

# Herba Family Chiropractic

## PATIENT HISTORY

*(Please Print, All information is confidential)*

Name: _____ Address: _____ _____ Home Phone: _____ Office Phone: _____ Email: _____ DOB: _____ Age: _____	Referred By: _____ Marital Status: _____ # of children: _____ Spouse Name: _____ SS #: _____ Cell Phone: _____ Occupation: _____ Employer: _____	Driver License #: _____ Insurance Name: _____ Policy/Card #: _____ Secondary: _____ Policy/Card #: _____ Claim #: _____ Claims Adjuster: _____ Adjuster Phone #: _____
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**If patient is a minor (under 18yrs old), Please fill out this section. If not, skip:**

Parent/ Guardian's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone # \_\_\_\_\_ SS# \_\_\_\_\_  
 Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**Please mark X for present conditions, O for past conditions**

<input type="checkbox"/> Fractured Bones <input type="checkbox"/> Auto Accidents ___ 0-1 years ago ___ 1-5 years ago ___ More than 5 <input type="checkbox"/> Other Accidents/Falls <input type="checkbox"/> Back Curvature <input type="checkbox"/> Arthritis <input type="checkbox"/> Diabetes <input type="checkbox"/> Swollen/Painful Joints <input type="checkbox"/> Convulsions/Epilepsy <input type="checkbox"/> Skin Problems <input type="checkbox"/> Cancer <input type="checkbox"/> Frequent Colds/Flu <input type="checkbox"/> Depressed <input type="checkbox"/> Irritable <input type="checkbox"/> Anemia <input type="checkbox"/> Tremors <input type="checkbox"/> Allergies <input type="checkbox"/> Sinus Problems <input type="checkbox"/> Eating Disorders <input type="checkbox"/> Trouble Sleeping <input type="checkbox"/> Trouble Concentrating <input type="checkbox"/> Learning Disability	<input type="checkbox"/> Mood Changes <input type="checkbox"/> Headache <input type="checkbox"/> Pain/Stiff Neck R L <input type="checkbox"/> Numbness/Tingling/Pain Arms/Hands/Fingers R or L <input type="checkbox"/> Jaw Pain/TMJ R L <input type="checkbox"/> Head/Shoulders Feel Tired <input type="checkbox"/> Difficulty in Excessive (Standing, Walking, Bending, Riding, Twisting, Lifting, Household Duties) <input type="checkbox"/> Shoulder Pain R L <input type="checkbox"/> Dizziness <input type="checkbox"/> Ringing in Ears R L <input type="checkbox"/> Hearing Loss R L <input type="checkbox"/> Fainting <input type="checkbox"/> Loss of Balance <input type="checkbox"/> Blurred Vision R L <input type="checkbox"/> Double Vision R L <input type="checkbox"/> Upper Back Pain/Stiffness <input type="checkbox"/> Mid Back Pain/Stiffness <input type="checkbox"/> Low Back Pain/Stiffness <input type="checkbox"/> Numbness, Tingling or Pain in buttocks, thighs, legs, feet, toes <input type="checkbox"/> Pain with cough, sneeze	<input type="checkbox"/> Hip Pain R L <input type="checkbox"/> Foot Trouble R L <input type="checkbox"/> Chest Pain <input type="checkbox"/> Asthma <input type="checkbox"/> Lung Problems <input type="checkbox"/> Difficulty Breathing <input type="checkbox"/> Heart Problem <input type="checkbox"/> Stroke <input type="checkbox"/> High/Low Blood Pressure <input type="checkbox"/> Varicose Veins <input type="checkbox"/> Liver Trouble <input type="checkbox"/> Gall Bladder Trouble <input type="checkbox"/> Digestive Problems <input type="checkbox"/> Heartburn <input type="checkbox"/> Ulcers <input type="checkbox"/> Diarrhea/Constipation <input type="checkbox"/> Colon Trouble <input type="checkbox"/> Hemorrhoids <input type="checkbox"/> Prostate Problems <input type="checkbox"/> Impotence <input type="checkbox"/> Kidney Trouble <input type="checkbox"/> Menstrual Problem/PMS <input type="checkbox"/> Menopausal Problems <input type="checkbox"/> Pregnant (now)
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**Please mark X for present conditions, O for past conditions**

## Accident Description

Please answer the questions below.

