Fortitude Valley DENTIST

John Flutter Dental

Professionals' Courses by Dr John Flutter

2019 Course Schedule	
09 - 10 FEBRUARY 2019	Postural Correction & Breathing Retraining
22 - 24 MARCH 2019	Myobrace Therapy, Diagnosis & Treatment Planning
29 - 31 MARCH 2019	DUAL Arch Expansion: The Farrell Bent Wire System & Biobloc Stage 1
06 - 08 SEPTEMBER 2019	Myobrace Therapy, Diagnosis & Treatment Planning
13 - 15 SEPTEMBER 2019	DUAL Arch Expansion: The Farrell Bent Wire System & Biobloc Stage 1

Hands on experience with real patients!

Dr John Flutter ***BDS (London) Dental Surgeon***

Today about 80% of Australian children are growing up with crooked teeth. This is evidence of a craniofacial dystrophy. The poor development of the craniofacial structures. The craniofacial structures develop correctly only when the children have:

- Lips together at rest
- The tongue resting in the roof of the mouth
- Breathing through the nose (not the mouth!)
- No lip or cheek movement on the subconscious swallow

Craniofacial dystrophy can be evident in the first years of life and can be treated at that age. It is best treated in the growing child.

The improvements in tooth position, jaw size, jaw relationship and the airway are a consequence of the improved craniofacial development.

When the focus is on moving teeth without regard for the underlying cause of the malocclusion it is not surprising that the vast majority of orthodontic treatment relapses without lifetime retention.

The poor muscle and breathing patterns that caused the original malocclusion puts the teeth back into that position when the retainers are no longer worn. Most orthodontic patients stop wearing retainers and see their tooth position relapse.

Dr John Flutter provides a series of courses to train dentists and their staff to acquire the necessary skills to help their patients achieve the patterns that are needed for good craniofacial development.

Each course includes **2x FREE Case advice submissions** + **10% Discount** when you book 2 courses!

07 3666 0726 courses@fortitudevalleydentist.com.au www.fortitudevalleydentist.com.au/professionals

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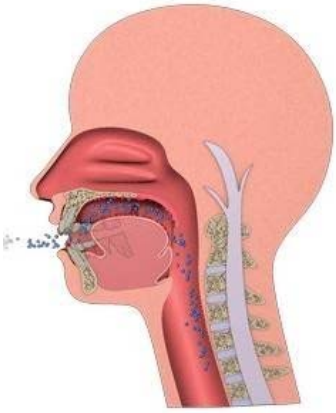
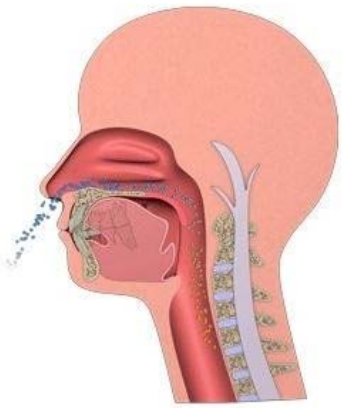


MOUTH BREATHING
Incorrect Breathing Habit



NOSE BREATHING
Correct Breathing Habit

Breathing Retraining

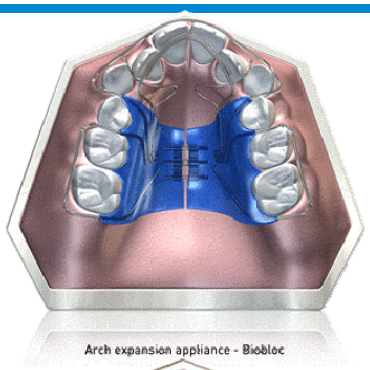
Help your patients reduce relapse and achieve a stable outcome after orthodontic treatment by teaching them how to establish nasal breathing. Dr John Flutter has been working with breathing correction for over 18 years and has developed a programme that he delivers to children in groups to help them learn to breathe through the nose.

This course combines physiology, biochemistry and the clinical application of the programme. Practical training involves working with groups of children to monitor and assess their breathing (using Biofeedback technology) as well as learning the techniques and instructing breathing exercises. Dentists and their staff will be trained to deliver the programme to children at their own practice.

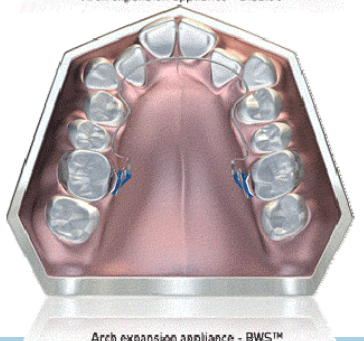
Myobrace Therapy, Diagnosis & Treatment Planning

Acquire an understanding of the influence of the soft tissues and breathing on craniofacial development and the occlusion. Learn to perform soft tissue analysis, identify and treat poor oral habits and provide patient education. Review the necessary programmes in place to ensure patient compliance and successful treatment outcomes.

Dentists are encouraged to bring assistants that will become their Myobrace Educators and will assist the Dentist in conducting orthodontic examinations on patients during the practical training session of this course. They will also have the opportunity to deliver patient consultations and Myobrace activities to the children while the Dentists work on diagnosis/treatment planning.



Arch expansion appliance - Biobloc



Arch expansion appliance - BWS™

Dual Arch Expansion: Bent Wire System & Biobloc Stage 1

THE BIOBLOC STAGE 1 APPLIANCE

The Biobloc Stage 1 is used to increase the size of the upper arch to make room for the tongue to rest in the roof of the mouth in the minimum time with minimum trauma. The appliance was developed by Dr John Mew and has been used by Dr John Flutter successfully for over 30 years. Skills will be learned to adjust the appliance in order to obtain the maximum benefit. By the end of the course Dentists will be able to design, fit and adjust a Biobloc stage 1 for the primary and mixed dentition.

