

Confidential Patient Health History

Today's Date / / Signature of Patient _____

First Name _____ Nick Name _____

Last Name _____ Middle Name _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work Phone _____

Cell Phone _____ Email _____

Date of Birth / / Age _____ Gender: Female Male

Height _____ Weight _____

Marital Status (check one) Single Married Other SS# _____

Emergency Contact _____

Phone _____ Relationship _____

Preferred Contact Method:

Home Phone Work Phone Cell Phone Text

May we contact you via text for appointment reminders? Yes No

Briefly describe what brings you here today _____

Please list any surgeries _____

Current medications, including dosage if known. (use the back of page if needed)

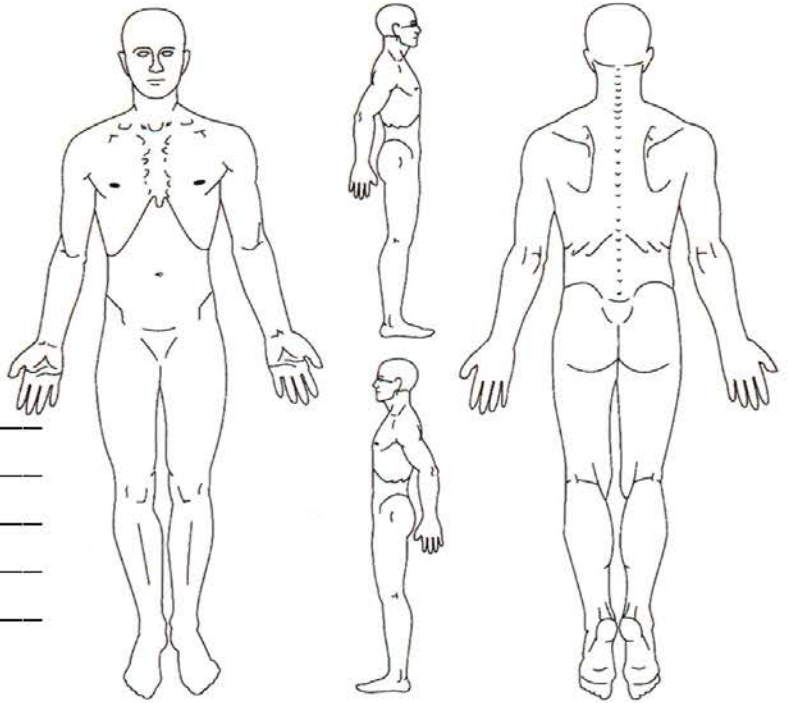
Current Supplements you are taking

Name _____ Date _____

Please draw the location of your discomfort on the images using the symbols shown to represent the type(s) of pain:

- D = Dull
- B = Burning
- N = Numb
- A = Ache
- R = Radiating
- S = Sharp/Stabbing
- T = Tingling
- C = Cramping
- M = muscle spasm

Use your own descriptors to mark image:



On the scales below, please draw a vertical line representing your level of pain or discomfort:

Area	Description	No Pain	Unbearable Pain
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Referred by: _____

Family Medical Doctor: _____

When doctors work together it benefits you. May we have your permission to update your medical doctor regarding your care at this office? yes no

Name: _____ Date: _____

Health Questionnaire

Please mark with a **N (now)** or **P (past)** in front of the health issue(s) in each list below that you may have experienced or are currently experiencing. Leave blank if you have never experienced the health issue.

Musculoskeletal

- ___ low back problems
- ___ pain between shoulders
- ___ neck problems
- ___ arm problems
- ___ leg problems
- ___ swollen joints
- ___ painful joints
- ___ stiff joints
- ___ weak muscles
- ___ walking problems
- ___ broken bones
- ___ gout
- ___ arthritis
- ___ osteoprosis
- ___ joints replaced
- ___ TMJ

Gastrointestinal

- ___ excessive hunger
- ___ difficulty chewing
- ___ difficulty swallowing
- ___ excessive thirst
- ___ nausea/vomiting
- ___ abdominal pain
- ___ diarrhea
- ___ constipation
- ___ black stools
- ___ hemorrhoids
- ___ liver trouble
- ___ gall bladder problems
- ___ bowel problems
- ___ ulcers
- ___ bloody stools
- ___ poor appetite

