Fortitude Valley DENTIST

John Flutter Dental

Professionals' Courses

by **Fortitude Valley Dentist**

2020 Course Schedule

30 JAN, 1+2 FEB 2020	Myobrace Therapy: Patient Evaluation & Case Management
28 - 29 MARCH 2020	DUAL Arch Expansion: The Farrell Bent Wire System & Biobloc Stage 1
25 - 26 APRIL 2020	Breathing Retraining *(EXPRESSION OF INTEREST ONLY)*

Hands on experience with real patients!

Today about 80% of Australian children are growing up with crooked teeth. This is evidence of a craniofacial dystrophy. The poor development of the craniofacial structures. The craniofacial structures develop correctly only when the children have:

- Lips together at rest
- The tongue resting in the roof of the mouth
- Breathing through the nose (not the mouth!)
- No lip movement on the subconscious swallow

Craniofacial dystrophy can be evident in the first years of life and can be treated at that age. It is best treated in the growing child. The improvements in tooth position, jaw size, jaw relationship and the airway are a consequence of the improved craniofacial development.

When the focus is on moving teeth without regard for the underlying cause of the malocclusion it is not surprising that the vast majority of orthodontic treatment relapses without lifetime retention.

The poor muscle and breathing patterns that caused the original malocclusion puts the teeth back into that position when the retainers are no longer worn. Most orthodontic patients stop wearing retainers and see their tooth position relapse.

Dr John Flutter & Dr Asad Jamil provide a series of courses at Fortitude Valley Dentist to train dentists and their staff to acquire the necessary skills to help their patients achieve the patterns that are needed for good craniofacial development.

Dr John Flutter

BDS (London) Dental Surgeon

Dr Flutter qualified as a Dentist in 1971 and has been practising orthodontics for 40 years. In 2007 he opened his practice in Brisbane that focuses treatment on the growing child and worked exclusively in dentofacial orthopaedics and orthodontics up until April 2019 when he passed ownership of his Brisbane clinic to Dr Asad Jamil.

Dr Asad Jamil

BDS (PAK), ADC (Syd) Dental Surgeon

Dr Asad was undergoing specialist training in Pakistan when he made the move to Australia. He has trained with Dr Flutter since 2015, assists in teaching courses on Myobrace Therapy and arch expansion techniques; and has completed 2 years advance training in orthodontics. Dr Asad took ownership of the clinic in April 2019.

07 3666 0726 **courses@fortitudevalleydentist.com.au** **www.fortitudevalleydentist.com.au/professionals**

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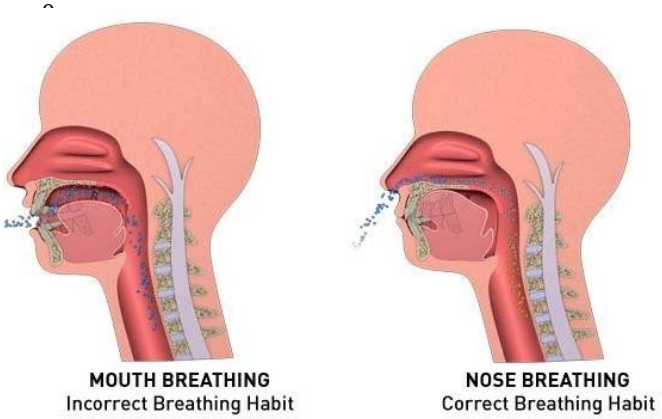


Breathing Retraining Course

Dr John Flutter has been working with breathing correction for over 18 years and has developed a programme that he delivers to children in groups to help them learn to breathe through the nose.

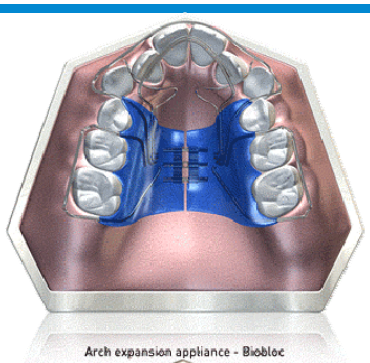
This course combines physiology, biochemistry and the clinical application of the programme. Practical training involves working with groups of children to monitor and assess their breathing (using Biofeedback technology) as well as learning the techniques and instructing breathing exercises. Dentists and their staff will be trained to deliver the programme to children at their own practice.

