

PERQUE

Liva Guard Forté



SUPPLEMENT FACTS

Serving size: 1 Softgel

Energized Nutrients	Amount per serving	% Daily Value
Selenium (as l-selenomethionine)	50 mcg.	100
Zinc (as citrate)	5 mg.	41
Vitamin E (as mixed natural tocopherols)	110 I.U.	1,100
Vitamin D3 (Cholecalciferol)	5000 I.U.	1,250
Silymarin (silybin beta milk thistle)	100 mg.	*
Lycopene	85 mg.	*
L-Carnitine Fumarate	50 mg.	*
Coenzyme Q10 (micellized ubiquinone)	100 mg.	*
Mixed natural carotenoids (dunaliella)	11.2 mg	*
Alpha carotene	2,250 mcg.	*
Beta carotene	10,000 I.U. = 7.4 mg.	*
Lutein	250 mcg.	*
Zeaxanthin	450 mcg.	*
Cryptoxanthin	550 mcg.	*
Vegetable glycerin	165 mg.	*
Medium Chain Triglycerides (raw palm oil)	500 mg.	*
Kosher gelatin	250 mg.	*
Yellow Beeswax	70 mg.	*
PC 35 (phosphatidyl choline & other phosphatides)	70 mg.	*
Annatto	9 mg.	*

Other Ingredients: None

Why PERQUE Liva Guard Forté

PERQUE Liva Guard Forté is truly unique. It's formulated to protect the liver, one of the body's most vital organs, from an increasingly toxic world with a proprietary combination of liver protective and supportive natural products. Your liver detoxifies the body of chemicals, medications, supplemental hormones, "bad" fats, alcohol and caffeine. A properly functioning, healthy liver can prevent everything from fatigue and chronic allergies to pressure headaches, skin problems, and hangovers.

Supports

- Liver protection against damage from toxins or infections
- Detoxification of toxic chemicals, pesticides, and/or heavy metals found in polluted work, school, home or community environments
- Detoxification of internal and external toxins that are 1,000-10,000 times higher than historical averages
- Liver protection against alcohol and/or drug use
- Liver defense against diets high in fat or sugars that turn into 'belly' fat and fatty livers
- Improvement of fatigue otherwise unexplained

Super Charged Delivery System

PERQUE Liva Guard Forté is formulated for enhanced uptake with alkalinizing medium chain triglycerides and phosphatides that increase overall liver protection. **PERQUE's** micellized soft gel technology is designed with the highest purity, pharma grade ingredients making all features of the supplement 100% bioavailable. This is why one **PERQUE** Liva Guard Forté soft gel is equal to two original **PERQUE** Liva Guard capsules. Bioavailability from competitor products ranges from 5-20%. **PERQUE's** novel, all active, enhanced uptake and bioavailability system sets a new standard for the supplement industry.

Silymarin (Silybin Beta Rich Milk Thistle)

Certain plants provide powerful support for the liver. One of the most well-known herbal extracts is milk thistle. More than 200 studies and reports on milk thistle involving over 5,000 patients have been published. Research shows that certain compounds in milk thistle help protect the liver from the damage of alcohol and hepatitis. Silybins and polyphenolics, key compounds in milk thistle, demonstrate powerful antioxidant activity. They effectively neutralize destructive free radicals before they can harm healthy cells. Silymarin has also been shown to increase levels of glutathione—an important antioxidant—by as much as 50%. **PERQUE** ensures, as with all herbal extracts that it uses the purest forms available.

Additional 100% All-Active Ingredient Features

- Six natural carotenoids, including lycopene, each with a distinct benefit for the liver.
- 100 mg of the purest Coenzyme Q10 available for electron transportation in biological tissues and potent antioxidant support that reduces oxidative stress.
- Formulated with the preferred form of CoQ10 known as ubiquinone. To get around the ubiquinone uptake challenge we micellized our formula in medium chain triglycerides, reducing the ubiquinone into tiny droplets that cells can easily take up.
- Carnitine fumarate for improved cell energy and fat metabolism. This is especially helpful for removing toxins lodged in fat cells.
- Vitamin D3 for enhanced liver protection. Recent research has indicated its value in managing liver disease conditions like hepatitis.
- Mixed natural forms of vitamins E (tocopherols) for ample antioxidant protection the liver needs. Studies have shown that vitamins E can be extremely helpful in reducing inflammation and reversing liver cell damage as in 'fatty liver disease'.
- L-selenomethionine-the natural, non-toxic and organic form of selenium which boosts the antioxidant power of the formulation.
- Vegetarian, hypoallergenic formula with a kosher gelatin soft gel casing.
- Excludes all contaminants, such as fillers, artificial colors, binders, and excipients.

Suggested Dose

Thanks to a micellized soft gel and a new synergistic formula that improves uptake of active ingredients, one **PERQUE** Liva Guard Forté soft gel equals two original **PERQUE** Live Guard capsules. Take 1 softgel a day or as recommended by a healthcare professional.

Scientific Proof

1. Valenzuela A, Aspilaga M, et al: Selectivity of silymarin on the increase of the glutathione content in different tissues of the rat. *Planta Med* 1989; 55: 42.
2. Saller R, Meier R, Brignoli R. The use of silymarin in the treatment of liver diseases. *Drugs* 2001; 61(14): 2035-63.
3. Pradhan SC, Girish C. Hepatoprotective herbal drug, silymarin from experimental pharmacology to clinical medicine. *Indian J Med Res* 2006 Nov; 124(5): 491-504.
4. Agarwal R, Agarwal C, Ichikawa H, Singh RP, Aggarwal BB. Anticancer potential of silymarin: from bench to bed side. *Anticancer Res* 2006 Nov-Dec; 26(6B): 4457-98.
5. Chiu C, Taylor A. Nutritional antioxidants and age-related cataract and maculopathy. *Exp Eye Res* 2007 Feb; 84(2): 229-45.



The **PERQUE** guarantee

Like every other **PERQUE** product, Liva Guard Forté comes with a 100%, unconditional, money-back guarantee—the strongest guarantee in the natural health industry.

This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- Full label disclosure is provided for all **PERQUE** products—no hidden ingredients.
- Every **PERQUE** product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, sulfate, yeast, soy, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- 100% vegetarian formula.
- Unique post-production assays and clinical bioassays assure product integrity.

Your quality assurance

Every **PERQUE** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.

