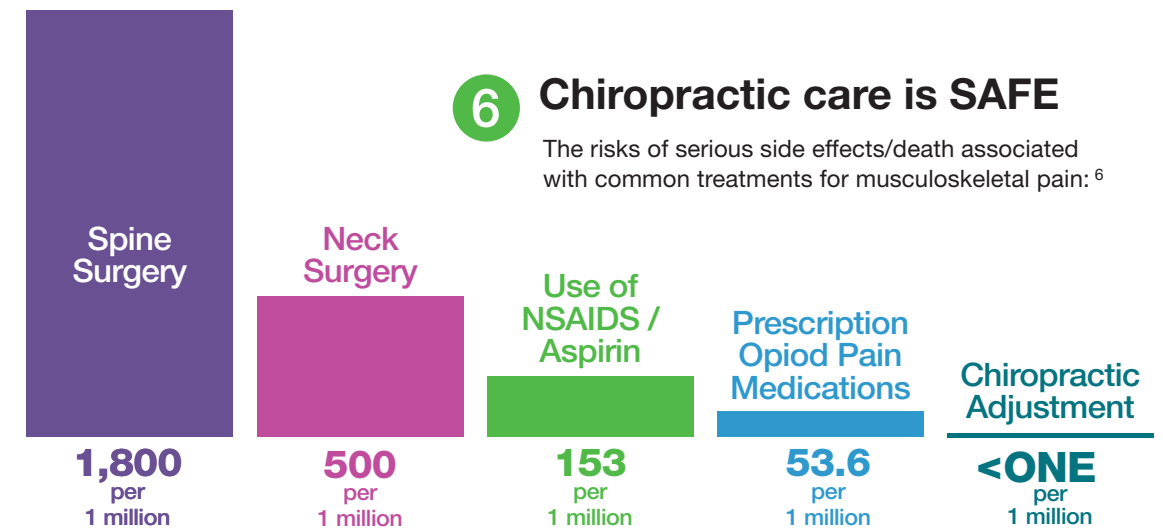
## 9 Chiropractic ranks among TOP CHOICES

When asked who they would visit first for back and neck pain, over a quarter of Americans chose chiropractic.<sup>9</sup>



## 6 Chiropractic care is SAFE

The risks of serious side effects/death associated with common treatments for musculoskeletal pain:<sup>6</sup>



## 8 Chiropractic physicians are REAL DOCTORS

### Degree Requirements Comparison<sup>8</sup>



Medical Doctor **4,800** total educational hours



Doctor of Osteopathy **4,665** total educational hours



Doctor of Chiropractic **4,620** total educational hours



Doctor of Physical Therapy **3,870** total educational hours

## 10 Chiropractors can SAVE YOU MONEY

In the U.S., there are at least 200,000 microdiscectomies performed annually at a cost of:<sup>10</sup>

**\$25,000**  
vs.  
**\$2,100**

Total cost of chiropractic treatment for a similar patient.

**References:** 1. 2. 6. 9. 2016 Gallup-Palmer College of Chiropractic Annual Report: Americans' Perceptions of Chiropractic (10/16). 3. Lilledahl RL, Finch MD, Axene DV, et al. J Manipulative Physiol Ther 2010;33:640-643. 4. Professional Baseball Chiropractic Society (PBCS) www.probaseballchiros.com & Professional Football Chiropractic Society (PFCS) www.profootballchiros.com. 5. Davis et al (2015) The Journal of the American Board of Family Medicine. 7. Schneider M, et al Comparison of Spinal Manipulation Methods and Usual Medical Care for Acute and Subacute Low Back Pain. Spine. 2015. Vol 40. No. 4 pp 209-217 8. ProHeathsys.com (2014) 10. McMorland, G., Suter, E., Casha, S., duPlessis, S.J., Hurlbert, R.J. Manipulation or Microdiscectomy for Sciatica? A Prospective Randomized Clinical Study. Journal of Manipulative and Physiological Therapeutics. 2010 (Oct.); 33 (8): 576-584.