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EDUCATION AND CERTIFICATIONS

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| Functional Movement Systems Certification | 2014 |
| <ul style="list-style-type: none">• Chatham, Virginia• A systematic technique used to identify movement asymmetries or major limitations in common movement patterns to minimize overuse injuries | |
| Golf Injury and Prevention Certification | 2013 |
| <ul style="list-style-type: none">• Blanchard Academy of Golf• Techniques that allow common golf injuries to heal quickly while preventing the onset of chronic or future injury | |
| Certified Chiropractic Sports Physician | 2012 |
| <ul style="list-style-type: none">• American Chiropractic Board of Sports Physicians• Techniques focus on healing and maintenance of athletes allowing them to compete and excel at the highest levels of sports. | |
| Kinesio Taping Practitioner | 2010 |
| <ul style="list-style-type: none">• Albuquerque, New Mexico• This practice utilizes specific patterns of specialized and reinforced tape to stabilize muscles while allowing full range of motion | |
| Doctor of Chiropractic | 2006 |
| <ul style="list-style-type: none">• Palmer College of Chiropractic, Davenport, Iowa | |
| Bachelor of Health Science | 2003 |
| <ul style="list-style-type: none">• University of Nebraska at Kearney | |

MEMBERSHIPS

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| <ul style="list-style-type: none">• Auburn-Opelika Running and Track Association | 2014-Present |
| <ul style="list-style-type: none">• Auburn Rotary Club | 2011-Present |
| <ul style="list-style-type: none">• Alabama State Chiropractic Association | 2007- Present |