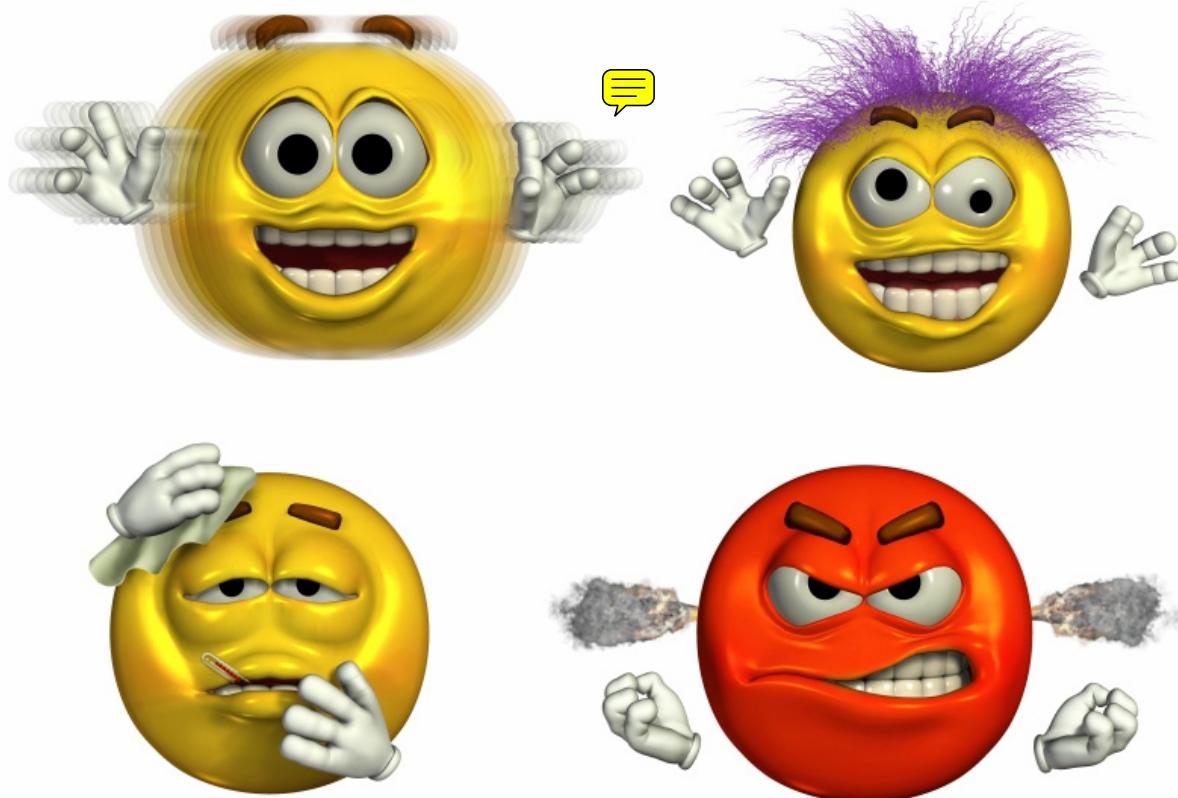


SPECIAL

‘Bio-Identical Hormone Replacement Therapy’



HORMONE REPORT

(For Men & Women Who Do NOT Want To
AGE Prematurely!)

If You're A Man Or Woman Who Is Gaining Weight, Tired, Doesn't Feel Good Or Are Aging Prematurely...

~READ THIS REPORT IMMEDIATELY~

If you want to learn about something that is important to your health and welfare, READ this report.

Dear Friend,

- **Are you ‘Aging Prematurely’?**
- **Do you feel tired and sluggish all the time?**
- **Do you want that old stamina you used to have?**

If you answered “YES” to any or all of the questions above, you’re in the right place. I’m about to introduce you to something that will change your life and how you feel forever. It’s called...

BHRT, (better known as “Bio-identical Hormone Replacement Therapy”).

Modern science regards ‘aging’ as a disease. It also regards this aging as something that is ‘treatable and preventable’. This special one-of-a-kind hormone report will explain to you how to overcome aging. If you want to slow down ‘AGING’, you had better READ this entire report.

Remember though, bioidentical hormones are completely different from the hormones prescribed by most medical doctors. These hormones are not like synthetic Premarin, Estrogen or steroids, etc.

All hormones are synthesized in your body using something called ... Cholesterol.

Yes, that’s what I said... ‘Cholesterol’. That was no typo. With that said, let’s talk about the BHRT HORMONES.

