



1169 Walker Road, Dover DE, 19904

(302) 736-1223

## New Patient Form

Welcome to our practice! Please thoroughly complete all questions. Thank you.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Full Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email (For Appointment Reminders): \_\_\_\_\_

Birthday: \_\_\_\_\_ Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Gender: \_\_\_\_\_

How did you hear about our office?:

Referral by: \_\_\_\_\_ Website/Google \_\_\_\_\_ Attorney \_\_\_\_\_ Physician \_\_\_\_\_

Heather's Holistic Health \_\_\_\_\_ Internal Staff \_\_\_\_\_ Social Media \_\_\_\_\_ Other: \_\_\_\_\_

Hobbies or Interests: \_\_\_\_\_

Employer Name: \_\_\_\_\_ Occupation: \_\_\_\_\_



General Practitioner Name: \_\_\_\_\_

Specialists under care with: \_\_\_\_\_

When was the last time you saw a Chiropractor? \_\_\_\_\_

Who did you see? \_\_\_\_\_

Health Reasons for consulting our office (Please list according to severity):

1. \_\_\_\_\_ Rate of Severity (On scale of 1 to 10): \_\_\_\_\_

2. \_\_\_\_\_ \_\_\_\_\_

3. \_\_\_\_\_ \_\_\_\_\_

Have you had similar problems before? \_\_\_\_\_ How long? \_\_\_\_\_

Any relatives with the same issue(s)? \_\_\_\_\_ Who? \_\_\_\_\_



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Is this the result of an auto accident or work injury? \_\_\_\_\_ When did this injury occur? \_\_\_\_\_

Other Doctors who have treated this problem: \_\_\_\_\_

List any previous surgeries: \_\_\_\_\_

Please check the health concerns you are experiencing:

Dizziness	Throat Issues	Stomach Disorders	Knee Pain	Hip Pain	TMJ
Leg Pain	Headaches	Thyroid Issues	Kidney Problems	Shoulder Pain	Arm Pain
Arm Numbness	Vertigo	Mid-Back Pain	Low-Back Pain	Fibromyalgia	Sciatica
Migraines	Ear Infections	Infertility	Chronic Fatigue	Neck Pain	Disc Problems
Nausea	Hand Numbness	Feet Numbness	Leg Numbness	Chest Pain	Scoliosis
Other: _____					

Medications you are currently taking: \_\_\_\_\_

Is there any chance that you are pregnant?: \_\_\_\_\_

Please check the health conditions you have or had in the past:

Diabetes	Heart Disease	Thyroid Problems	Kidney Problems	Asthma	HIV/AIDS
Stroke	Cancer	High Blood Pressure	Prostate Disorder	Seizure Disorder	Hepatitis A/B/C

Do you have health insurance?: \_\_\_\_\_ Who is your provider?: \_\_\_\_\_

The above information is true and accurate to the best of my knowledge. My reason for consultation with the Doctor is for evaluation of my physical health and the potential for improvement.

Patient or Guardian Signature: \_\_\_\_\_

I understand that checking this box constitutes a legal signature confirming that I acknowledge and agree to the above Terms of Acceptance.



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## HIPPA NOTICE OF PRIVACY PRACTICES

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AS WELL AS HOW YOU CAN HAVE ACCESS TO THIS INFORMATION. PLEASE REVIEW THIS CAREFULLY.**

This notice of privacy describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment, or health care operations (TPO) for other purposes that are permitted or required by law. "Protected Health Information" is information about you, including demographic information that may identify you and that is related to your past, present, or future physical or mental health or condition and related services.

**Use and Disclosures of Protected Health Information:** Your PHI may be used and disclosed by your physician, our staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, to support the operations of the physician's practice, and other uses required by law.

**Treatment:** We will use and disclose your PHI to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, your health care information may be provided to a physician whom you have been referred to. This is to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your PHI will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for advanced imaging may require that your relevant PHI be disclosed to the health plan to obtain approval for the service.

**Healthcare Operations:** We may disclose, as needed, your PHI in order to support the business activities of your physicians practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, marketing/fund raising activities, and conduction or arranging for patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you about your appointment.

