



What We Expect From You



Keep Your Appointments

We will recommend a specific schedule of care for you, comprised of a certain number of adjustments in a specific time frame. You'll find that you achieve the best results when you follow the doctor's recommended adjustment schedule and home care advice. **Remember:** spinal correction and healing takes time. If you do not feel satisfied with your body's responses, please request extra time for your next appointment to discuss this with Dr. Rosenberg. We want you to get the most from your care.

If you need to change the time of your appointment, it is best to call and reschedule for a different time on the same day. If you need to change the day of your appointment, it is best to make up that appointment as soon as possible, preferably, the next day. It is extremely important that you maintain your recommended appointment schedule as missed appointments cause practice members to lose ground and not get well as expected. **Also note that we require a minimum of 24 hours notice for cancellations or re-bookings to avoid the \$45 no-show/cancellation fee.**

As a courtesy, we will call you if you are late for an appointment. We will contact you to reschedule any missed appointments in order to help keep your health on track. We realize that life is full of other commitments, including family, work, social and home obligations. However, if you compromise your own health care, you won't be able to fulfill your other obligations. Commit to making your health a top priority—in both principle and practice.

Get Your Family Members Checked

It is our policy to offer the family members of all practice members a complimentary Nerve Function Examination (value \$20). We ask that those appointments be scheduled within 14 days of beginning of care. We do not require family members to receive care, but strongly urge they get checked so that they too can have an optimally functioning nervous system. We use very gentle adjusting techniques with babies and children. Please remember to watch your children carefully around the adjusting tables to avoid injury from inadvertently touching the table mechanics.

Allow 7 Days for Records or Requests

We appreciate seven (7) days notice for any requests for copies of records, x-rays or specialized account statements. Appropriate documentation, narrative report writing, copying, postage, and handling fees will apply.

Keep Your Account Current

Please understand that we do not base your adjustment program on your extended insurance or Medical Services Plan coverage and neither should you. There are limits to what they will pay. Our goal is to correct your problem in the shortest amount of time possible and in the most cost-effective manner. In order to keep costs down, payment is expected at the time of service. Ask us how you can save money on your care by pre-paying! Gibsons Chiropractic reserves the right to deny service at this office for lack of payment. Interest charges are applied for all balances over thirty (30) days. Accounts over ninety (90) days are placed in collections. Practice members are responsible for any and all collections costs. Any unused pre-paid visit fees (minus PayPal fees if applicable) will be refunded promptly upon request or may remain as a credit towards future visits.

Communicate With Us

It is your responsibility to notify Gibsons Chiropractic of any injuries, accidents or illnesses that occur so that we can provide you with appropriate care. Also, please notify us of any changes to your health insurance benefits, (e.g. MSP, WCB, ICBC, Blue Cross), if you obtain additional or new coverage, or if your coverage is terminated.

Tell Others About Your Positive Experience

Share your positive results with others so that they can better understand the benefits of chiropractic care as a natural and safe drug-free approach to better health. You can be a hero by saving them from drugs and surgery!



What You Can Expect at Our Office



Open Communication

We will always communicate with you as well as possible on such matters as your health condition, your health insurance or any other issues affecting your experience in our office.

Quality Care/Thoroughness

We will monitor your progress with re-examinations to check your nerve function after 6, 12 and 24 visits, and as needed during your care or if there is an interruption in care of 6 months or more since your last visit. If we cannot help you, we will refer you to another provider.

Health Education

We focus on providing exceptional health education to our practice members. With all the conflicting information in the media, rest assured that you can rely on our team as your partner in health. We provide you with resources you can trust—not the latest fad. Our doctor will make recommendations throughout your care about nutrition, exercise, posture, nutritional supplementation, positive attitude, and detoxification.

Plus, our doctor is always willing to speak to your workplace, organization, club or church on numerous health topics including: longevity, weight loss, nutrition, workplace safety, exercise, stress management, women's health issues, ergonomics, and of course, chiropractic. It's part of our mission to educate the community as well as our practice members.

Caring Team

Our practice members constantly rave about how friendly and caring our team of chiropractic office assistants are. We are devoted to helping our practice members. We hope you'll soon feel like part of our family. It is our intent, our purpose to strive to provide an outstanding experience each time a practice member visits our office. We strive to create a relaxed and pleasant environment. Please speak with us if you have any concerns—your comments will help us to help others. If you ever have a negative experience in our office, please contact our Office Manager, for help.

Little or No Waiting

You may be surprised at how quickly we can get you in and out on your chiropractic appointment. Most practice members appreciate the fact that we respect their time. We know that many doctors are slow and make their patients wait for substantial amounts of time, but we don't work this way. We know that your time is just as valuable as ours, so we promise that we won't waste it if at all possible. If you ever need to spend extra time with the doctor, for any reason, we will be happy to schedule an appointment at a time when we can give you the extra attention and care you need.

We will try to accommodate 'walk-in' patients whenever possible, however patients with pre-booked appointments will be served first. To avoid disappointment, please call ahead.

Honour and Respect

We will honour your health goals and respect your privacy. Please avoid wearing strongly scented products in our office out of respect for our scent-sensitive clients and practitioners.

Commitment to Excellence

Dr. Rosenberg is a published author and she attends many hours of continuing education and is constantly improving her clinical skills. We will build your adjustment schedule around those times.

Our Mission and Goals

"To create a warm, family-orientated healing environment in order to help our practice members maximize their health potential."

At Gibsons Health and Wellness Centre, we are dedicated to educating you about your body, how it works, and empowering you to heal it. We believe in working with our practice members as partners, to learn from each other in our journey together to maximize health.

We understand the importance of your wellness. To achieve your wellness objectives, you have to come to expect the highest levels of service and patient care. As a result, we continuously commit ourselves to meeting and exceeding your expectations, and to providing a positive and caring environment in our office. To us, providing a total health experience means dedicated and friendly staff, flexible and convenient hours and high quality care.