First of all...

Hormones are “essential” elements in the human body.

Hormones generally function as "messengers". Every hormone needs a certain hormone receptor to function correctly, similar to a **lock-and-key combination**.

That’s what is so nice about these bio-identical hormones. **They work!** Bio-topical homeopathic crèmes act directly with your body's built-in receptor mechanism.



BHRT crèmes act on the **root cause** of your hormonal deficiency. As a *man or woman* these bioidentical crèmes will rouse your sleeping built-in mechanism to generate body-made natural hormones. If you do not use your body’s own natural

mechanisms, then you may eventually lose them. It's the proverbial **USE IT OR LOSE IT**, so if you want to remain younger, you have to have balance in your hormone levels.

Now let me say this up front.

This hormone report is **NOT** about the types of hormones you normally hear about. No it's all about bioidentical crèmes that help you become healthier and slow down the aging process and get rid of some of your hormone related symptoms without the side effects of pharmaceutical drugs.

Recent studies have stated that **multiple hormone deficiencies** compromise your **quality of life** as you start AGING. And by the term AGING I don't mean if you're 65 and retired.

**NO, I mean if you're 30 or over.
Male or FEMALE**

Believe it or not, 30 is the **magical number** for a very large percentage of the population, and this includes YOU.

"Hi. There are three things I've noticed since I started taking the crèmes about a month ago. It's helped with weight loss, it's increased my energy so much that I feel like a 30 year old again, and my libido is back to where it was when I was thirty. My wife loves it, so thank you again."

Dr. Mace Richter, 54 years San Diego, CA.

You may not believe you could have multiple hormone deficiencies, but here's the secret. You can actually have hormone deficiencies sooner than age 30, but 30 is the AVERAGE age that this AGING, due to hormone imbalance, begins.

Multiple hormone deficiencies can INCREASE the rate of your aging process.

That means you don't have just one hormone deficiency, but many. This is BAD. One hormone deficiency is terrible, and multiples are super bad, so make sure you read this report.

BHRT Can Restore Your Youthful Hormone Balance

Yes! Doesn't matter how old you are or if you're a male or female, BHRT will most likely help you. Youthful hormone balance is critical to maintaining health in **ALL men and women OVER the age of 30**. So how do you correct that IMBALANCE? You have to figure out which hormones are imbalanced and start balancing them.

WARNING: We are NOT talking about "synthetic hormones" in this report that are produced by pharmaceutical companies, things like Premarin which is a synthetic Estrogen and is known to cause cancer. Nor am I talking about steroids used by athletes. We are only talking about Natural Bio-identical hormones, the hormones that occur in your body ... *naturally*.



"I am going through menopause and have been suffering from cramps and terrible night sweats. Since using the hormone crèmes, my night sweats completely stopped. I used to be soaking wet after a night's sleep and now I am back to normal again. My doctor wanted to put me on synthetic hormones before but I always declined because I knew about the side effects. These natural bioidentical hormones are exactly what I needed." **Alice Werro, 53 years**

Now before we go over the major hormones, one by one, let me share something with you. Alcohol affects YOUR hormone levels, whether you're a man or a woman.

Researchers found that beer and *other alcoholic drinks* LOWER your **testosterone levels**, which of course - makes a MAN, less manly. By the way women have testosterone as a hormone also, just not as much as a man.

Now when you decrease testosterone it causes among other things an accumulation of

BODY FAT

NOT Good! Drinking beer can cause 'body fat' to store in a womanly fashion in men: especially in the hips and thighs! Not a good thing in my books, because I am a man, so if you're a man reading this report or if you're a woman and you're married to a man, you might want to pay attention to what I'm saying here.

The results are evident that all types of alcoholic drinks raise the estrogen levels. In addition to this, alcohol decreases **FREE testosterone levels** and in a male ... this is NOT good.

Now let's go over the main hormones so you have a better understanding of what's going on and why they affect your body in the way that they do. Let's talk about some of the main female hormones now, Estrogen and Progesterone. We'll talk about the male hormones later.

Let's start out with the famous ... Estrogen

What does it do? It's responsible for female characteristics and sexual functions and these are vital to every female. Estrogen is also present in men, but at a much, much lower level.

So what happens when Estrogen is imbalanced in the female? Research has shown that LOW estrogen levels in females are the PRIMARY culprit of 'unpleasant menopausal issues' like hot flashes, night sweating and dryness. If you don't have any unpleasant menopausal issues, you're still not SAFE; you just don't have any symptoms.

