



Helping You Live Better

Newsletter - April 2020

Letter from *Dr. Brown*

To: All Patients of Excel Family Chiropractic

Hello everyone!

I hope this finds you healthy, number one, and number two, hopeful that the current COVID situation will soon pass! I love old Sherlock Holmes movies. In one of those movies, Sherlock Holmes's housekeeper made the statement, "Things we can't cure, we must endure". I think that sums up our present situation...enduring, until the experts figure out a "cure".



I am sure you have been watching the news everyday as I have. I am very concerned about the growing numbers of active COVID cases. The positive cases for our country went up another 1,000 in just the past 2 days. Walworth County has 14 confirmed cases as of today and climbing every day. The counties just to the east, west and north of us are climbing as well. I agree with President Trump and Governor Evers in following the Safer at Home guidelines and social distancing.

In response, this office initially announced closing from March 23 to April 3, 2020. With the most recent announcement by President Trump made March 31, 2020, regarding the "next 2 weeks could be tough" and many more active cases are predicted, I made the hard decision to extend that date to April 25th, planning to re-open on Monday, April 27th.

We have been keeping a list of patients whose appointments were cancelled during these dates and you will be the first we call to reschedule!

It saddens all of us to have to do this. Chiropractic is our life! We know the power in the adjustment to relieve pain, restore function, improve digestion, get better sleep, boost immunity and a million other benefits! During this time of COVID-19 however, we think it better to follow the Safer at Home guidelines and not be part of the possibility of spreading.

Please note I am taking emergencies. If you have a new injury or something going on that is acute with a pain scale of 8, 9 or 10, please call our emergency line. I can meet you at the office. We have had a staff member here almost every day for a few hours for anyone needing supplements or other supplies. We advise you might want to call us first to make sure we have what it is you need.

Stay well. If you've been given any exercises to do for your condition, this is a great time to be doing those! If you would like any new exercises, leave us a private message on Facebook or voicemail on our phone. I can respond to your email.

'Til next time,



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