



February 19, 2018

To Whom It May Concern:

This is to confirm that I have advised the bearer of this letter to take the day off on February 19, 2018 for the sake of their health.

Dr. John Zielonka



Voted Ottawa's Best 2011, 2012, 2013, 2014, 2015, 2016, 2017

www.excellenceinhealth.com www.ottawawellnesscentre.com

www.drjohnzielonka.com

Dr. John Zielonka World Exchange Plaza, 111 Albert St., Suite R115,

Ottawa, ON K1P 1A5 (613) 688-1036

- Founder of the Ottawa Chiropractic & Natural Health Centre and the Ottawa Wellness Centre
- Director of Health and Wellness Canada
- Director of Functional Medicine & Cellular Healing
- Member of the American Academy of Functional Medicine
- Member of the American Academy of Anti-Aging Medicine
- Founder of National Health Day in Canada
- Doctor of Chiropractic
- Bachelor of Science (Chem)
- Fellowship in Nutritional Supplementation and Anti-Aging
- Past Director Rehabilitation Services and chief doctor Ottawa Sport Science Centre
- Certified Chiropractic Rehabilitation Doctor
- Certified Active Release Technique (ART) Provider (Univ. of San Diego Medical School)
- Certified Occupational Health Consultant
- Certified Canadian Institute Of Biomechanics (Custom Made Orthotics)
- Certified Biotonix BioPrint Evaluation Centre
- Author of 6 books including "The Science of Vitamins Meets Optimum Health & Common Sense"
- Speaker/Lecturer
- Advanced Nutritional and Detoxification Consultant
- Originator of the Human Performance Lecture Series
- Originator of the Ultimate Golf Alignment Program
- Past Vice President Eastern Ontario Chiropractic Society
- Member of:
 - Canadian Chiropractic Association
 - Ontario Chiropractic Association
 - Canadian Memorial Chiropractic College
 - CCPA
 - Eastern Ontario Chiropractic Society
 - SWIS (Society of Weight Training Injury Specialists)
 - Governor's Club