Females can also experience the loss of their sex drive from an estrogen imbalance, since they are estrogen dominant and this may cause some major mood swings, which can then cause problems with their marriage, sexual relationships, etc.

Low levels of ESTROGEN can also INCREASE the female's risk of

- heart disease
- stroke and
- bone fractures

So being low on estrogen affects the woman in a big way, and you know as well as I do, if 'Mama is not happy, no one around the house WILL BE HAPPY'.

Researchers have also found that the correct estrogen levels can produce the following benefits:

- helps you to maintain firm skin
- helps you to retain muscle tone,
- helps you support healthy neurological, immune and sexual functions, and

- it produces a greater feeling of well-being in women.

For years, menopausal women relied on estrogen to maintain youthful levels. But taking estrogen (the synthetic kind) has ‘**potential life**’ threatening side effects.

THE HORMONES WE TALK ABOUT IN THIS REPORT ARE BIO IDENTICAL TO THE ONES NATURALLY OCCURRING IN THE BODY AND THEY ARE ADMINISTERED IN CRÈME LYPOSOMAL FASHION, NOT SHOTS OR PILLS.



“When I first began the Anti-Aging crème regimen I was hoping for a miracle. The results came faster and even better than my expectations. Within 9 days of starting your program, I noticed a small change in my skin texture, especially on my hands. On day 21 of your program the skin on my arms and legs had become noticeably smoother. On day 30, my face seemed to have regained elasticity and a more youthful glow. My friends noticed a change immediately, and I found people I knew were approaching me, asking if I had been on vacation, perhaps to a spa, saying I looked well rested and vibrant. And on top of that, my energy is through the roof. I am eternally grateful for this.”

Cathy Kollinzas, Age 56 OK.

Next Progesterone

What does Progesterone do for women? Well actually it’s responsible for ovulation and menstruation. When it’s **NOT balanced**, you can have symptoms like:

- insomnia,
- foggy thinking,
- mood changes,
- joint and muscle pain, and
- weight gain.

How many women complain about weight gain, after having a child? Lots of them! Some are able to get rid of the extra fat accumulation while others never seem to recover.

If you’re a female and you want to make a ‘big’ difference in your life, get started on BHRT today.

Also, women with hormonal deficiencies are likely to become affected by Osteoporosis.

Women with **two or three deficiencies** have a very high likelihood of being ‘frail’. Being frail is not good. I am not going to go into this in detail in this report, but women who are deficient in *more than one* hormone --- had almost a **3 times greater risk of being “frail”** ...than women who were NOT hormonally deficient. Why is this frailty thing so important? Because **women... diagnosed as ‘frail’ lose the ability to care for themselves and live ‘independently’**.

Now let’s go over TESTOSTERONE the Male Hormone.

If you are a man you cannot have low levels of the hormone testosterone and have a healthy sex life.

Testosterone is the primary male sex hormone, and is needed for optimal health and sexual performance in men.

Symptoms of low testosterone include 'fatigue', 'loss of lean muscle mass', a greater risk of osteoporosis and cardiovascular disease, increased abdominal fat and a lower libido. These are just a few of the things that can happen to you if you're a male, so you'd better pay attention.

So What Is Testosterone?

This is a major hormone for men. **Testosterone is a hormone** produced by both men and women, though adult males produce **much more of it** than females. This hormone is essential for the **production of sperm and sexual arousal** so it's really important to people that have E.D., which is known as erectile dysfunction.

As a man gets older his testosterone level will drop automatically and he will be less interested in sex than he was in his prime. Most men attribute this to their aging, and in a sense they are 100% correct. That's why a low testosterone level can also cause erectile dysfunction (ED) or impotence.

Forcing drugs into a man is not the right way to handle this type of problem. If you're hormone deficient, the best way is by fixing the problem by using a hormone bioidentical crème that helps to RESTORE the man's normal testosterone level.

Decreased levels of testosterone have an adverse effect on your brain and emotions too. Some sufferers can experience symptoms such as: irritability, aggression and lack of enthusiasm about anything. Not to mention the abdominal weight gain (belly in men).

How Do You Fix A Problem Like That?

According to the FDA, **MILLIONS** of American men currently suffer from the problem of low testosterone.

That's millions! So getting something done about this condition, as soon as possible, is really important. If you, your spouse or a loved one are concerned about the correlation between a low level of testosterone and their unhealthy sex life, do something about it today.