Genitourinary system

- ___ bladder trouble
- ___ excessive urine
- ___ scanty urination
- ___ painful urination
- ___ discolored urine
- ___ kidney disease
- ___ lower side pain
- ___ burning urination
- ___ frequent urination
- ___ blood in urine
- ___ kidney stone
- ___ irritable bowel syndrome

Endocrine

- ___ cramps
- ___ irregular periods
- ___ vaginal discharge
- ___ vaginal pain
- ___ lumps in breast
- ___ P.M.S.
- ___ thyroid disease
- ___ diabetes
- ___ hair loss
- ___ menopausal
- ___ menstrual problems

Ears/Nose/Throat

- ___ ear noises
- ___ ear pain
- ___ dizziness
- ___ hearing loss
- ___ sinus infection
- ___ nosebleed
- ___ sore throat
- ___ difficulty swallowing
- ___ bleeding gums

Cardiovascular

- ___ chest pain
- ___ pain over heart
- ___ rapid heartbeat
- ___ high blood pressure
- ___ heart problems
- ___ varicose veins
- ___ aortic aneurism
- ___ heart attack
- ___ pace maker
- ___ irregular heartbeat
- ___ vascular disease
- ___ poor circulation
- ___ swelling of legs
- ___ high cholesterol
- ___ jaw pain

Respiratory

- ___ hard to breathe
- ___ persistent cough
- ___ coughing blood
- ___ lung problems
- ___ asthma
- ___ tuberculosis
- ___ shortness of breathe
- ___ emphysema
- ___ cold/flu
- ___ cough/wheezing

Eyes

- ___ vision problems
- ___ glaucoma
- ___ double vision
- ___ blurred vision

Name: _____ Date: _____

Health Questionnaire (cont)

Please mark with a **N (now)** or **P (past)** in front of the health issue(s) in each list below that you may have experienced or are currently experiencing. Leave blank if you have never experienced the health issue.

Neurological

- ___ numbness
- ___ loss of feeling
- ___ paralysis
- ___ fainting
- ___ headaches
- ___ forgetfulness
- ___ confusion
- ___ Babinski
- ___ stroke
- ___ seizures
- ___ head injury
- ___ brain aneurysm
- ___ severe headaches
- ___ pinched nerves
- ___ Parkinson's disease
- ___ carpal tunnel
- ___ spinning/balance

Hematologic/Lymphatic

- ___ hepatitis
- ___ blood clots
- ___ cancer
- ___ easy bruising
- ___ easy bleeding
- ___ fevers/chills/sweats

Allergic/Immunologic

- ___ hives
- ___ immune disorder
- ___ HIV/AIDS
- ___ allergy shots
- ___ cortisone use

Constitutional

- ___ weight loss/gain
- ___ energy level problem
- ___ difficulty sleeping

Psychiatric

- ___ depression
- ___ anxiety disorder
- ___ unusual stress

Integumentary

- ___ skin lesions
- ___ skin ulcers
- ___ skin disease
- ___ eczema
- ___ psoriasis
- ___ rashes

When is the last time you were on antibiotics? _____
Reason: _____

Accident information if not work related:

Type of accident (car, bicycle, skiing, fall, etc.) _____
Date and location of accident _____
Is there an attorney involved? _____ If so, name _____
Describe the accident: _____

Work related injury:

Describe the accident _____
Date of injury _____ Have you lost days of work? _____
Have you notified your employer? _____ If yes, name _____
Have you seen any other doctors for this? _____ If yes, name _____
Are you filing a worker's compensation claim? _____ Claim # _____

The Federal Government requires that we ask you
thy following questions:

Race (check one)

- | | | | |
|-----------------------------------|---|--------------------------------------|--|
| <input type="checkbox"/> White | <input type="checkbox"/> Black/African American | <input type="checkbox"/> Hispanic | <input type="checkbox"/> American Indian/Alaskan Native |
| <input type="checkbox"/> Asian | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Chinese | <input type="checkbox"/> Filipino |
| <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | <input type="checkbox"/> Vietnamese | <input type="checkbox"/> Native Hawaiian or other Pacific Island |
| <input type="checkbox"/> Samoan | <input type="checkbox"/> Guamanian or Chamorro | <input type="checkbox"/> Other _____ | <input type="checkbox"/> I choose not to specify |

