

**On The Job Injury Health History Form**

**\* Was your injury caused by an automobile collision while On The Job? If Yes, Please fill out The Automobile Collision History Form instead of this form.**

Full Name \_\_\_\_\_ Date \_\_\_\_\_

Street Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Gender \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

SSN \_\_\_\_\_ How did you hear about our office? \_\_\_\_\_

Marital Status \_\_\_\_\_ # of Children? \_\_\_\_\_ Currently Pregnant? / How Long? \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Place of Business Address \_\_\_\_\_ Phone \_\_\_\_\_

Date of On The Job Injury: \_\_\_/\_\_\_/\_\_\_\_\_ Have you reported your injuries to your employer?  No  Yes

**Today's Major Complaints**

Please check

Please **Circle** Your Level of Pain.

**Area of Pain and Type of Pain**

**0= No Pain through 10=Extreme Pain**

<input type="checkbox"/> Headache	<input type="checkbox"/> Lt	<input type="checkbox"/> Rt	<input type="checkbox"/> Ache	<input type="checkbox"/> Dull	<input type="checkbox"/> Sharp	<input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Neck Pain	<input type="checkbox"/> Lt	<input type="checkbox"/> Rt	<input type="checkbox"/> Ache	<input type="checkbox"/> Dull	<input type="checkbox"/> Sharp	<input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Shoulder Pain	<input type="checkbox"/> Lt	<input type="checkbox"/> Rt	<input type="checkbox"/> Ache	<input type="checkbox"/> Dull	<input type="checkbox"/> Sharp	<input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Arm Pain	<input type="checkbox"/> Lt	<input type="checkbox"/> Rt	<input type="checkbox"/> Ache	<input type="checkbox"/> Dull	<input type="checkbox"/> Sharp	<input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Mid Back Pain	<input type="checkbox"/> Lt	<input type="checkbox"/> Rt	<input type="checkbox"/> Ache	<input type="checkbox"/> Dull	<input type="checkbox"/> Sharp	<input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Low Back Pain	<input type="checkbox"/> Lt	<input type="checkbox"/> Rt	<input type="checkbox"/> Ache	<input type="checkbox"/> Dull	<input type="checkbox"/> Sharp	<input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Hip Pain	<input type="checkbox"/> Lt	<input type="checkbox"/> Rt	<input type="checkbox"/> Ache	<input type="checkbox"/> Dull	<input type="checkbox"/> Sharp	<input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Leg Pain	<input type="checkbox"/> Lt	<input type="checkbox"/> Rt	<input type="checkbox"/> Ache	<input type="checkbox"/> Dull	<input type="checkbox"/> Sharp	<input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Other _____							0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Other _____							0	1	2	3	4	5	6	7	8	9	10

**I feel more pain when doing the following activities:**

Check  the activities that cause pain and then **Circle** minimal, mild, moderate or severe.

<input type="checkbox"/> Sleeping	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Sitting	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Walking	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Standing	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Lifting	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Household Chores	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Routine Personal Care	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Pushing	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Squatting	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Reaching	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Carrying	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Pulling	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Bending	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Computer Work	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Typing	Minimal	Mild	Moderate	Severe

Name \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**What happened** to cause your injuries?

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Have you had similar injuries or problems **Before**? Please describe \_\_\_\_\_

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Please list **other health care providers** you have seen for the condition(s), and **treatment** received.

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Have you found any activities that make your injuries feel better? (Examples are ice, heat, stretching, other treatment)

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Describe briefly and give approximate dates for any **major injuries, illnesses, surgeries or accidents**:

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Does your immediate family have a history of any diseases? (Cancer, Heart Disease, Diabetes, Etc.)

Mother's side \_\_\_\_\_

Father's side \_\_\_\_\_

Are you presently on any medications? (please specify)

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Do you drink alcohol?  No  Yes, \_\_\_\_ Drinks  Daily  Weekly  Monthly

Do you smoke?  No  Yes, \_\_\_\_ Packs  Daily  Weekly  Monthly

Do you exercise?  No  Yes, If yes, then how often?  Daily  2-3 times a Week  Monthly

Height \_\_\_\_\_ Weight \_\_\_\_\_

Have you been to a chiropractor before?  Yes  No

Chiropractor's name/ location: \_\_\_\_\_ Last seen: \_\_\_\_\_

Name of Primary Care Physician \_\_\_\_\_ Date of last Physical \_\_\_\_\_

### Pregnancy Release

This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his/her associates have my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child.

