

## SYMPTOM LIST

From Lyme Research Alliance, Stamford, CT

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### SOME OF THE MANY SYMPTOMS OF LYME DISEASE CAN BE: (Please Check All That Apply)

#### Head, Face, Neck:

Had Have

- Headache
- Facial paralysis (like Bell's palsy)
- Tingling of nose, cheek, or face
- Stiff neck
- Sore throat, swollen glands
- Heightened allergic sensitivities
- Twitching of facial or other muscles
- Jaw pain/stiffness (like TMJ)
- Change in smell, taste

#### Digestive/Excretory System:

- Upset stomach (nausea, vomiting)
- Irritable bladder
- Unexplained weight loss or gain
- Loss of appetite, anorexia

#### Respiratory/Circulatory Systems:

- Difficulty breathing
- Night sweats or unexplained chills
- Heart palpitations
- Diminished exercise tolerance
- Heart block, murmur
- Chest pain or rib soreness

#### Eye, Vision:

- Double or blurry vision, vision changes
- Wandering or lazy eye
- Conjunctivitis (pink eye)
- Oversensitivity to light
- Eye pain or swelling around eyes
- Floaters/spots in the line of sight
- Red eyes

#### Ears/Hearing:

Had Have

- Decreased hearing
- Ringing or buzzing in ears
- Sound sensitivity
- Pain in ears

#### Musculoskeletal System:

- Joint pain, swelling or stiffness
- Shifting joint or muscle pains
- Muscle pain or cramps
- Poor muscle coordination or Loss of reflexes
- Loss of muscle tone, muscle weakness

#### Neurologic System:

- Numbness in body, tingling
- Stabbing pin pricks
- Burning/stabbing sensations in the body
- Burning in feet, limbs
- Tremors or unexplained shaking/jerky
- Seizures, stroke
- Poor balance, dizziness
- difficulty walking
- Increased motion sickness
- Lightheadedness, fainting
- Encephalopathy (cognitive Impairment from brain involvement)
- Encephalitis (inflammation of the brain and spinal cord)

Meningitis (inflammation of the protective membrane around the brain)

**Neurologic System continued:**

Had Have

Encephalomyelitis (inflammation of the brain and spinal cord)

Academic or vocational decline  
  Difficulty with multitasking  
  Difficulty with organization and planning  
  Auditory processing problems  
  Word finding problems  
  Slowed speed of processing

**Cognitive Symptoms:**

Dementia  
  Forgetfulness, memory loss (short or long term)  
  Poor school or work performance  
  Attention deficit problems, distractibility  
  Confusion, difficulty thinking  
  Difficulty with concentration, reading, spelling  
  Disorientation: getting or feeling lost

**Psychiatric Symptoms:**

Had Have

Mood swings, irritability, agitation  
  Depression and anxiety  
  Malaise  
  Aggressive behavior/impulsiveness  
  Suicidal thoughts (rare cases of suicide attempts)  
  Over emotional reactions, crying easily  
  Disturbed sleep: too much, too little, difficulty falling or staying asleep  
  Suspiciousness, paranoia, hallucinations

Feeling as though you are losing your mind  
  Obsessive-compulsive behavior  
  Bipolar disorder/ manic behavior  
  Schizophrenia-like state, including hallucinations

**Reproduction and Sexuality:**

**Females:**

Unexplained menstrual pain, irregularity  
  Reproduction problems: miscarriage, Still birth, premature birth  
  Neonatal death, congenital Lyme disease

**Males:**

Testicular or pelvic pain

**Other Organ Problems:**

Dysfunction of the thyroid (under or over active thyroid gland)  
  Liver inflammation\*  
  Bladder and kidney problems (including bed wetting)

**Skin Problems:**

Benign tumor-like nodules  
  Erythema Migrans (rash)

**General Well-being:**

Decreased interest in play (children)  
  Extreme fatigue, tiredness, exhaustion  
  Unexplained fevers (high or low grade)  
  Flu-like symptoms (early in the illness)  
  Symptoms seem to change, come and go