Step into Spring with Kim Family Chiropractic! [](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRw&url=http://www.clker.com/clipart-walking-1.html&ei=rEP3VJXyLIedyQTU_IKgBw&bvm=bv.87519884,d.cWc&psig=AFQjCNEraPGxncRKrsJdNouU-9GplSzQhw&ust=1425577231194890)

Join Our April Step Program! Track your steps for one week, then enter your name into a draw to win a $50.00 Sport Chek gift card! [](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRw&url=http://www.clker.com/clipart-walking-1.html&ei=rEP3VJXyLIedyQTU_IKgBw&bvm=bv.87519884,d.cWc&psig=AFQjCNEraPGxncRKrsJdNouU-9GplSzQhw&ust=1425577231194890)

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| Week | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| April 5-11 |  |  |  |  |  |  |  |
| April 12-18 |  |  |  |  |  |  |  |
| **Total** |  |  |  |  |  |  |  |

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