I know men who **don't** have a STRONG desire for sex and they just consider it a part of aging or the lack of desire for their mate, when in reality it's because of a hidden hormonal imbalance that can be easily corrected.

Research also shows that by age 60, men typically produce **60% LESS** testosterone than they did when they were 20.

With this drastic reduction comes reduced sex drive and **abdominal weight gain**. Have you ever thought about hormones having anything to do with a healthy heart?

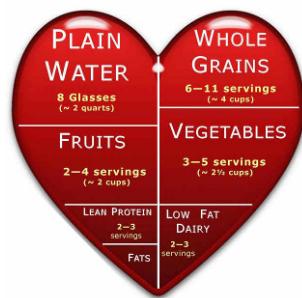
HOW TO MAINTAIN A HEALTHY HEART

Normal testosterone has also been associated with maintaining a "healthy" cardiovascular system.

There are other hormones that are very important, like thyroid and cortisol which are not a topic of this report, but they should be noted in your hormone study.

Now here's something that may surprise you.

Whether you know it or not, hormones are predictors of heart failure.



Numerous studies have underscored the critical need for “bioidentical hormone replacement” to assure that people who use them have the **best** years in their golden years so they can maintain independence for as long as possible.

That's pretty important from an economical view point because who wants their parents to spend all their money on a nursing home of assisted living?

I certainly don't. That's why this report was written. It shows you what and how to do take care of problems like this, simply and easily.

If you think you might have a low level of testosterone, (in other words, you're over 30 and over) the first thing you might want to do is ask the doctor who gave you this report where to get these specialized crèmes.



Don't forget, there is a definite link between the hormone ‘testosterone’ and your “sex drive”. If you want to restore your energy and youth and be a giant with sex, you'd better think about using these crèmes on a consistent basis from here on out.

If you think you have LOW testosterone, don't suffer in silence.

Start taking these specialized crèmes.

Scientists and researchers now know that ‘hot flashes’ in women are felt due to hormone imbalance at the onset, during, or after you experience...the fateful menopause.

In other words, they can happen at anytime.

Let's talk about **DHEA**. (**D**ehydroepiandrosterone)

That is a big word, so let's just use DHEA.

DHEA is the body's most abundant circulating hormone.

Research has shown that DHEA production “peaks” by **age 25** and **drops** dramatically each year thereafter.

Your Hormones PEAK by Age 25!!!

So by **age 70**, research shows most **people's DHEA** levels have **declined by over '80%**', leading to hormonal imbalances that can affect their quality of life. Most people would just tell you that it's their age that is causing their symptoms and it is and it isn't. If they are on a quality hormonal crème, they won't have that big DHEA drop.

These kinds of hormonal imbalances also occur with the other critical hormones in our aging bodies such as: **Testosterone, HGH, Estrogen, and Progesterone.**



"I'm a big believer in taking care of your body. I try to give my body the best nutrients possible and I won't do something that is bad for it, so these crèmes have been phenomenal. My skin feels better; in fact I have women tell me that my skin feels like a twenty five year old. I also have more energy and I'm getting ready to start training to bench press 340 pounds, which I've never been able to do before. If you want to make real changes in your life, you have to use these crèmes. They make that much of a difference."

Dr. Carney, 59 y/o, Temecula, CA

Thousands of studies have been published showing how DHEA may help to **retard** the effects of aging and promote longevity. Let's look at DHEA's benefits.

DHEA can increase your testosterone levels, restore your muscle mass, improve your body fat ratio, improve your memory, and boost your immune system. It's also useful in combating auto-immune disorders, obesity, senile dementia, osteoporosis, chronic fatigue syndrome, and depression so it's a GREAT hormone to use.

DHEA even promotes flexibility in your body and raises your stamina and endurance levels. That's great for anyone that wants to stay young.

DHEA is also the hormone that helps you reach and keep your ideal weight too. How many people in America need it right now? It is the basis of the hormone that tells your brain when you've had enough to eat, and inhibits the conversion of glucose to fat, so it's pretty important.

When your body is low on DHEA, fat piles on quickly, whenever you are eating carbohydrates, since there is nothing to inhibit the conversion of glucose to fat.

DHEA protects you against arteriosclerosis by lowering your cholesterol and insulin levels. This mechanism keeps you safe from diabetes if you eat a healthy diet. It is another hormone that keeps your immune system strong, helping you to prevent cancer. It also protects your brain from Parkinson's and Alzheimer's by protecting neurons, so it does a lot.

