

## Child Information

Date \_\_\_\_\_

For Office Use Only: ID #: \_\_\_\_\_



Child's Name \_\_\_\_\_

Parent(s) Names \_\_\_\_\_

Siblings' Names and Ages \_\_\_\_\_

Address \_\_\_\_\_ City/Town \_\_\_\_\_ Postal Code \_\_\_\_\_

Parents' E-mail Address \_\_\_\_\_

Would you like to receive our "Living Healthy" e-newsletter?  Yes  No

Date of Birth \_\_\_\_m/\_\_\_\_d/\_\_\_\_y/ Gender:  Male  Female

Home Ph \_\_\_\_\_ Business Ph \_\_\_\_\_ Mobile Ph \_\_\_\_\_

Best time/ place to contact you? \_\_\_\_\_

Whom may we thank for referring your child to this office? \_\_\_\_\_

Circle the phrase that most represents your child's reason for care:

Wellness  Prevention  Feel good  Symptom Relief

Reason for your child seeking services at our office: \_\_\_\_\_

Has your child ever seen a Chiropractor? If yes, who? Date of last visit: \_\_\_\_\_

Name & Address of Obstetrician/ Midwife: \_\_\_\_\_

Name & Address of Primary Health Care Provider: \_\_\_\_\_

Date of last visit \_\_\_\_\_ Purpose of visit \_\_\_\_\_

## Health Concerns

Please list your child's health concerns according to their severity:

Concern	Rate of Severity 1=mild, 10=worst	When did it start? For how long?	If you had the condition before, when?	Did the problem begin with an injury?	What % of time is pain present?
1.					
2.					
3.					
4.					

## Pregnancy and Birth History

Gestational Duration: \_\_\_\_\_ weeks

### PHYSICAL STRESS

Trauma/Falls during pregnancy \_\_\_\_\_

Any ultrasounds or other radiation?  Yes  No

How many and for what reasons? \_\_\_\_\_

Invasive Procedures (Eg. Amniocentesis, CVS) ?  Yes  No

### CHEMICAL STRESS

During the pregnancy did the mother:

Smoke?  Yes  No How much? \_\_\_\_\_

Drink Alcohol?  Yes  No How much? \_\_\_\_\_

Prescription Medications?  Yes  No How much? \_\_\_\_\_

Recreational Drugs?  Yes  No How much? \_\_\_\_\_

Fall ill during pregnancy?  Yes  No please explain \_\_\_\_\_

Were any supplements taken during the pregnancy?  Yes  No

Please list: \_\_\_\_\_

### EMOTIONAL STRESS

Please rate your stress levels during pregnancy 1-10 (1= low, 10=high): \_\_\_\_\_

### LABOUR

Was labour induced?  Yes  No

Duration of labour? \_\_\_\_\_

Duration of active (pushing stage) labour? \_\_\_\_\_

Did mother receive medications?  Yes  No

If yes, which: \_\_\_\_\_

### BIRTH

Type of birth?  Vaginal: Cephalic (head first)  Breech (feet first)  C-Section

Location of birth?  Home  Hospital  Birthing center

Birth Assistants?  Midwife  Doula  Obstetrician

Was there any assistance needed during birth?

Forceps  Cesarean  Vacuum Extraction  Induction  Assisted Traction/Head Turning

Was delivery considered normal?  Yes  No

Were there complications during birth?  Yes  No

Please explain:

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Was there any evidence of birth trauma to the infant? Check all that apply:

- |  |  |
|--|--|
| <input type="radio"/> Bruising               | <input type="radio"/> Odd shaped head                |
| <input type="radio"/> Stuck in birth canal   | <input type="radio"/> Fast or excessively long birth |
| <input type="radio"/> Respiratory depression | <input type="radio"/> Cord around neck               |

Was your child subjected to any of the following? Check all that apply:

- |  |   |                 |
|--|---|-----------------|
| <input type="radio"/> Silver nitrate drops in eyes | <input type="radio"/> Incubation          | How long? _____ |
| <input type="radio"/> Vitamin K shot               | <input type="radio"/> Separation from you | How long? _____ |
| <input type="radio"/> Hepatitis shot               |   |                 |

Did your child spend any time in intensive care? Yes No If yes, how long? \_\_\_\_\_

APGAR score at birth? \_\_\_\_\_ APGAR score at 5 minutes? \_\_\_\_\_

Birth Weight? \_\_\_\_\_ Birth Length? \_\_\_\_\_

## **Childhood History**

### **PHYSICAL STRESS**

Does your child have a preferred sleeping position?  Yes  No \_\_\_\_\_

Did your child prefer one-sided breast-feeding position?  Yes  No \_\_\_\_\_

Did your baby spit up after feeding?  Yes  No \_\_\_\_\_

Any falls or injuries down stairs, bicycle etc?  Yes  No \_\_\_\_\_

Does child ever bang his/her head repeatedly?  Yes  No \_\_\_\_\_

Any traumas resulting in bruises, fractures, stitches?  Yes  No \_\_\_\_\_

Any hospitalizations or surgeries?  Yes  No \_\_\_\_\_

Please list all surgeries your child has had:

1. Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

2. Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

Please list any accidents and/or injuries: auto, sports, or other (Especially those related to your child's present problems).

1. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized?  Yes  No

2. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized?  Yes  No

3. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized?  Yes  No

Have you ever had x-rays taken?  Yes  No When? \_\_\_\_\_ Where? \_\_\_\_\_

What area of your child's body: \_\_\_\_\_

Does your child play sports?  Yes  No \_\_\_\_\_

If yes, hours per week? \_\_\_\_\_ Age child began? \_\_\_\_\_

Is school backpack used?  Yes  No Weight of backpack? \_\_\_\_\_ kg/lbs

Approximate hours spent at play per week? \_\_\_\_\_

Average time spent at computer/TV/video games per week? \_\_\_\_\_ hrs

Does your child wear glasses or contact lenses?  Yes  No \_\_\_\_\_

Does your child have trouble reading the board?  Yes  No \_\_\_\_\_

Does your child have difficulty with coordination?  Yes  No \_\_\_\_\_

**CHEMICAL STRESS**

Was/is child breast-fed?  Yes  No For how long? \_\_\_\_\_

At what age was:

Formula introduced? \_\_\_\_\_ Brand? \_\_\_\_\_

Cow's milk introduced? \_\_\_\_\_

Solid food? \_\_\_\_\_

Food/juice intolerance?  Yes  No \_\_\_\_\_

Does your child have food allergies?  Yes  No \_\_\_\_\_

What is your child's favourite food? \_\_\_\_\_

What does your child regularly drink? \_\_\_\_\_

The type of diet your child usually follows is classified as: \_\_\_\_\_

Please circle any dietary selection that is appropriate for your child, and grade according to the following scale:

**Daily:**

- D** - Consume this daily
- FD** - Consume this a few times per day

**Monthly:**

- M** - Consume this monthly
- FM** - Consume a few times per month

**Weekly:**

- W** - Consume this weekly
- FW** - Consume this a few times per week

**Never:**

- O** - Do not consume this

- |               |       |           |       |                         |       |                |       |
|---------------|-------|-----------|-------|-------------------------|-------|----------------|-------|
| Eggs          | _____ | Fasting   | _____ | Fruit                   | _____ |                |       |
| Fish          | _____ | Diet Food | _____ | Organic Foods           | _____ |                |       |
| Coffee        | _____ | Beef      | _____ | Weight Control Diet     | _____ | Raw Vegetables | _____ |
| Soft Drink    | _____ | Poultry   | _____ | Artificial Sweetener    | _____ | Whole Grains   | _____ |
| Fried Foods   | _____ | Seafood   | _____ | Cooked vegetables       | _____ |                |       |
| Refined Sugar | _____ | Dairy     | _____ | Canned/Frozen vegetable | _____ |                |       |

Does your child have a bowel movement every day?  Yes  No \_\_\_\_\_

Does your child have regular or occasional skin rashes?  Yes  No \_\_\_\_\_

What vaccinations were given and at what age?  
\_\_\_\_\_  
\_\_\_\_\_

Reason for vaccinations \_\_\_\_\_

Were there any negative reactions?  Yes  No \_\_\_\_\_

Was there any:

<input type="radio"/> Fever	<input type="radio"/> Un-consolable crying
<input type="radio"/> Irritability	<input type="radio"/> Arching of body
<input type="radio"/> Bowel disturbances	<input type="radio"/> Feeding disturbances
<input type="radio"/> Drowsiness	<input type="radio"/> Other: _____

History of antibiotics?  Yes  No

If so, how many courses of antibiotics has your child received in their lifetime? \_\_\_\_\_

Reason and length of last course of antibiotics? \_\_\_\_\_

Please list ALL medications your child currently takes or has taken in the past 6 months:

Name \_\_\_\_\_ Dosage \_\_\_\_\_ For what? \_\_\_\_\_

Name \_\_\_\_\_ Dosage \_\_\_\_\_ For what? \_\_\_\_\_

Name \_\_\_\_\_ Dosage \_\_\_\_\_ For what? \_\_\_\_\_

Please list all nutritional supplements, vitamins, homeopathic remedies your child presently takes:

Name \_\_\_\_\_ For what? \_\_\_\_\_

Name \_\_\_\_\_ For what? \_\_\_\_\_

Are there pets in the home?  Yes  No \_\_\_\_\_

Are there any smokers at home?  Yes  No \_\_\_\_\_

### EMOTIONAL STRESS

Did mother have any difficulties with breast-feeding?