Multi-Racial (check one) Yes No Unknown

Ethnicity (check one) Hispanic or Latino Not Hispanic or Latino I choose not to specify

Preferred Language (check one)

- | | | | | | |
|----------------------------------|-------------------------------------|---|--|--|---------------------------------|
| <input type="checkbox"/> English | <input type="checkbox"/> Spanish | <input type="checkbox"/> American Sign Language | <input type="checkbox"/> Chinese | <input type="checkbox"/> French | <input type="checkbox"/> German |
| <input type="checkbox"/> Tagalog | <input type="checkbox"/> Vietnamese | <input type="checkbox"/> Italian | <input type="checkbox"/> Korean | <input type="checkbox"/> Russian | <input type="checkbox"/> Polish |
| <input type="checkbox"/> Arabic | <input type="checkbox"/> Portuguese | <input type="checkbox"/> Japanese | <input type="checkbox"/> French Creole | <input type="checkbox"/> Greek | <input type="checkbox"/> Hindi |
| <input type="checkbox"/> Persian | <input type="checkbox"/> Urdu | <input type="checkbox"/> Gujarati | <input type="checkbox"/> Armenian | <input type="checkbox"/> I choose not to specify | |

Verification Question (choose only one question by circling the question, then give the answer to that question)

- | | | |
|---|---|---|
| <input type="checkbox"/> What is the name of your favorite pet? | <input type="checkbox"/> In what city were you born? | <input type="checkbox"/> What high school did you attend? |
| <input type="checkbox"/> What is your favorite movie? | <input type="checkbox"/> What is your mother's maiden name? | <input type="checkbox"/> On what street did you grow up? |
| <input type="checkbox"/> What was the make of your first car? | <input type="checkbox"/> When is your anniversary? | <input type="checkbox"/> What is your favorite color? |

Verification Answer to the Chosen question: _____

Do you currently smoke tobacco of any kind? Yes Former smoker Never been a smoker

If yes, how often do you smoke: Current every day smoker Current sometimes smoker

If yes, what is your level of interest in quitting smoking?

- | | | | | | | | | | | |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|
| <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 | <input type="checkbox"/> 9 | <input type="checkbox"/> 10 |
| No interest | | | | | Very Interested | | | | | |

Has any doctor diagnosed you with Hypertension presently? Yes No If yes, describe: _____

Has any doctor diagnosed you with Diabetes presently? Yes No If yes, what kind? Type I Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%? Yes No Not Sure

If yes, other comments regarding Diabetes: _____

I hereby acknowledge that I have had the opportunity to read and obtain a copy of the Health Insurance Portability and Accountability Act (HIPAA) Privacy rule for Bridger Chiropractic Clinic ***

Patient/Guardian Signature: _____ date: _____

Print Patient Name: _____

Relationship to patient: Self Parent Guardian Responsible Party Legal Representative, etc. _____

*** This information is found under the "New Patient Forms" tab as "HIPPA info"

Authorization To Disclose Health Information

As a patient of Bridger Chiropractic Clinic you are protected under the Health Insurance Portability and Accountability Act of 1996 (HIPAA). We may disclose your health information to a family member, friend or other person to the extent necessary to help with your health care or with payment of your health care, but only if you agree that we may do so.

I authorize _____ to inquire about:
(print name of parent, significant other, spouse, family member, etc.)

___ Payments/Charges

___ Health Information (prescriptions, test results etc.)

___ Consult with my Doctor regarding my health care

Patient Signature: _____ date: _____

Insurance Authorization

I hereby authorize Bridger Chiropractic Clinic to furnish information to my insurance carriers concerning my diagnosis and treatments. I also authorize payments of insurance benefits to be made directly to Bridger Chiropractic Clinic. I understand that I am responsible for all charges incurred.

Patient/Guardian Signature: _____ date _____

Print Patient Name: _____

Relationship to Patient: Self, Parent, Guardian, Responsible Party, Legal Representative, Etc. _____