Oral supplementation can also be used, but most of the hormone is lost in your liver, hence the advantage of using liposomal crèmes by West Coast Bio Topicals. This is the preferred method.

Another very important hormone you need to know about is **Human Growth Hormone or HGH**.

This hormone is in my opinion, the Fountain of Youth hormone.

This is one that everyone over the age of 30 should be using on a regular basis. After childhood, HGH levels peak and then drop throughout the rest of your life. In fact they are going down like a 'lead balloon'.

Without this HGH hormone in your body in sufficient amounts, age begins to look like it sponges every ounce of resilience from you. If you look at your kids, children advancing to adolescence have the **highest levels of HGH**. Who has the most resilient energy? They do!

Adults who take this amazing HGH crème have revealed that they **feel younger, act more sociable** and have a **greater desire to be more active in their everyday lives** among other things.

Here's a key point about HGH.

The hormone, we call HGH impacts EVERY CELL in your body as the ‘master hormone; HGH is what makes us grow. This is probably why people go “gaga” for **HGH** and have such outstanding results.

**After age 30, both the ‘amplitude and the amount of HGH decreases with AGE’
SO from that point forward, they are aging prematurely.**

1/3rd of the people tested, **over** 50 years of age, showed abnormal levels of HGH.

That's over 1/3rd of them.

So what does HGH do for you exactly?

- Helps in tissue repair,
- Cell re-growth,
- Healing capacity,
- Upkeep of your vital organs,
- Brain and memory function,
- Helps with your enzyme production, and
- Revitalization of your hair nails and skin so they will not diminish.

This means you're going to experience all kinds of changes from hair loss to weight gain to brittle nails if your hormone levels are not up to snuff.

When we age, decreasing growth hormone (HGH) levels go hand-in-hand with the loss of HGH due to many things: **stress, malnutrition, lack of exercise, surgery, infection or accident.**

By the **age of 80**, almost **ALL** of your HGH will be gone!

Get Your Own Hormones - Under Control to prevent dying at a young age!

Pay attention to what you read in this report. You may not think it's going to happen to you, but you know as well as I do, the first indication of a heart problem is **DEATH** in 40% of heart attacks, so you'd better listen to what I'm saying here.

From the time you're born, you start aging, so you can either pay attention to this report, or prematurely age. It's up to you. Oh yeah, I almost forgot.



Aging in men is also characterized by **progressive decline** in levels of hormones such as testosterone, HGH and DHEAS. Remember, this is a multiple of deficiency type of hormones. Men deficient in 3 hormones (testosterone, HGH and DHEA) were more than two and one-quarter times **more likely to die - Sooner.**

“Since I've been using these crèmes I've regained my youth. More muscle mass, less fat, all thanks to these crèmes. This is the best thing I've ever done. Every morning I use these crèmes and I feel incredible. I have more energy, more power at the gym, and they have literally transformed my life. I'm 48 years old and I'm now in the ‘shape of my life.’” **Dr. Breitenmoser, CA**

Scientists concluded that age associated decline in hormone levels is a **STRONG independent predictor of mortality in older men**. That's a point you want to consider ... if you're a MAN. And don't forget, having multiple hormone deficiencies is a **reliable** biomarker of the health status in both males and females.

If I am a man, and I know that a hormone deficient is going to affect my heart, I want to do everything I can to offset this. **Hormonally deficient men with 'chronic heart failure' have the poorest prognosis "because of their hormone levels".**

Here's another significant fact. DHEA deficiency correlated positively with a left ventricular disturbance. This can be a deficiency of DHEA plus a deficiency of testosterone, and HGH.

How many people have a problem with their heart and could have had some 'relief' with the hormone crèmes?

FACT: Men with '**chronic**' heart failure and **normal levels of ALL hormones** had the best 3 year survival rate (83 percent) compared to those with 1 hormone deficiency (74 percent survival rate), 2 hormone deficiencies (55 percent survival rate), and 3 hormone deficiencies (27 percent) survival rate.

It really doesn't have to be this way though

Here's another KEY POINT:



Very seldom does ONE hormone decline in isolation. So based on that, you know that hormones need to be in balance for good health, and when one hormone declines -- the balance is thrown **out of kilter**. If one hormone is imbalanced in your system, chances are all of them are going to be out of balance.

When that happens, there is a stress placed on your body to **compensate** and that stress throws the other hormones **out of balance**.

It creates a 'domino effect' in your hormonal system. Here's something else to think about.

Multiple hormone deficiencies are 'COMMON' in people "**PAST**" the age of **40**.