DATE OF MVA: \_\_\_\_\_

If you do not know the answer to any of the questions, *do not answer that question.*

### 1. Your vehicle type

- Car    Station Wagon  
 Van    Pickup Truck  
 Large Truck    Bus  
Other \_\_\_\_\_

### 2. Your position in vehicle

- Driver    Front Passenger  
 Left Rear Passenger    Right Rear Passenger  
Other \_\_\_\_\_

### 3. What was your vehicle doing at the time of the accident?

- Stopped at intersection  
 Stopped in traffic  
 Stopped at light  
 Making a right turn  
 Making a left turn    Parking  
 Proceeding along    Slowing down  
 Accelerating  
Other \_\_\_\_\_

### 4. Time/Speed/Damage

Date of Accident \_\_\_\_\_  
Time of accident \_\_\_\_\_  
Your vehicle's speed: \_\_\_\_\_ mph  
Their vehicle's speed: \_\_\_\_\_ mph

### Damage to your vehicle

- Mild    Moderate  
 Totaled

### 5. Details of Accident

#### Visibility at time of accident

- Poor    Fair    Good

#### Who hit who/what?

- You hit other vehicle  
 Other vehicle hit you

You hit...(object) \_\_\_\_\_

### 6. Road conditions

#### Road conditions at time of accident

- Icy    Wet    Sandy    Dark    Clean and dry

#### Point of impact

- Head-On    Left Front    Right Front  
 Rear-End    Left Rear    Right Rear

### 7. Body Position, etc.

Does your vehicle have headrests?  Yes  No

What was the position of your headrest at the time of the impact?

- Even with top of head    Even with bottom of head    Middle of neck

Did you see the accident coming?  Yes  No

Were you braced for the impact?  Yes  No

Did you have a seat belt on?  Yes  No

What was the direction of your head at the time of the impact?

- Facing straight forward    Turned to the right    Turned to the left

Was your shoulder harness on?  Yes  No

Did driver side airbag deploy?  Yes  No

Did passenger side airbag deploy?  Yes  No

Side airbags?  Yes  No

### 8. Additional accident information

In the case of a motor vehicle accident, enter any additional info here that is not covered by the above check offs.

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### 9. During the accident:

Did your body strike inside of your vehicle?  Yes  No

If yes, describe: \_\_\_\_\_

Did you lose consciousness during the injury?  Yes  No

If yes, for how long? \_\_\_\_\_

Your vehicle's estimated damage? \_\_\_\_\_

Damage to their vehicle:  Mild    Moderate    Totaled

Did police show up at the scene?  Yes  No

Was accident report filled out?  Yes  No

### 10. After the accident:

Check off your symptoms following the accident:

- Headache    Dizziness    Mid back pain  
 Cold hands    Cold feet    Irritability  
 Neck pain    Nausea    Low back pain  
 Neck stiffness    Confusion    Nervousness  
 Fainting    Fatigue    Depression    Diarrhea  
 Ringing in ears    Tension    Toe numbness  
 Loss of smell    Constipation    Chest Pain    Anxious  
 Shortness of breath    Sleeping problems

### 11. Emergency Room?

Where did you go after the accident?

Home  Work  Hospital ER  Private Doctor

How did you get there?

Self  Somebody else  Ambulance.  Police

X-rays done?  Yes  No Lab work?  Yes  No

Body parts X-rayed? \_\_\_\_\_

What lab work? \_\_\_\_\_

The X-rays revealed: \_\_\_\_\_

Treatments:  Cervical Collar  Ice Other: \_\_\_\_\_

Medications: \_\_\_\_\_ :  Yes  No

(list) \_\_\_\_\_

Follow-up instructions: \_\_\_\_\_

\_\_\_\_\_

### 12. Treatment History:

Fill in other doctor(s) seen prior to your first visit to our office.

