



Natural Solutions That Work
DR. BRIAN MCGUCKIN

BONE & JOINT HEALTH TESTING

Measuring Cell Energy for New Bone Growth

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Running the Right Tests will help you keep and Improve Your Bone Density

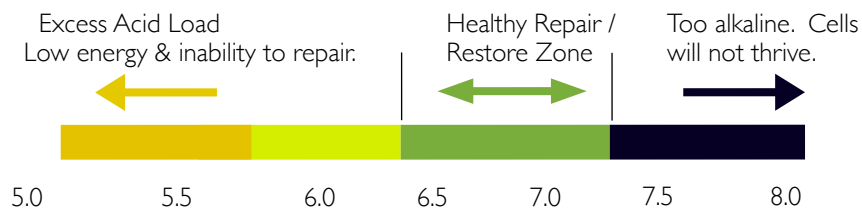
Vitamin D signals the bone cells to keep calcium in them. It tells the cells they are connected to each other and this supports healthy bone.

Magnesium is kept in bone at a 1:2 ratio with calcium. For every two calcium molecules there is one magnesium. If magnesium is low the calcium will leave the bone.

Magnesium requires an energy molecule to be absorbed. If we are acidic we will not have enough cell energy to absorb magnesium adequately.

Stress loads on the adrenals will lower available magnesium.

Low hormone levels will lead to stresses and reduce new bone cell formation.




First Morning's Urine pH determines cell energy.

VITAMIN D keeps minerals in the bone when at the optimum 50 to 80 range on testing.

Magnesium keeps calcium in the bone.

Diagnos-Techs Testing

- **Bone Health Panel**
 - Pylinks-D
 - First morning urine
 - Estradiol
 - Progesterone
 - Testosterone
 - DHEA
 - Cortisol (AM and PM)
 - First morning/fasting
 - Bedtime/midnight
 - FSH



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