

November Events

Nov. 5th
6:30 pm

Joint Pain Solution

Join Dr. Chris Cox as he explains Stem Cell Therapy and if it's really all it's cracked up to be. If you have chronic joint pain or are considering joint surgery, you NEED to come to this free dinner seminar first. The information in the Workshop and Dinner will be absolutely EYE-OPENING! Hosted at Sheraton Tucson, this is a FREE event for the community and includes a delicious FREE DINNER

Nov. 13th
11:30-12:30 pm

Practice Member Appreciation Event

FREE 5-minute Chair Massage

We are thankful for you! Please enjoy a FREE chair massage on us! One of our therapists will be available from 11:30-12:30 pm.



Nov. 14th
6:45 pm

Monthly Lecture

You consistently hear us emphasize the 3 categories of stress and how they impact your nervous system: physical, mental/emotional, and bio-chemical. A healthy response to mental and emotional stress is one very important aspect of creating your best life. Join Dr. Cox as he dives into this arena. Stay tuned for the specific lecture details!

Nov. 19th
6:30 pm

The Cause is the CURE!

Most doctors want to MASK health conditions with drugs and surgery, but we know that isn't actually fixing anything. Most of the time it's like putting tape over your check engine light in the car. Dr. Kalaba is going to reveal natural solutions for most common health conditions:

- Arthritis
- Headaches and Migraines
- Back and Joint Pain
- Metabolic Issues
- Digestive Issues

Nov. 20th
6:45-7:45 pm

Monthly Metabolic Mastermind Class

This is a class for existing people on the program, and they can bring guests that may be interested in learning more. We will talk about topics those in program may be struggling with and come together to share recipes, to educate and empower each other. The purpose is to connect and inform existing and potential clients about the program and build a sense of community.



Nov. 21st
1:00 pm

Nutrition Webinar

Join Dr. Cox on line as he delivers eye-opening nutrition information. As we head into the holidays and quickly approach the new year, are you prepared to learn and implement nutrition information to help you achieve your long-term health goals? Then this is a must-watch WEBINAR!



**Nov. 27th-
Dec. 1st**

Holiday Hours - Happy Thanksgiving!

CLOSED---Wednesday, Thursday, Friday and Saturday---CLOSED
Resume normal hours on Monday, Dec. 2nd - Happy Holiday!