



Natural Solutions That Work

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THYROID TESTING

**TAKING THE MYSTERY OUT OF OPTIMUM
THYROID HORMONE LEVELS**

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THYROID HEALTH

Repairing the Thyroid

The thyroid makes hormone using proteins and iodine. Almost all of us are low in iodine living in North America. Low iodine can cause a low functioning thyroid. It can cause the thyroid gland to overwork leading to enlargement called Goiter. Low iodine can cause a hyper thyroid and breast tenderness.

The immune system can attack the Thyroid gland leading to an inflammatory condition called Thyroiditis or Hashimoto's disease. The sac that the thyroid is covered in is no longer protecting the gland and the immune system is attacking the thyroid

SOLUTIONS

Run the right tests to find out why the thyroid is not functioning properly.

We use all natural supplements that can repair the thyroid sac.

We want the iodine levels adequate so the thyroid can work properly.

Natural thyroid glandular when needed.

The goal is to identify a healthy thyroid from one that needs support. A person who needs support now has the right tests to determine the nutritional support and or referral.

OPTIMUM THYROID HORMONE LEVELS

It turns out, there are three values for a proper functioning thyroid. The regional hospital system has a reference range for what they consider the proper thyroid hormone levels. Then the Endocrinologists have a range and the Federal Government hospitals have their own range. Who do you believe?

It comes down to you the patient and how you feel. In respect to thyroid function the Federal Government values deliver the best relief from low thyroid symptoms. We use these values.

Tired, losing hair, constipated, cold, can't losing weight to can't gain weight are all low thyroid symptoms.

There are three tests for basic thyroid function.

The pituitary gland signaling the thyroid to work. This is the Thyroid Stimulating Hormone.

The thyroid produces four hormones. No one is certain of the function of Hormone 1 and 2. What we test is the third and fourth hormone.

Over 95% of the Thyroid hormones are bound up on a storage protein called the Thyroid Hormone Binding Globulin. What is available to the cells for stimulation are what is called the Free form. This is the hormone that is free to be picked up by cells in the blood stream. We need to know the Free T 3 and T4.