

## **Mixed Berries and Mint with Berry Shrub**

**A Great Dessert without Sugar!**  
**Adapted from Saveur Magazine July 10 2013**



### **Ingredients**

6 cups mixed berries, such as Blueberries, Blackberries, Raspberries, and Strawberries.  
3 ounces Agave syrup.  
1 tablespoon Lemon juice (1/2 Lemon).  
Pinch of Kosher salt.  
2 tablespoons Raspberry vinegar  
1/4 cup torn Mint leaves.

### **Instructions**

In a medium bowl, mash 2 cups berries with the syrup, lemon juice, and salt; let sit for one and a half hours. I used a potato masher. Strain with mesh sieve pressing the juice into a clean bowl. I used a metal colander. Get as much liquid as possible.

Stir in vinegar and drizzle over the remaining berries in a serving bowl.

Toss with mint and serve immediately.

Brian McGuckin