1. Dr. \_\_\_\_\_ First visit date: \_\_\_/\_\_\_/\_\_\_

Specialty: \_\_\_\_\_ X-rays done?  Yes  No

Types of treatments received: \_\_\_\_\_

Currently treating?  Yes  No

Did treatments benefit you?  Yes  No

Last visit date: \_\_\_/\_\_\_/\_\_\_

2. Dr. \_\_\_\_\_ First visit date \_\_\_/\_\_\_/\_\_\_

Types of treatments received: \_\_\_\_\_

How many treatments received? \_\_\_\_\_

Currently treating? Y N

Did treatments benefit you?  Yes  No

Last visit date: \_\_\_/\_\_\_/\_\_\_

### HISTORY OF COMPLAINT

Please describe your current complaints \_\_\_\_\_

Have you suffered with any of this or a similar problem(s) in the past?  No  Yes If yes when? \_\_\_\_\_

Please state what type of treatment you have tried for this problem(s) \_\_\_\_\_

Who provided it?: \_\_\_\_\_ When? \_\_\_\_\_

What were the results?  Favorable  Unfavorable → please explain. \_\_\_\_\_

How long were you under care: \_\_\_\_\_

What were the results? \_\_\_\_\_

Have you had any surgeries?  Yes  No

If yes please provide dates and descriptions: \_\_\_\_\_

Please list all medications you are currently taking \_\_\_\_\_

\_\_\_\_\_

### SOCIAL HISTORY

1. Smoking:  cigars  pipe  cigarettes → How often?  Daily  Weekends  Occasionally  Never

2. Alcoholic Beverage: consumption occurs →  Daily  Weekends  Occasionally  Never

3. Recreational Drug use:  Daily  Weekends  Occasionally  Never

4. Hobbies -Recreational Activities- Exercise Regime: How does present problem affect the following:

\_\_\_\_\_

IDENTIFY TYPE:

EFFECT:

\_\_\_\_\_  No Effect  Painful (can do)  Painful (limits)  Unable to Perform

\_\_\_\_\_  No Effect  Painful (can do)  Painful (limits)  Unable to Perform

\_\_\_\_\_  No Effect  Painful (can do)  Painful (limits)  Unable to Perform

5. Work Activities: Please complete all questions!

Hours worked per day: \_\_\_\_\_ Days per week: \_\_\_\_\_ Does your job require lifting?  No  Yes

If yes, what is the maximum required?  Min (<5 lbs)  Light (5-20 lbs)  Med (20-50lbs)  Hvy (>50 lbs)

Lifting Frequency:  Constant (66-100% of day)  Frequent (33-66% of day)  Occasional (0-33% of day)

Lifting Postures:  Knee  Torso  Arm  Shoulder  Off Posture

Standing: \_\_\_\_\_ Hrs per day Sitting: \_\_\_\_\_ Hrs per day Pushing: \_\_\_\_\_ Hrs per day

Twisting: \_\_\_\_\_ Hrs per day Climbing: \_\_\_\_\_ Hrs per day Pulling: \_\_\_\_\_ Hrs per

Kneeling: \_\_\_\_\_ Hrs per day Reaching: \_\_\_\_\_ Hrs per day Walking: \_\_\_\_\_ Hrs per day

6. Repetitive Activities:

Computer: \_\_\_\_\_ Hrs per day Grasping: \_\_\_\_\_ Hrs per day Hand Tools: \_\_\_\_\_ Hrs per day

Machinery: \_\_\_\_\_ Hrs per day Assembly: \_\_\_\_\_ Hrs per day Phone: \_\_\_\_\_ Hrs per day

Other: \_\_\_\_\_ Hrs per day

7. Impact of Current Condition on Work Capacity:  No Effect  Painful  Limits  Unable to work

8. How many years of school did you complete?  1-8  8-12  12-14  14-16  16 +

**FAMILY HISTORY:**

1. Does anyone in your family suffer with the same condition(s)?  No  Yes

If yes whom:  grandmother  grandfather  mother  father  sister  
 brother  son(s)  daughter(s)

Have they ever been treated for their condition?  No  Yes  I don't know

Any other hereditary conditions the doctor should be aware of.  No  Yes: \_\_\_\_\_

**PAST HISTORY**

If you have ever been diagnosed with any of the following conditions please indicate with a **P** for in the **Past**, **C** for **Currently** have and **N** for **Never** have had a: [ ] Disability [ ] Broken Bone  
[ ] Fracture [ ] Dislocations [ ] Tumors [ ] Rheumatoid Arthritis [ ] Osteo Arthritis  
[ ] Cerebral Vascular [ ] Heart Attack [ ] Diabetes  
[ ] Other serious conditions: \_\_\_\_\_

