



# Chiropractic Newsletter

## Well-being

### The Nature of Disease

Dr. Hamer, the man who discovered the 5 Biological Laws, discovered that what people called "disease" is actually not an error or a mistake caused by pathogenic microbes or faulty genes, but a Significant Biological Special Program that evolved for the purpose of ensuring the survival of the organism. He discovered that an individual's perception is the initiator of all adaptive function. If a person experiences a scary situation, a trauma, or an unexpected Conflict Shock, their body immediately adapts their tissues to facilitate a swift resolution to help ensure their survival.

After the conflict is perceived, there is an impact to the person's brain in a specific area that is associated with the specific kind of conflict experienced. The brain then communicates with the tissue under its control to initiate appropriate adaptive changes. For example, if a person has a "death fright conflict" their body initiates a program to increase the number of lung alveoli so that they can absorb more oxygen and escape the conflict. If the conflict is intense, if it goes on for a long time, or if the person is unable to release

their fear and continues to relive the conflict in their mind, these additional cells will continue to proliferate and appear to be a lung tumor.



Now, as soon as the person resolves the conflict, their perception shifts and their brain registers this change and immediately signals the lung tissue to cease proliferation. So then what happens to the tumor? The body has evolved alongside bacteria and fungus for millions and millions of years and they work together.

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The whole time the tumor was growing, there was an increase in the number of mycobacteria in the tissue, specifically tubercular bacteria. While medical doctors think that tubercular bacteria cause "tuberculosis" they know that millions of people have TB bacteria in their body, but do not have the "tuberculosis infection". They even have a name for this: "latent TB". They know that staph and strep bacteria are present in the majority of people and that most of those people are expressing no symptoms of sickness, yet they still try to say that bacteria "cause" disease.

The truth is that bacteria help us. They help keep our body functioning. We evolved together and we work together. After the person resolves their Death Fright Conflict and their lung stops proliferating additional tissue cells, the TB bacteria break down the tumor. Like mushrooms on dead logs in the forest that help recycle old wood for the ecosystem, TB bacteria are ancient mycobacteria (Myco means fungus) that act in certain tissues controlled by the brain stem—the oldest tissues in our

body derived from our endodermal embryonic germ layer.

So, the TB bacteria break down the lung tumor, and while this is happening the person often seems very sick. They are tired, they sweat at night, and they are coughing up lots of phlegm and sometimes even blood. This is because their lung is a construction site. The bacteria is breaking down the tissue that is no longer necessary because they aren't in a Death Fright Conflict anymore.

Our bodies have an intelligent infrastructure that evolved for survival. Every symptom serves a purpose, every bacteria and protein particle we call a virus that's present at a site of healing serves a specific function.

*-By Melissa Sell, DC*

