



Child's Name: \_\_\_\_\_ Known as: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Blood Type: O / A / B / AB

Address: \_\_\_\_\_ Post Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

Email Address: \_\_\_\_\_

Who may we thank for recommending you? \_\_\_\_\_

### HOW CAN WE HELP YOU?

What is the reason for your visit today? \_\_\_\_\_

## Birth History

How long was the labour from the first regular contractions to birth? \_\_\_\_\_

How long was the 2<sup>nd</sup> stage (the pushing phase) of the labour? \_\_\_\_\_

Was the delivery premature?  No  Yes \_\_\_\_\_ weeks Birth weight \_\_\_\_\_ Birth length \_\_\_\_\_

<input type="checkbox"/> Hospital Birth	<input type="checkbox"/> Emergency C Section	<input type="checkbox"/> Fetal distress
<input type="checkbox"/> Home Birth	<input type="checkbox"/> Was the birth induced	<input type="checkbox"/> Meconium staining
<input type="checkbox"/> Midwife assisted	<input type="checkbox"/> Forceps delivery	<input type="checkbox"/> Head Presentation
<input type="checkbox"/> Vaginal Delivery	<input type="checkbox"/> Ventouse extraction	<input type="checkbox"/> Face Presentation
<input type="checkbox"/> Planned C Section	<input type="checkbox"/> Anaesthesia administered	<input type="checkbox"/> Breech Presentation

Additional Comments: \_\_\_\_\_

## Baby's Condition Immediately After Birth:

**Apgar Scores:** At 1 min: \_\_\_/10 At 5 mins: \_\_\_/10 **Intensive Care:**  No  Yes: Days in NICU \_\_\_\_\_ Home on Day \_\_\_\_\_

**Baby's Crying:** Baby cried immediately after birth:  Cried strongly  Weak Cry  Did not cry for \_\_\_ minutes

**Baby's colour:**  Pink all over  Blue face  Blue hands/feet **Baby's activity:** Arms and legs actively moving:  Yes  No

Medication given at birth? \_\_\_\_\_ Vaccines administered: \_\_\_\_\_

Complications / Illness during pregnancy: \_\_\_\_\_

Complications during labour/delivery: \_\_\_\_\_

## Growth & Development:

- | YES                      | NO                                                                                                         |
|--------------------------|------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> Can your child sit unsupported? At what age did your child start to sit up? _____ |
| <input type="checkbox"/> | <input type="checkbox"/> Is your child crawling? At what age did your child start crawling? _____          |
| <input type="checkbox"/> | <input type="checkbox"/> Is your child walking? At what age did your child start to walk? _____            |
| <input type="checkbox"/> | <input type="checkbox"/> Does your child often trip and fall? _____                                        |
| <input type="checkbox"/> | <input type="checkbox"/> Do you have any concerns about your child's growth and development? _____         |

## Health History: *Please add additional comments if required*

<input type="checkbox"/> Antibiotics	<input type="checkbox"/> Earaches
<input type="checkbox"/> Asthma	<input type="checkbox"/> Headaches
<input type="checkbox"/> Arm Pain	<input type="checkbox"/> Neck Pain
<input type="checkbox"/> Back Pain	<input type="checkbox"/> Leg Pain
<input type="checkbox"/> Colic	<input type="checkbox"/> Vaccinations

- YES**      **NO**
- Has your child had any upper respiratory infections? How often? \_\_\_\_\_
- Has your child had any other illnesses? \_\_\_\_\_
- Is your child presently receiving any medications? \_\_\_\_\_
- Has your child ever been to a hospital or emergency room for evaluation or treatment? \_\_\_\_\_
- Do you have any other concerns about your child's health? \_\_\_\_\_

## Nutrition:

- YES**      **NO**
- Is your child being breast fed? If no, how long was he/she breast fed? \_\_\_\_\_
- Is your child formula fed? Which formula or other milk source? \_\_\_\_\_
- Is your child eating solid food? What types of food? \_\_\_\_\_
- Does your child have any feeding difficulties? \_\_\_\_\_
- Does your child have any digestive disturbances? \_\_\_\_\_
- Does your child have any food allergies or intolerances? \_\_\_\_\_
- Does your child have any persistent or intermittent skin rashes? \_\_\_\_\_
- Does your child have regular bowel movements? How frequent? \_\_\_\_\_

## Trauma:

- YES**      **NO**
- Has your child had any recent falls or trauma? \_\_\_\_\_
- Has your child ever fallen down stairs or fallen from any height? \_\_\_\_\_
- Has your child ever been in a motor vehicle accident or a near-miss? \_\_\_\_\_
- Has your child had a bone fracture or joint dislocation? \_\_\_\_\_
- Has your child had any other trauma or injuries? \_\_\_\_\_
- Does your child ever bang his/her head against a wall, bed, or other object? \_\_\_\_\_

I hereby authorise Roughan Chiropractic and its practitioners to administer chiropractic care as they so deem to my son/daughter  
(upon approval of parent/guardian)

Parent/Guardian's Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Thank you for your cooperation 😊