**PLEASE, identify ALL PAST and any CURRENT conditions you feel may be contributing your present problem:**

**Description of Symptoms AREA #1** (Describe your symptoms in the sections below, in the order of severity)

**I. Current Symptom:** (Please check off the boxes below to describe your symptom.)

**II.** The pain is located \_\_\_\_\_

The pain started \_\_\_\_\_

The pain is made better by \_\_\_\_\_

and worse by \_\_\_\_\_

How would you describe the pain:  Dull  Sharp  Aching  Cutting  Throbbing  Burning  Numbing  Tingling

Cramping  Spasm  Stinging  Shooting  Pounding  Constricting

[ ] There is [ ] There is not radiation into \_\_\_\_\_

[ ] There is [ ] There is not referred pain into \_\_\_\_\_

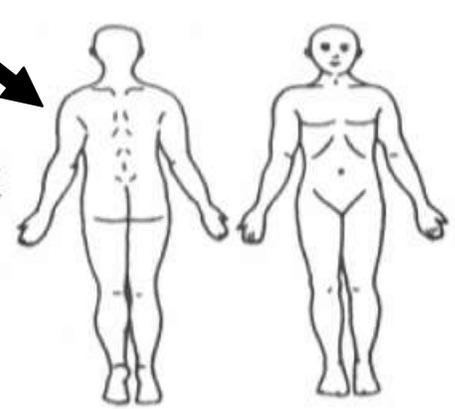
[ ] There is [ ] There is not parasthesia (tingling/numbness) into: \_\_\_\_\_

**III.** The pain is (as far as timing is concerned):  In the A.M.  In the P.M.

Up to 1/4 of awake time  1/4 to 1/2 of time  1/2 to 3/4 of awake time  Most all the time

**Actions affecting this pain**

	Brings On	Aggravates	Relieves	
<input type="checkbox"/> Bending forward.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>*PLEASE MARK</b> the areas on the diagram with the following letters to describe your symptoms: <b>R = Radiating B = Burning</b> <b>D = Dull A = Aching</b> <b>N = Numbness</b> <b>S = Sharp/ Stabbing T= Tingling</b>
<input type="checkbox"/> Bending back	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Bending left	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Bending right	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Twisting left	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Twisting right	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Coughing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Sneezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Straining	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Lifting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	



**Other Actions:** \_\_\_\_\_

The pain is (as far as timing is concerned: i.e. comes & goes, constant, etc.) \_\_\_\_\_

On a scale of 1- 10 rate your pain: **No Pain 0 1 2 3 4 5 6 7 8 9 10 Severe Pain**

**Description of Symptoms AREA #2** (Describe your symptoms in the sections below, in the order of severity)

**IV. Current Symptom:** (Please check off the boxes below to describe your symptom.

V. The pain is located \_\_\_\_\_

The pain started \_\_\_\_\_

The pain is made better by \_\_\_\_\_  
and worse by \_\_\_\_\_

How would you describe the pain:  Dull  Sharp  Aching  Cutting  Throbbing  Burning  Numbing  Tingling  
 Cramping  Spasm  Stinging  Shooting  Pounding  Constricting

[ ] There is [ ] There is not radiation into \_\_\_\_\_

[ ] There is [ ] There is not referred pain into \_\_\_\_\_

[ ] There is [ ] There is not parasthesia (tingling/numbness) into: \_\_\_\_\_

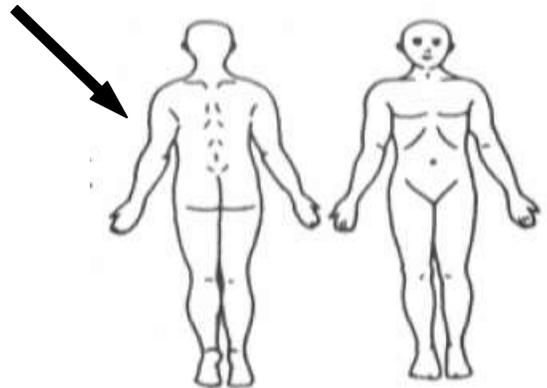
VI. The pain is (as far as timing is concerned:  In the A.M.  In the P.M.