We may use or disclose your PHI in the following situations without your authorization. The situations include as require by law/ required uses and disclosures under law, public health issues. communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors and organ donation. We must make disclosures to you when required by the Secretary of the Department of Health and Human Services to investigate or determined our compliance with the requirements of Section 164.500.

**OTHER PERMITTED AND REQUIRED USES AND DISCLOSURES WILL BE MADE ONLY WITH YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT UNLESS REQUIRED BY LAW.**

You may revoke this authorization at any time, in writing, except to the extent that your physician or physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

**Signature of Patient or Representative:** \_\_\_\_\_

**Date:** \_\_\_\_\_



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## PATIENT INFORMED CONSENT

**Congratulations on choosing Chiropractic Health Care. This clinic believes it is the safest, most natural health care delivery system in the world today.**

All health care professionals (anesthesiologist, chiropractors, dentists, medical doctors, osteopaths, pharmacists, surgeons, etc.) are regulated by laws and boards. These health care professionals are required to give you, the patient, advanced notice of any health care risks. It is reasonable to expect any doctor to foresee all risks and/or complications. Informed consent information regarding any risks such as: paraplegia, quadriplegia, brain damage, stroke, disc injury, or disfiguring scars associated with physical care, drugs, surgery and/or treatment is an undesirable result, but it does not necessarily indicate an error in clinical judgement. No guarantee of cure has been made to you, the patient of this clinic. Your care may involve the making of recommendations based upon the facts known to the doctor at this time. Chiropractic care does not use drugs or surgery, and does not diagnose internal and/or medical conditions.

For your information, the following is furnished to all patients who request and/or accept chiropractic care in this clinic. Again, chiropractic care does not use drugs or surgery, and does not diagnose internal, or medical conditions. This clinic, staffed with graduated Chiropractors who are licensed and recognized by government agencies regulating all the aforementioned healing arts.

Chiropractic is the science that concerns itself with the relationship between the brain, central nervous system, spine, and the function of the body. Any alteration of this relationship can cause the biomechanical and neurophysiologic dynamics of the contiguous, spinal and paraspinal structures to be disturbed. This can cause neuronal disturbances in the form of Vertebral Subluxation Complex (VSC) with its physical components, its chemical components, which can then interrupt the body's inherent recuperative powers.

The practice of chiropractic can include exams and diagnostic testing. In some cases, the utilization of specialized instrumentation, lab tests, radiological exams, nutritional and/or physical therapy, and rehabilitation procedures, etc. There is a special procedure that is unique to chiropractic: the chiropractic adjustment (chiropractic manipulative theory - CMT). Adjustments are made by Chiropractors to correct and/or reduce and/or stabilize the nerve interference caused by VSC and its component parts. There are over 200 different adjusting techniques, some use specialized equipment. Adjustments are usually performed by hand, but may be performed by hand-guided instruments. A CMT is the application of a quick, specific, precise movement over a very short distance to a specific segmental contact point, usually on the vertebra to reduce or stabilize the VSC and its component parts.

You should understand the benefits of chiropractic health care, but you also need to be aware of some of the limited inherent risks. These occur seldom enough to contraindicate care, but should be considered in your informed decision to receive chiropractic care. All health care procedures have some risks. With CMT's, these may include musculoskeletal sprain/strain, disc injuries, dislocations, fractures, neurological deficits, Horner's Syndrome, Vertebral Artery Syndrome (VAS), Stroke, etc. The chances of this occurring have been generally estimated by experts to be approximately 1 per 250,000 treatments. Appropriate tests will be performed to identify if you may be susceptible to these risks, and you will be notified in that case. If you have any questions about these issues, please do not hesitate to speak with your Doctor of Chiropractic.

I have read (or have had read to me) the above information. I wish to rely on the Doctor's judgement during my course of care, based on the facts they know. I have also had the opportunity to ask questions regarding the above information and possible consequences and risks. By signing below, I now agree to have the chiropractic care procedures recommended and performed. I have no questions, and I acknowledge no guarantee of cure has been made to me concerning results, care and treatment.

**Patient Name (Printed):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Patient or Guardian Signature:** \_\_\_\_\_

Once you have completed these forms, please print and bring with you to your next appointment, thank you!