

Emily's Choc Mint Slice

INGREDIENTS

- **BASE**
 - 1 cup Almond Meal
 - 1/2 cup desiccated coconut
 - 1/4 cup Cacao Powder
 - 1/3 – 1/2 cup Coconut oil
 - 1tsp peppermint extract
 - 2 Tbsp Agave Nectar (or honey)
- **MINT LAYER**
 - 1 cup desiccated coconut
 - 1/3 cup coconut oil
 - 2 Tbsp Agave Nectar
 - 2 tsp peppermint extract
 - 1 handful of spinach



METHOD

1. Process all base ingredients in a food processor until comes together.
2. In a lined slice tin, press down mixture firmly.
3. Place in freezer 20 mins.
4. Process all mint layer ingredients and pour on top of set base layer, pressing down.
5. Freeze again for 10 mins.
6. Once set, cut into 16 slices