Up to 1/4 of awake time  1/4 to 1/2 of time  1/2 to 3/4 of awake time  Most all the time

**Actions affecting this pain**

	Brings On	Aggravates	Relieves
<input type="checkbox"/> Bending forward.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bending back	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bending left	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bending right	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Twisting left	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Twisting right	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Coughing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sneezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Straining	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Lifting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**\*PLEASE MARK** the areas on the diagram with the following letters to describe your symptoms:  
**R = Radiating B = Burning**  
**D = Dull A = Aching**  
**N = Numbness**  
**S = Sharp/ Stabbing T= Tingling**



**Other Actions:** \_\_\_\_\_

The pain is (as far as timing is concerned: i.e. comes & goes, constant, etc.) \_\_\_\_\_

On a scale of 1- 10 rate your pain: **No Pain 0 1 2 3 4 5 6 7 8 9 10 Severe Pain**

**Description of Symptoms AREA #3** (Describe your symptoms in the sections below, in the order of severity)

**VII. Current Symptom:** (Please check off the boxes below to describe your symptom.

VIII. The pain is located \_\_\_\_\_

The pain started \_\_\_\_\_

The pain is made better by \_\_\_\_\_  
and worse by \_\_\_\_\_

How would you describe the pain:  Dull  Sharp  Aching  Cutting  Throbbing  Burning  Numbing  Tingling  
 Cramping  Spasm  Stinging  Shooting  Pounding  Constricting

[ ] There is [ ] There is not radiation into \_\_\_\_\_

[ ] There is [ ] There is not referred pain into \_\_\_\_\_

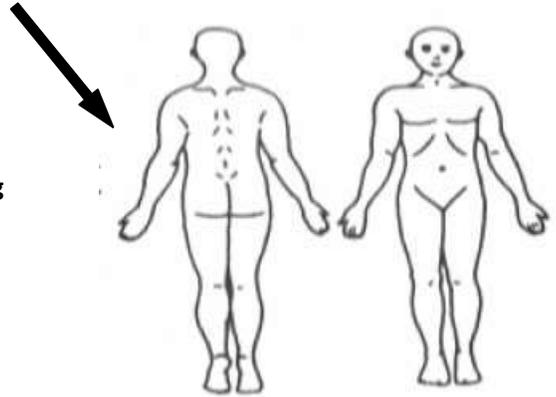
[ ] There is [ ] There is not parasthesia (tingling/numbness) into: \_\_\_\_\_

**IX.** The pain is (as far as timing is concerned):  In the A.M.  In the P.M.  
 Up to 1/4 of awake time  1/4 to 1/2 of time  1/2 to 3/4 of awake time  Most all the time

**Actions affecting this pain**

	Brings On	Aggravates	Relieves
<input type="checkbox"/> Bending forward.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bending back	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bending left	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bending right	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Twisting left	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Twisting right	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Coughing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sneezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Straining	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Lifting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**\*PLEASE MARK** the areas on the diagram with the following letters to describe your symptoms:  
**R = Radiating B = Burning**  
**D = Dull A = Aching**  
**N = Numbness**  
**S = Sharp/ Stabbing T= Tingling**



**Other Actions:** \_\_\_\_\_

The pain is (as far as timing is concerned: i.e. comes & goes, constant, etc.) \_\_\_\_\_

On a scale of 1- 10 rate your pain: **No Pain 0 1 2 3 4 5 6 7 8 9 10 Severe Pain**

**Activities of Daily Living Assessment**

Rate your current difficulties, resulting from your accident/illness, with regard to the various activities listed below. Use the following 1 to 5 scale and **WRITE IN THE APPROPRIATE NUMBER** that most closely describes your current degree of difficulty:

**1** = "I can do it without any difficulty", **2** = "I can do it without much difficulty, despite some pain",  
**3** = "I manage to do it by myself, despite marked pain", **4** = "I manage to do it, despite the pain, but only if I have help", **5** = "I cannot do it all, because of the pain".

