

Patient Intake Form

Complete this brief questionnaire and health history form to help us get to know you. Dr. Smuszko will use this information to help formulate the recommendations for your care.

Alberta Health #: _____

PATIENT DEMOGRAPHICS

Name _____ Male / Female Date: _____

Address: _____ City: _____ Prov: _____ Postal Code: _____

Home Phone #: _____ Cell Phone #: _____ Business #: _____

E-mail: _____ By providing your email address you consent to receive correspondence about appointment times and events at the clinic.

Date of Birth: MM / DD / YY Age: _____ Marital Status: Single Married Divorced Widowed Common Law

Names and Ages of Children: _____

Whom may we thank for referring you to our office? _____

Employer: _____ Occupation: _____

Name of Emergency Contact: _____ Phone Number: _____ Relationship: _____

HISTORY OF COMPLAINT

Please identify the complaints that have brought you to our office:

Primary: _____

Secondary: _____

Third: _____

On the scale of **0** to **10** (10 being the worst pain) rate your above complaints by **circling the number**:

Primary or chief complaint: 0 1 2 3 4 5 6 7 8 9 10

Secondary complaint: 0 1 2 3 4 5 6 7 8 9 10

Third complaint: 0 1 2 3 4 5 6 7 8 9 10

When did the problem(s) begin? _____

When is the problem at its worst? (circle one) AM / mid-day / late PM

How long does it last? (i.e. Constant, comes and goes, on and off etc.)

Is this injury work related? (circle one) YES / NO

How did the injury happen? _____

Have the condition(s) ever been treated by anyone in the past? (circle one) YES / NO

If **yes**, when? _____ By whom? _____ How long were you under care? _____

What relieves your symptoms? _____

What makes them feel worse? _____

For Office Use Only:

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PAST HEALTH

Have you ever suffered from any of the following conditions? Circle yes or no

| | | | |
|------------------------------|------------------------|-----------------------------|---------------------------|
| Thyroid trouble..... Y N | Tuberculosis..... Y N | Emotional Problems... Y N | Psoriasis..... Y N |
| Diabetes..... Y N | Pneumonia..... Y N | Epileptic seizures..... Y N | Polio..... Y N |
| High blood pressure..... Y N | Back pain..... Y N | Asthma..... Y N | Cancer..... Y N |
| Heart disease..... Y N | Headaches..... Y N | Arthritis..... Y N | Venereal disease..... Y N |
| Allergies..... Y N | Stomach ulcers.... Y N | Alcoholism..... Y N | HIV..... Y N |

Please list any significant illness, operations, accidents, falls or traumas:

| Date | Illness/Operation/Accident/Falls |
|------|----------------------------------|
| | |
| | |
| | |
| | |

PRESENT HEALTH

Are you presently affected by any of the following? (past 12 months)

Please circle: O – Occasional F – Frequent C – Constant Y – Yes N – No

Stress Symptoms

Headache/Migraine..... O F C
 Dizziness..... O F C
 Numbness..... O F C
 Ringing in ears..... O F C
 Blurring of vision..... O F C
 Loss of sleep..... O F C
 Loss of concentration..... O F C
 Irritable/nervousness..... O F C
 Depression..... O F C
 Decreased energy..... O F C
 Tension..... O F C

Gastrointestinal

Difficult digestion..... O F C
 Belching or gas..... O F C
 Nausea/vomiting..... O F C
 Pain over stomach..... O F C
 Constipation..... O F C
 Colon trouble..... O F C
 Liver trouble..... O F C
 Gall bladder trouble..... O F C
 Heartburn..... O F C
 Diarrhea..... O F C
 Bloody stools..... O F C

Females Only

Painful menstruation..... Y N
 Irregular..... Y N
 Cramps or backache..... Y N

General Symptoms

Fever/chills/sweat..... O F C
 Fainting..... O F C
 Convulsions..... O F C
 Allergies..... O F C
 Skin problems..... O F C
 Colds..... O F C
 Tremors..... O F C
 Loss of balance..... O F C

Muscle and Joint

Backache..... O F C
 Neck pain..... O F C
 Painful tailbone..... O F C
 Foot trouble..... O F C
 Shoulder pain..... O F C
 Hernia..... O F C
 Spinal curvature..... O F C
 Faulty posture..... O F C
 Arthritis..... O F C

Respiratory

Chronic cough..... O F C
 Spitting up..... O F C
 Chest pain..... O F C
 Difficult breathing..... O F C

Urinary

Painful urination..... O F C
 Getting up at night to pee... O F C
 Blood in urine..... O F C
 Increased urination..... O F C

Eyes, Ears, Nose and Throat

Deafness..... O F C
 Earache..... O F C
 Sore throat..... O F C
 Asthma..... O F C
 Tonsillitis..... O F C
 Sinus trouble..... O F C

Cardiovascular

Rapid heartbeat..... O F C
 Slow heart beat..... O F C
 High blood pressure..... O F C
 Low blood pressure..... O F C
 Pain over heart..... O F C
 Swelling of ankles..... O F C
 Previous heart attack..... Y N
 Poor circulation..... Y N
 Previous stroke..... Y N

Abnormal discharge..... Y N
 Passed menopause..... Y N
 Birth Control Pill..... Y N

Are you pregnant?..... Y N
 # of miscarriages.....
 Date of last period.....