

**Patient Health History**

Full Name \_\_\_\_\_ Date \_\_\_\_\_

Street Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Gender \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

SSN \_\_\_\_\_ How did you hear about our office? \_\_\_\_\_

Marital Status \_\_\_\_\_ # of Children? \_\_\_\_\_ Currently Pregnant? / How Long? \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Place of Business Address \_\_\_\_\_ Phone \_\_\_\_\_

Are you insured?  Yes  No Name of Insurance Company \_\_\_\_\_

**Today's Major Complaints**

Please check  **Please Circle Your Level of Pain.**

**Area of Pain and Type of Pain** **0= No Pain through 10=Extreme Pain**

<input type="checkbox"/> Headache	<input type="checkbox"/> Lt <input type="checkbox"/> Rt	<input type="checkbox"/> Ache <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Neck Pain	<input type="checkbox"/> Lt <input type="checkbox"/> Rt	<input type="checkbox"/> Ache <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Shoulder Pain	<input type="checkbox"/> Lt <input type="checkbox"/> Rt	<input type="checkbox"/> Ache <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Arm Pain	<input type="checkbox"/> Lt <input type="checkbox"/> Rt	<input type="checkbox"/> Ache <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Mid Back Pain	<input type="checkbox"/> Lt <input type="checkbox"/> Rt	<input type="checkbox"/> Ache <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Low Back Pain	<input type="checkbox"/> Lt <input type="checkbox"/> Rt	<input type="checkbox"/> Ache <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Hip Pain	<input type="checkbox"/> Lt <input type="checkbox"/> Rt	<input type="checkbox"/> Ache <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Leg Pain	<input type="checkbox"/> Lt <input type="checkbox"/> Rt	<input type="checkbox"/> Ache <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Stabbing	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Other _____			0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/> Other _____			0	1	2	3	4	5	6	7	8	9	10

**I feel more pain when doing the following activities:**

Check  the activities that cause pain and then Circle minimal, mild, moderate or severe.

<input type="checkbox"/> Sleeping	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Sitting	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Walking	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Standing	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Lifting	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Household Chores	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Routine Personal Care	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Other _____	Minimal	Mild	Moderate	Severe
<input type="checkbox"/> Other _____	Minimal	Mild	Moderate	Severe

**Is your condition due to a work injury or automobile collision?**  Yes  No

*(If yes, then please alert the front desk assistant. You will have some additional paperwork to fill out.)*

**What happened** to cause the condition(s)? If you are not sure, just write "unknown".

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**How long** has this been bothering you?

\_\_\_\_\_

Has this bothered you **before**? When?

\_\_\_\_\_

Please list **other health care providers** you have seen for the condition(s), and **treatment** received.

\_\_\_\_\_

\_\_\_\_\_

Have you found any activities that make your complaints feel better? (Examples are ice, heat, stretching, other treatment)

\_\_\_\_\_

\_\_\_\_\_

Describe briefly and give approximate dates for any **major injuries, illnesses, surgeries or accidents**:

\_\_\_\_\_

\_\_\_\_\_

Does your immediate family have a history of any diseases? (Cancer, Heart Disease, Diabetes, Etc.)

Mother's side \_\_\_\_\_

Father's side \_\_\_\_\_

Are you presently on any medications? (please specify)

\_\_\_\_\_

\_\_\_\_\_

Do you smoke? Yes No      Drink Alcohol? Yes No      Number of drinks per week \_\_\_\_\_

Exercise Regularly? Yes No

Height \_\_\_\_\_      Weight \_\_\_\_\_

Have you been to a chiropractor before? Yes No

Chiropractor's name/ location: \_\_\_\_\_ Last seen: \_\_\_\_\_

Name of Primary Care Physician \_\_\_\_\_ Date of last Physical \_\_\_\_\_

Please provide your email address if you wish to be added to our monthly e-newsletter list.

Email: \_\_\_\_\_

\_\_\_\_\_

**Patient Signature (Guardian if under 18)**

\_\_\_\_\_

**Date**

Name \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Pregnancy Release**

This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his/her associates have my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child.

Date of last menstrual period: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**HEALTH INSURANCE INFORMATION**

Patient's Name \_\_\_\_\_ DOB \_\_\_\_\_

Insured's Name \_\_\_\_\_ Insured's DOB \_\_\_\_\_

Insured's Address if different than yours \_\_\_\_\_

ID# \_\_\_\_\_ Group# \_\_\_\_\_

Insurance Company \_\_\_\_\_

**Please present insurance card to front desk so we can make a copy for your file.**

**\*If not insured, list the Name & Address of person RESPONSIBLE FOR PAYMENT.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**VERY IMPORTANT-----PLEASE READ AND SIGN BELOW**

**ASSIGNMENT OF INSURANCE BENEFITS**

I understand that as a courtesy Rainier Valley Chiropractic, P.S. will attempt to verify my Chiropractic and/or Massage benefits but that I should confirm my benefits on my own as well. Benefit quotes are not a guarantee of payment. I understand that ultimately I am responsible for charges not covered by my insurance.

I hereby authorize payment directly to Rainier Valley Chiropractic, P.S. for the chiropractic services that I am provided.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Policy Holder/Child's Guardian)