**Only fill in areas affected.**

**Difficulties with Self Care and Personal Hygiene Activities**

Bathing\_\_\_\_ Drying hair\_\_\_\_ Brushing teeth\_\_\_\_ Putting on shoes\_\_\_\_ Preparing meals\_\_\_\_ Taking out trash\_\_\_\_  
 Showering\_\_\_\_ Combing hair\_\_\_\_ Making bed\_\_\_\_ Tying shoes\_\_\_\_ Eating\_\_\_\_ Doing laundry\_\_\_\_  
 Washing hair\_\_\_\_ Washing face\_\_\_\_ Putting on shirt\_\_\_\_ Putting on pants\_\_\_\_ Cleaning dishes\_\_\_\_ Going to toilet\_\_\_\_

**Difficulties with Physical Activities**

Standing\_\_\_\_ Walking\_\_\_\_ Kneeling\_\_\_\_ Bending back\_\_\_\_ Twisting left\_\_\_\_ Leaning back\_\_\_\_  
 Sitting\_\_\_\_ Stooping\_\_\_\_ Reaching\_\_\_\_ Bending left\_\_\_\_ Twisting right\_\_\_\_ Leaning left\_\_\_\_  
 Reclining\_\_\_\_ Squatting\_\_\_\_ Bending forward\_\_\_\_ Bending right\_\_\_\_ Leaning forward\_\_\_\_ Leaning right\_\_\_\_  
 Standing for long periods\_\_\_\_ Sitting for long periods\_\_\_\_ Walking for long periods\_\_\_\_ Kneeling for long periods\_\_\_\_

**Difficulties with Functional Activities**

Carrying small objects\_\_\_\_ Lifting weights off floor\_\_\_\_ Pushing things while seated\_\_\_\_ Exercising upper body\_\_\_\_  
 Carrying large objects\_\_\_\_ Lifting weights off table\_\_\_\_ Pushing things while standing\_\_\_\_ Exercising lower body\_\_\_\_  
 Carrying brief case\_\_\_\_ Climbing stairs\_\_\_\_ Pulling things while seated\_\_\_\_ Exercising arms\_\_\_\_  
 Carrying large purse\_\_\_\_ Climbing inclines\_\_\_\_ Pulling things while standing\_\_\_\_ Exercising legs\_\_\_\_

**Difficulties with Social and Recreational Activities**

Bowling\_\_\_\_ Jogging\_\_\_\_ Swimming\_\_\_\_ Ice Skating\_\_\_\_ Competitive Sports\_\_\_\_ Dating\_\_\_\_  
 Golfing\_\_\_\_ Dancing\_\_\_\_ Skiing\_\_\_\_ Roller Skating\_\_\_\_ Hobbies\_\_\_\_ Dining out\_\_\_\_

**Difficulties with Travelling**

Driving a motor vehicle\_\_\_\_ Riding as a passenger in a motor vehicle\_\_\_\_  
 Driving for long periods of time\_\_\_\_ Riding as a passenger on an airplane\_\_\_\_ Riding as a passenger for long periods\_\_\_\_

**Use the following 1 to 5 scale to describe the difficulties below:**

**1** = "This area is not affected by my condition", **2** = "This area is slightly affected by my condition", **3** = "My condition moderately restricts my ability in this area", **4** = " My condition seriously limits my ability in this area", **5** = "My condition prevents me from using this ability"

**Difficulties with Different Forms of Communication**

Concentrating\_\_\_\_ Hearing\_\_\_\_ Listening\_\_\_\_ Speaking\_\_\_\_ Reading\_\_\_\_ Writing\_\_\_\_ Using a keyboard\_\_\_\_

**Difficulties with the Senses**

Seeing\_\_\_\_ Hearing\_\_\_\_ Sense of touch\_\_\_\_ Sense of taste\_\_\_\_ Sense of smell\_\_\_\_

**Difficulties with Hand Functions**

Grasping\_\_\_\_ Holding\_\_\_\_ Pinching\_\_\_\_ Percussive movements\_\_\_\_ Sensory discrimination\_\_\_\_

**Difficulties with Sleep and Sexual Function**

Being able to have normal, restful nights sleep\_\_\_\_ Being able to participate in desired sexual activity\_\_\_\_

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**Prior Symptom History**

**Prior Similar Symptoms**

**Has your History Contributed to your Current Symptoms?**

- I have NOT had prior symptoms similar to my current complaints.
- My current complaints DID exist before, but had not been bothering me.
- My current complaints ALREADY existed and were worsened.
- My history HAS contributed to my current symptoms.
- My history HAS NOT contributed to my current symptoms.
- I 'm NOT SURE if my history has contributed to my current symptoms.