Q. Why would you wait if you knew about this in advance?

You wouldn't WAIT, would you? Every hear one of your friends or relatives say, "I fell apart as soon as I turned 40!" Honestly, they were aging and falling apart, long before their symptoms became apparent.

This is your WARNING: Pay Attention!

We take diseases for granted ...as being inevitable parts of the so-called aging process ...but they are just '**manifestations of a hormonal decline**' in our systems.

FACT: Diseases Are Associated With Hormonal Dysfunction?

Think about this...high blood pressure, cancer, diabetes, heart disease, arthritis, joint pain, osteoporosis, cognitive impairment, and even allergies are symptoms of

Hormonal Insufficiency...

Diseases are associated with ‘HORMONAL INSUFFICIENCY’. The current epidemic of **BREAST CANCER** is primarily the result of **hormonal decline** in the individual’s hormone levels, as is **PROSTATE CANCER**.

“Young people with ‘FULL’ healthy hormonal profiles RARELY get any of these diseases I’ve mentioned.”

The *symptoms* of hormonal imbalance BEGIN at around age 40; long after the person has had a declining hormone level for more than 10 years **prior to** their symptoms beginning.

All the organic fruits and vegetables, vitamins and mineral supplements, chemical-free living, and exercise --- WILL NOT SAVE you from a **hormone decline UNLESS you are using a bioidentical hormone like the crèmes from West Coast Bio Topical.**

Aging and hormonal deficiency is built into everyone - like a “ticking” time bomb.



It’s going to happen; it’s just a matter of TIME. Hormones crèmes help **de-fuse** this built in ‘ticking’ TIME BOMB.

Our ancestors, who lived healthy lifestyles, grew their own food in their fields, got plenty of exercise and had never heard of the chemicals we now take for granted, but they still lost their hormones and died at young ages.

People now have a way to change what 'Mother Nature' has in store for them!

FACT: Your body will do whatever it can to protect you, but “Everybody's days are numbered.” In other words, YOUR hormones will decrease in your body – automatically, so you have to help.

This decrease in hormones happens to everyone...so you have to “**pay attention**” to reports like this one that tell you why you’re actually having the health problems you’re having.

Believe it or not, we are able to somewhat postpone the inevitable and continue on our merry way for a few more years **IF** ...we can get ‘nature’ to believe we are still able to reproduce and flourish, without the use of synthetics like Premarin and Estrogen.

With the advent of these specialized bioidentical hormone crèmes people are separating themselves from every other living thing by their ability to prolong health and well being beyond what Nature had in mind, due to the hormonal decline.

FACT: Bioidentical hormone replacement crèmes can **extend your years** to live happily, and **ADD life to your years**, so you can experience a healthy and independent life until you die.

Bioidentical hormone replacement crèmes help you maintain your health and energy. YOU CAN STILL BE ACTIVE AT 80! An innate body starved for hormones will respond to the hormone crèmes ... NO matter what! Even the AGE of the person --- DOES NOT MATTER when talking about **hormone replacement crème therapy**. But the sooner you start the better off you are.

Here's a good one. Is sleep ...really that important? It is if you're not getting enough quality sleep. Ask anyone with insomnia. One of the "worst symptoms" of hormone decline typically found in **women and men** is the **inability to sleep**.

Night after night, little or no sleep leads to cognitive and psychological impairment, and a miserable quality of life.

If you can't sleep, this report is a God send to you.

You can buy the best mattress out there, but if you have a hormonal imbalance, most likely you're still not going to sleep restfully.

Research has shown that restoring hormones (at ANY age) will help restore the person's ability to sleep restfully.

Bioidentical hormones are 'exact replicas' of the hormones made in your body

That's what most people don't understand. Bioidentical hormones have the identical molecular structure as the hormones made by the human body, hence the name, 'bioidentical'.

Don't Wait To Get These!

Your health depends on it. The book "*Breakthrough to Wellness*", contains a series of interviews conducted with top anti-aging doctors complied by Suzanne Somers. It offers a wealth of information on bioidentical hormone replacement as does Suzanne's earlier book, "*Ageless*". Both are great reading if you want to learn more about these bioidentical hormone crèmes.

Here's something else to think about. **Bioidenticals are part of a whole health regimen..** Bioidentical crèmes from West Coast Bio-Topical provide the foundation for extending good health and well being.

BIOIDENTICAL HORMONE crèmes are available from:

The FDA has not evaluated these statements. Products are not intended to diagnose, treat, cure or prevent disease.