



Performance CHIROPRACTICSM

Connecting You to Your True PotentialSM

Welcome to Our Office!

Welcome!

Choosing a doctor is a major decision, and we want you to know that you are valued as a person. You can expect to be welcomed with a friendly smile, and listened to. Welcome to our extended family.

Comprehensive History & Consultation

The doctor will discuss why you decided to seek care here, and your goals. If you are in pain or have a symptom, we'll discuss it; and we'll also discuss what you'd like to achieve here. We believe that a thorough history guides diagnosis; in fact, many doctors believe that a proper history is 90% of an accurate diagnosis.

Examination

A thorough examination helps us figure out what's wrong, and how to help. Many people feel nervous about having a doctor perform tests which they do not understand, so ask questions. In addition to your physical exam, your doctor will review other doctors' reports if relevant; or order new tests such as x-ray, lab work, or MRI/CAT scan as appropriate.

Report of Findings

The Report of Findings ("ROF") is designed to answer your questions and to outline the plan. Make sure you understand: 1. What's the problem? 2. What's the cause(s)? 3. How can chiropractic and/or acupuncture help – and how long will it take? If you have questions that you don't feel we've addressed, ask them!

Treatment

Your treatment plan is designed to help you reach your goals. Whether your goal is controlling pain, reaching athletic goals, or connecting to your true potential, we'll spend each and every visit focusing on helping you improve. Your specific needs and response to care guide the plan in the short term, and the long-term.

Though pain is a main reason people start care, our treatment plans go beyond a "band-aid" approach. We'll help you with acute pain; but from Day One, we'll work towards healing & keeping you healthy. You deserve to connect to your true potential.

Your health is something that can only flourish when you are a part of your own health-care team; for this reason, the doctor often shares recommendations for work, home, the playing field, etc. If you have questions about how you can get better, faster, ask. We want you to get (& stay) healthy, & to tell friends and family about the excellent care you receive here.



How Long Will This Take?

This depends on your goals, and on the severity and duration of your injuries. If your goal is only to get out of acute pain, and your injury is minor and relatively new, then helping you out of pain should only take a few visits; however, health is more than the absence of pain. It often takes time for symptoms to arise (your dentist will tell you that cavities never hurt the day they start), and time for your body to heal and rebalance. Our average case takes weeks to make lasting changes, and it's not uncommon for a long-term problem or severe injury to require months of care for correction. We'll evaluate your care, typically every 2-4 weeks, to determine how you're progressing.

How Much Will this Cost?

Nobody likes an unexpected bill, so please review our fee schedule (posted on the wall at the front desk), and feel free to request receipts. Though the front desk staff cannot predict what the doctor will recommend for you, they can tell you **average costs for visits: Around \$199 for the first visit, and around \$75 for future visits, if your insurance does not cover any of the costs.**

Our financial policies are designed to make your care affordable. We have flexible financial options for our uninsured or underinsured patients – just ask. If you have insurance, we will file it for you. If you have questions about your bill, our billing company (“CMC”) does a great job. Call them, toll-free, at 1.866.671.0136.

I'm Feeling Better!

Congratulations! Patients often feel better after a few treatments – but don't pick the fruit before it's fully ripe. Patients who start feeling better often forget to do rehab exercises, slip back into old patterns, and sometimes relapse. Symptom relief is just the beginning of the road to wellness. How good can you get? Let's find out!

Wellness Care

We have a healthy family of patients who come to us every month (typically every 3-4 weeks) for Wellness Care (some call it a “tune-up”). Join the family! Start thinking about Wellness Care now, on Day One. There's no time like the present to begin moving towards a healthy future. Bonus: Being healthy saves you money and aggravation, and studies show that regular chiropractic care decreases reliance on drugs and surgery, while improving independence and quality of life.

Thank you for the opportunity to serve.