My most recent prior similar symptoms (if applicable) occurred\_\_\_\_  months ago /  years ago **OR on**

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ **Write in below any other Prior Symptom History, not covered above**

# NOTICE OF HIPAA PRIVACY PRACTICE

**Herba Family Chiropractic, P.A.** is required to notify you in writing, that by law we must maintain the privacy and confidentiality of your **Personal Health Information**. In addition, we must provide you with written notice concerning your rights to gain access to your health information, and the potential circumstances under which by law, or as dictated by our office policy, we are permitted to disclose information about you to a third party without your authorization. Below is a brief summary of these circumstances

## PERMITTED DISCLOSURES:

1. Treatment purposes -- discussion with other health care providers involved in your care.
2. Inadvertent disclosures -- open treating area means open discussion. If you need to speak privately to the doctor please let our staff know so we can place you in a private consultation room or schedule specific time.
3. Disclosure via calling system – we have an open speaker calling system for our patients and your name will be heard by other patients in the office.
4. For payment purposes -- to obtain payment from your insurance company, should they be involved, or any available collateral source.
5. Emergency -- in the event of a medical emergency we may notify a family member.
6. For public health and safety -- in order to prevent or to lessen a serious or eminent threat to the health or safety of a person or general public.
7. To government agencies or law enforcement -- to identify or locate a suspect, fugitive, material witness or missing person.
8. For military, national security, prisoner and government benefits purposes.
9. Deceased persons -- discussion with coroners and medical examiners in the event of a patient's death.
10. Telephone calls or emails and appointment reminders -- we may call your home and leave messages regarding a missed appointment or notify you of changes in practice hours or upcoming events.
11. Spouses, household partners and other close family members.
12. Change of ownership- in the event this practice is sold the new owners would have access to your PHI

## YOUR RIGHTS:

1. To receive an accounting of disclosures
2. To request mailings to an address different than residence
3. To request restrictions on certain uses and disclosures and with whom we release information to
4. To inspect your records and receive one copy of your records at no charge, with 3 business days advance notice
5. To request amendments to information – however; like restrictions, we are not required to agree to/with them

## COMPLAINTS:

If you wish to make a formal complaint about how we handle your health information please call **Zuleida Herba, HIPAA Clinic Compliance Office** at **407-432-9428**. If they unavailable, you may make an appointment with our receptionist to see them within 2 working days.

**Note:** This office reserves the right to amend this notice of privacy practice at any time in the future and will make the new provisions effective for all information that it maintains past and present.

I have received a copy of the **Herba Family Chiropractic** Patient Privacy Notice and understand my rights as well as the practice's duty to protect my health information, and have conveyed my understanding to the doctor. At this time, I do not have any questions regarding my rights or any of the information I have received.

\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

# Herba Family Chiropractic Center

## THIS DOCUMENT COSTITUTES INFORMED CONSENT FOR CHIROPRACTIC CARE.

**When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective. Chiropractic has only one goal. It is important for each patient to understand both the objective and the method that will be used to attain it. This will prevent confusion or disappointment.**

**Adjustment:** An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our Chiropractic method of correction is by specific adjustment of the spine.

**Health:** A state of optimal, physical, mental and social well being, not merely the absence of disease, symptoms or infirmity.

**Vertebral Subluxations:** A misalignment of one or more of the 24 vertebrae in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will so advise you. If you desire advice, diagnosis or treatment for those findings we will recommend that you seek the services of the health care provider who specializes in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression to the body's innate wisdom. Our only method is the specific adjustment of vertebral subluxations. However, we may use other procedures to help your body hold the adjustments.

**Visits:** HFC values your time and aspires to have the highest level of chiropractic education available. We have established procedures both to make your visit as efficient as possible and to bring wellness education to the community that may include the use of multimedia. As a patient of HFC, you consent to the following: Multimedia produced for ID, posture analysis, and human biomechanics analysis. You also authorize a release for all multimedia taken during HFC patient hours, patient special events, advanced patient talks, for our website, newsletters, and wellness community education. Your name will be recorded and announced aloud in our office as a part of our patient call system.

### **POLICIES**

1. All first visit charges are payable when services are rendered, since it is impossible to determine what insurance covers without a diagnosis of severity.
2. The fee paid for X-rays is for the analysis of those X-rays only. The film itself is the property of this office. Original X-rays cannot be released; however, copies can be made at minimal charge of \$20 per film.
3. I have read Herba Family Chiropractic's Notice of Patient Privacy Practices.