**Date of last menstrual period:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Employer at time of injury: \_\_\_\_\_ Employer's Phone #: \_\_\_\_\_  
Employer's Address: \_\_\_\_\_  
L & I / Self-Insured Co.: \_\_\_\_\_ Self-Ins. Co Phone #: \_\_\_\_\_  
Self-Insured Co. Address: \_\_\_\_\_

Since the injury is your condition  Improving  Getting Worse  Same

Have you lost time from work as a result of this injury?  No  Yes

If Yes, please list  
dates: \_\_\_\_\_

Date you returned to work or expect to return to work: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Check those activities that are required of you at work**

- |  |                                       |                                     |                                       |                |
|--|---------------------------------------|-------------------------------------|---------------------------------------|----------------|
| <input type="checkbox"/> Lifting       | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously | Up to ____ lb. |
| <input type="checkbox"/> Carrying      | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously | Up to ____ lb. |
| <input type="checkbox"/> Pushing       | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously | Up to ____ lb. |
| <input type="checkbox"/> Pulling       | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously | Up to ____ lb. |
| <input type="checkbox"/> Sitting       | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously |                |
| <input type="checkbox"/> Standing      | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously |                |
| <input type="checkbox"/> Walking       | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously |                |
| <input type="checkbox"/> Bending       | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously |                |
| <input type="checkbox"/> Squatting     | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously |                |
| <input type="checkbox"/> Computer work | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously |                |
| <input type="checkbox"/> Reaching      | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously |                |
| <input type="checkbox"/> Typing        | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Frequently | <input type="checkbox"/> Continuously |                |

Please provide your email address if you wish to be added to our monthly e-newsletter list.

Email: \_\_\_\_\_

Signature (Guardian if under 18): \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Authorization To Release Medical Records:**

**PATIENT INFORMATION:**

Name (print) \_\_\_\_\_ DOB \_\_\_\_\_ SSN \_\_\_\_\_

**INFORMATION TO BE RELEASED FROM:**

1) Name of facility or provider \_\_\_\_\_ Ph# \_\_\_\_\_ Pt. Initials \_\_\_\_\_  
Address \_\_\_\_\_ Fax# \_\_\_\_\_ Date Sent \_\_\_\_/\_\_\_\_/\_\_\_\_

2) Name of facility or provider \_\_\_\_\_ Ph# \_\_\_\_\_ Pt. Initials \_\_\_\_\_  
Address \_\_\_\_\_ Fax# \_\_\_\_\_ Date Sent \_\_\_\_/\_\_\_\_/\_\_\_\_

3) Name of facility or provider \_\_\_\_\_ Ph# \_\_\_\_\_ Pt. Initials \_\_\_\_\_  
Address \_\_\_\_\_ Fax# \_\_\_\_\_ Date Sent \_\_\_\_/\_\_\_\_/\_\_\_\_

**INFORMATION TO BE SENT TO:**

**Rainier Valley Chiropractic, P.S.  
4236 36<sup>th</sup> Avenue S., Seattle, WA 98118  
206-723-2820 (fax # 207-722-3664)**

**INFORMATION TO BE RELEASED: (check one)**

The most recent 2 years of pertinent information (chart notes, labs, x-rays and special tests)  
 All medical records  
 Specific information (please specify): \_\_\_\_\_

**PURPOSE FOR WHICH THE DISCOURSE IS BEING MADE: (please check one)**

Attorney  Insurance  Doctor  Personal

**PATIENT AUTHORIZATION:**

I understand that my records may contain information regarding the diagnosis or treatment of HIV/AIDS, sexually transmitted diseases, drug and/or alcohol abuse, mental illness, or psychiatric treatment. I give my specific authorization for these records to be released.

\*EXCLUDE the following information from the records released (please initial)

Drug/Alcohol abuse/treatment & diagnosis  Sexually transmitted disease  
 HIV/AIDS diagnosis/treatment testing  Mental illness or psychiatric diagnosis/treatment

**MY RIGHTS:**

I understand I do not have to sign this authorization in order to obtain health care benefits (treatment, payment or enrollment). I may revoke this authorization in writing. To view the process for revoking this authorization, please read the Privacy Notice to patients posted at the facility where your information is being released. I understand that once the health information I have authorized to be disclosed reaches the noted recipient, that person or organization may re-disclose it, at which time it may no longer be protected under Privacy laws.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Patient, guardian\*, or Authorized representative\*)

**This authorization will expire 90 days from the date signed**