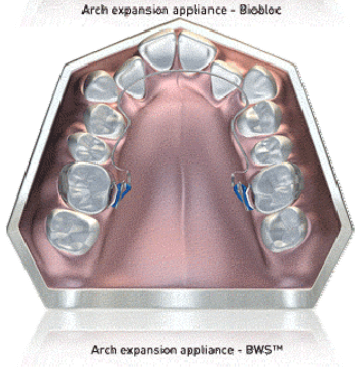
Myobrace Therapy Course
Patient Evaluation & Case Management

Dentists have been trained to diagnose crooked teeth and imbalance of the jaws. Before you can treat these conditions, you have to be able to identify the problem. ***Evaluation is the starting point in the journey to master treatment.***

Day 1 will cover the fundamentals of Myobrace Therapy theory. Day 2 will focus on the MRC 10 point evaluation. Day 3 will focus on conducting successful Myobrace sessions and progress reviews. Both day 2 & 3 will involve practical training sessions with patients! You will learn:

- ✓ How to train Doctors and Educators to use the MRC Evaluation App.
- ✓ How to train Doctors and Educators to run Myobrace Sessions.
- ✓ How to train Doctors and Myobrace Educators.
- ✓ How to train Doctors and Myobrace Educators to work together.


Arch expansion appliance - Biobloc


Arch expansion appliance - BWS™

Dual Arch Expansion (Hands-On Course)

THE BIOBLOC STAGE 1 APPLIANCE (HANDS-ON)

The Biobloc Stage 1 is used to increase the size of the upper arch to make room for the tongue to rest in the roof of the mouth in the minimum time with minimum trauma. The appliance was developed by Dr John Mew and has been used by Dr John Flutter successfully for over 30 years. Skills will be learned to adjust the appliance in order to obtain the maximum benefit. By the end of the course Dentists will be able to design, fit and adjust a Biobloc stage 1 for the primary and mixed dentition.

THE FARRELL BENT WIRE SYSTEM (HANDS-ON)

The Bent Wire System is used to develop the size of the upper or lower arch while allowing room for the tongue to rest and function in the palate. Dr John Flutter uses this appliance in the late mixed and early permanent dentition in conjunction with the Myobrace. This is a hands-on wire bending course and once the wire bending skills have been mastered, Dentists will have the opportunity to adjust and fit the appliances on patients.

This course involves 1 & 1/2 days of practical training with patients, adjusting and fitting the appliances under the guidance of Dr John Flutter and Dr Asad Jamil.

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Course Venue & Details

COURSE VENUE*	**Fortitude Valley Dentist** 117 Warry Street Fortitude Valley QLD 4006 *This venue may change for the Dentistry & Sleep-Related Breathing Disorders courses, depending on numbers. All registered participants will be notified of any changes.
TIME	9:00am to 5:00pm daily
CPE HOURS	8 hours each day
CATERING	Fully catered (morning/afternoon tea, lunch)
REGISTRATION	Please email Amy at **courses@fortitudevalleydentist.com.au**

Course Fees	First Dentist	Subsequent Dentists	Extra Staff
MYOBRACE THERAPY, PATIENT EVALUATION & CASE MANAGEMENT	**$4,000**	**$3,000**	**$800**
DUAL ARCH EXPANSION: THE FARRELL BENT WIRE SYSTEM & BIOBLOC STAGE 1 APPLIANCE	**$6,000**	**$5,000**	**$300** (Observation only)
POSTURAL CORRECTION & BREATHING RETRAINING COURSE	**$4,000** (Includes 1 FREE Staff)	**$3,000**	**$800** (1st Staff FREE)

Dr John Flutter BDS (London) Dental Surgeon

Dr Flutter qualified as a Dentist in 1971 and has been practising orthodontics for 40 years.
In 2007 he opened his practice in Brisbane that focuses treatment on the growing child.
He works exclusively in dentofacial orthopaedics and orthodontic treatment. He has since passed ownership of the clinic over to Dr Asad Jamil in April 2019 and continues to lecture on an international level.

Dr Flutter is the Queensland State President of the Australian Association of Orofacial Orthopaedics and is a certified Breathing Practitioner.
Dr Flutter has lectured on Myofunctional Influences on Facial Growth and the dentition in 66 different countries in the last 12 years as well as publishing articles in journals throughout the world, including the IAO journal "The Negative Effects of Mouth Breathing".