**I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand Herba Family Chiropractic (HFC) will prepare any necessary reports and forms to assist in making collections from the insurance company and that any amount authorized to be paid directly to HFCC will be credited to my account upon receipt. However, I clearly understand and agree that all the services rendered to me are charged directly to me and that I am personally responsible for payment.**

**In case of emergency, notify** \_\_\_\_\_ Phone # \_\_\_\_\_

I, \_\_\_\_\_, have read and fully understand the above statements. All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on the basis \_\_\_\_\_ Date \_\_\_\_\_

(Signature)

**COMPLETE IF THE PATIENT IS A MINOR CHILD:** child's name: \_\_\_\_\_

I, \_\_\_\_\_ being the parent or legal guardian of the aforementioned child have read and fully understand the above terms of acceptance and hereby grant permission for my child to receive chiropractic care.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

Herba Family Chiropractic  
158 Tuskawilla Road Suite 1308  
Winter Springs, FL 32708  
Ph: (407) 327.9000 Fax: (407) 327.9035

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## **ASSIGNMENT OF BENEFITS**

I, \_\_\_\_\_, hereby assign my rights, title, and interest from any and all automobile insurance policy which provides Personal Injury Protection (PIP), medical benefits or no fault benefits to HERBA FAMILY CHIROPRACTIC PA, for services rendered to me by HERBA FAMILY CHIROPRACTIC PA for the accident on \_\_\_\_\_.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

Herba Family Chiropractic Center  
158 Tuskawilla Road Suite 1308  
Winter Springs Fl, 32708  
Ph: (407) 327.9000 Fax: (407) 327.9035

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## Records Release Authorization

Date: \_\_\_\_\_

To Doctor or Hospital

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

I hereby authorize and request release to: Herba Family Chiropractic Center  
158 Tuskawilla Road Suite 1308  
Winter Springs Fl, 32708  
(407) 327.9000

The complete history records in your possession, concerning my illness and/or treatment during the period

From: \_\_\_\_\_ To: \_\_\_\_\_

Patient: \_\_\_\_\_

Date of Injury or Illness: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

Herba Family Chiropractic PA  
158 Tuskawilla Road Suite 1308  
Winter Springs, FL 32708  
Ph: (407) 327.9000 Fax: (407) 327.9035

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## PROVIDER'S LIEN

TO: Attorney \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Re: Reports and Provider's Lien

I do hereby authorize the above provider to furnish you, my attorney, with a full report of this examination, diagnosis, treatment, prognosis, etc of myself in regards to the accident in which I was involved.

I hereby authorize and direct you, my attorney, to pay directly to Herba Family Chiropractic, P.A., such sums as may be due and owing them for chiropractic services rendered me both by reason of this accident and by reason of any other bills that are due their office and to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect said company. And I hereby further give a lien on my case to said company against any and all proceeds of any settlement, judgment or verdict which may be paid to me as a result of the injuries for which I have been treated or injuries in connection herewith.

I fully understand that I am directly and fully responsible to said company for all chiropractic bills submitted by them for services rendered me and that this agreement is made solely for said company's additional protection and in consideration of their awaiting payment. And I further understand that such payment is not contingent on any settlement, judgment or verdict by which I may eventually recover said fee.

Dated: \_\_\_\_\_ Patient's Name: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

The undersigned being attorneys of record for the above patient does hereby agree to observe all the terms of the above and agrees to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect said company above named.

Dated: \_\_\_\_\_ Attorney's Signature: \_\_\_\_\_

Please date, sign and return one copy to doctor's office. Keep a copy for your records.  
A photo copy of this form shall be considered as valid as the original.

Herba Family Chiropractic  
158 Tuskawilla Road, Suite 1308  
Winter Springs, FL 32708  
Ph: (407) 327.9000 Fax: (407) 327.9035

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**Signature on File**

- ( ) I authorize use of this form on all my insurance submissions
- ( ) I authorize release of information to all my Insurance Companies
- ( ) I authorize my doctor to act as my agent in helping me obtain payment from my Insurance Companies
- ( ) I authorize payment direct to my doctor
- ( ) I permit a copy of this authorization to be used in place of the original

Name (print): \_\_\_\_\_ SS#: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_