THE FARRELL BENT WIRE SYSTEM

The Bent Wire System is used to develop the size of the upper or lower arch while allowing room for the tongue to rest and function in the palate. Dr John Flutter uses this appliance in the late mixed and early permanent dentition in conjunction with the Myobrace. This is a hands-on wire bending course and once the wire bending skills have been mastered, Dentists will have the opportunity to adjust and fit the appliances on patients.

This course involves two full days of practical training with patients, adjusting and fitting the appliances under the guidance of Dr John Flutter and Dr Asad Jamil.

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Course Venue & Details

COURSE VENUE*	**Fortitude Valley Dentist** 117 Warry Street Fortitude Valley QLD 4006 *This venue may change for Myobrace Therapy & Breathing Retraining courses, depending on numbers. All registered participants will be notified of any changes.
TIME	9:00am to 5:00pm daily
CPE HOURS	8 hours each day
CATERING	Fully catered (morning/afternoon tea, lunch). Participants are invited to dinner with Dr Flutter & Dr Jamil on **Saturday night**.
REGISTRATION	Please email Amy at **courses@fortitudevalleydentist.com.au**

Course Fees	First Dentist	Subsequent Dentists	Extra Staff
Myobrace Therapy, Diagnosis & Treatment Planning (3 Days)	**$4,000**	**$3,000**	**$800**
DUAL Arch Expansion: The Farrell Bent Wire System & Biobloc Stage 1 Appliance (3 Days)	**$6,000**	**$5,000**	**$300** (Observation only)
Postural Correction & Breathing Retraining (2 Days)	**$4,000*** (*Includes 1x Staff)	**$3,000**	**$800***

*First staff member is complimentary (no cost) on registration of the first Dentist. All additional staff at $800 each.

2x FREE Case advice submissions per course + **10% Discount** when you book TWO courses!

Dr John Flutter BDS (London) Dental Surgeon

Dr Flutter qualified as a Dentist in 1971 and has been practising orthodontics for 40 years.
In 2007 he opened his practice in Brisbane that focuses treatment on the growing child.
He now works exclusively in dentofacial orthopaedics and orthodontic treatment for children and adults. Dr Flutter is the Queensland State President of the Australian Association of Orofacial Orthopaedics and is a certified Breathing Practitioner.
Dr Flutter has lectured on Myofunctional Influences on Facial Growth and the dentition in 66 different countries in the last 12 years as well as publishing articles in journals throughout the world, including the IAO journal "The Negative Effects of Mouth Breathing".

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Professionals' Training Options & Support

Observation Visits

Dr John Flutter welcomes the opportunity for Professionals' & Staff to visit for observation to enable them to see how our practice is operated.

Contact our Patient Coordinator to ensure your intern days are booked during an "Action-filled" period including: Info Seminars, Breathing Programmes, Ortho Exams, Case Presentations, Myobrace sessions, appliance fittings, BB1 & BWS adjustments.

Our practice hours for observation bookings are:

Monday, Tuesday: 8:00am – 6:15pm

Wednesday: 10:00am – 7:30pm

Thursday: 8:00am – 6:30pm

Observation Rates for 1-2 persons (including GST):

$100 per hour, **$800** per day or **$3,200** per week.

Case Advice / Mentoring

Dr John Flutter & Dr Asad Jamil are available for case mentoring and advice. Visit our website for more info and a list of patient records required in order to submit your case: Intra/extra oral photos, X-rays (OPG, lat ceph, PA Skull), scan or photo of dental models, chief complaint & any other info/concerns). Case requests can be submitted by email to **courses@fortitudevalleydentist.com.au** Please allow approx. 2 weeks for completion of your case.

Receive **2x FREE case advice submissions** when you register for any of our Professionals' courses!

Regular case submission fees are **$150 per case**.

Clinical Training Day

The Clinical Training day provides a combination of training customised to your clinic's needs, as well as observation of our patients to show a wide variety of procedures and different stages of treatment.

The participants will be seated in the Activities Centre at desks and will be able to watch on the large screen and repeater monitors the patients being treated.

Dr Asad and our Myobrace Educators will be working with the patients while Dr John will explain what is happening with a running commentary (or the assistant when Dr John is seeing the patient).

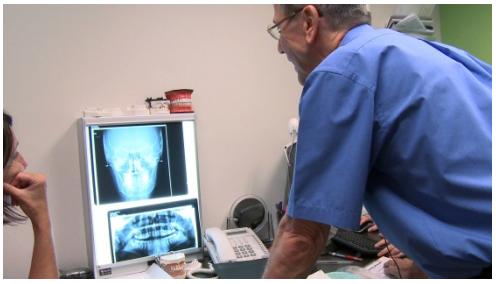
It will not be a normal day's work for us as the appointments will be extended to allow for commentary but we will be working our usual way. There will be time for questions and discussion with Dr Flutter and staff.

Suitable for groups of up to 16 participants.

Clinical Training Day Rates (including GST):

$8,000 per day

Ortho Lab On-Site

John Flutter Dental has its very own On-site Ortho Lab with an experienced technician providing high quality appliances for our patients as well as other Practices throughout Australia. The most highly demanded appliances include the Biobloc Stage 1 & Bent Wire System. Price Lists for appliances & other lab services are available on request.

For more information on any of the above services please visit
www.fortitudevalleydentist.com.au/professionals