Did mother and baby have difficulty bonding?

Did mother experience any post-partum depression?

Night terrors, sleep walking, difficulty sleeping  Yes  No \_\_\_\_\_

Do you consider their sleeping pattern normal?  Yes  No \_\_\_\_\_

Quality of Sleep?  Good  Fair  Poor Number of hours \_\_\_\_\_

Behavior problems?  Yes  No \_\_\_\_\_

Do you feel that your child's social and emotional development is normal for their age?  Yes  No

Does your child attend day care?  Yes  No From what age? \_\_\_\_\_

### GROWTH AND DEVELOPMENT

Was your child alert & responsive within 12 hours of delivery?  Yes  No

If no, please explain: \_\_\_\_\_

At what age did your child:

Respond to sound? \_\_\_\_\_

Sit alone? \_\_\_\_\_

Follow an object? \_\_\_\_\_

Teethe? \_\_\_\_\_

Hold head up? \_\_\_\_\_

Crawl? \_\_\_\_\_

Vocalize? \_\_\_\_\_

Walk? \_\_\_\_\_

### FAMILY HISTORY

Describe any medical family history on mother's side: (EG cancer, diabetes etc)

On father's side:

Does sibling's have any health concerns?

Yes  No

If yes, please describe: \_\_\_\_\_

## *Informed Consent to Chiropractic Care*

When a person seeks chiropractic care, it is essential for both the individual and the chiropractor to be working towards the same objective.

Chiropractic care has one goal, to correct vertebral subluxations. It is important that each person understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Vertebral Subluxation:** A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of the nerve function and interference to the transmission of mental impulses, resulting in a decrease in the body's innate ability to express its maximum health potential.

**Adjustment:** An adjustment is a specific application of forces to facilitate the body's correction of a vertebral subluxation. Our method of correction is by specific adjustments of the neurospinal system.

**Health:** A state of optimal physical, mental, and social wellbeing, not merely the absence of symptoms.

I understand that my care at this office will be focused on the detection and correction of vertebral subluxations. I hereby request and consent to the performance of chiropractic adjustments and assessments. Understanding that every body has a different potential for wellness thus, the maximal results I will receive in this office cannot be predicted or guaranteed.

Chiropractic care is considered to be one of the safest and most effective forms of care. I understand and am informed that, unlike many other health care professions, the risks associated in receiving chiropractic care are extremely minimal. In recent years there have been rare incidents of injury to the vertebral artery during the course of care by medical doctors, physiotherapists and chiropractors. To put this in perspective, the risk of stroke in the general population is 0.00057%. The risk of stroke after a chiropractic adjustment is 0.00025%. The risk of death from taking an aspirin and/or other anti-inflammatory drugs is 0.04%.

It is not our goal or intention to diagnose, treat or attempt to cure any physical, mental, emotional symptoms. Our expertise is in health, wellness, healing and human physiology. However, if during the course of chiropractic care, we encounter unusual findings, we will bring these to your attention. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. Please discuss care alternatives with attending chiropractor.

**Our primary goal is to release life in the body, through the detection and correction of vertebral subluxations.**

At this office, the privacy of your personal information is an essential part of our office providing you with quality care. We are committed to collecting, using and disclosing your personal information responsibly. Our office has a privacy policy that complies with federal law, which you may view at any time by asking our staff.

I, \_\_\_\_\_ have read and fully understand the above statements.  
(PRINT NAME)

I have also had an opportunity to ask questions about its content. I therefore accept chiropractic assessments and care on this basis. I intend this consent form to cover the entire course of my care in this office with Dr. John Beech or other attending chiropractor.

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(SIGNATURE)

(DATE)

(WITNESS)

**Consent to assess and adjust a minor:**

I, \_\_\_\_\_, being the parent or legal guardian of  
(PARENT/GUARDIAN NAME)

\_\_\_\_\_ have read and fully understand the above terms  
(CHILD'S NAME)

of acceptance and hereby grant permission for my child to receive a chiropractic assessment and chiropractic care. All people respond differently to care. We never promise a cure, but we do promise to do our best.